



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

# RESULTS BOOK

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# SENIOR



# African Senior 33 Men and 22 Women Weightlifting Championships

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Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## SENIOR MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	SNATCH	1	95	NIYOYITA Davis	1/1/2004	UGA
		2	75	SINKA Isaac	2/6/1991	ZAM
		3				
	C&Jerk	1	120	NIYOYITA Davis	1/1/2004	UGA
		2	95	SINKA Isaac	2/6/1991	ZAM
		3				
	TOTAL	1	215	NIYOYITA Davis	1/1/2004	UGA
		2	170	SINKA Isaac	2/6/1991	ZAM
		3				
61 kg	SNATCH	1	117	BOUHIJBHA Amine	02/28/1996	TUN
		2	105	ANDRIAMAHEFA Jules Anthonio	9/17/2000	MAD
		3	80	ELION Ndunyama Jelgib	8/9/1993	COD
	C&Jerk	1	140	BOUHIJBHA Amine	02/28/1996	TUN
		2	92	ELION Ndunyama Jelgib	8/9/1993	COD
		3				
	TOTAL	1	257	BOUHIJBHA Amine	02/28/1996	TUN
		2	172	ELION Ndunyama Jelgib	8/9/1993	COD
		3				
67 kg	SNATCH	1	127	CHEKHCHOUKH Akram	7/10/2004	ALG
		2	126	SALEM Ayoub	09/18/2002	TUN
		3	122	MASOUD Mohammed Sameer	8/9/2004	LBA
	C&Jerk	1	154	SALEM Ayoub	09/18/2002	TUN
		2	153	BEN HADJ Mouhamed Aziz	01/14/2002	TUN
		3	152	CHEKHCHOUKH Akram	7/10/2004	ALG
	TOTAL	1	280	SALEM Ayoub	09/18/2002	TUN
		2	279	CHEKHCHOUKH Akram	7/10/2004	ALG
		3	273	BEN HADJ Mouhamed Aziz	01/14/2002	TUN
73 kg	SNATCH	1	146	BEN HNIA Karem	11/13/1994	TUN
		2	142	UMOFIA Edidiong Joseph	09/24/2002	NGR
		3	141	FARDJALLAH samir	18/5/1998	ALG
	C&Jerk	1	180	BEN HNIA Karem	11/13/1994	TUN
		2	174	FARDJALLAH samir	18/5/1998	ALG
		3	170	UMOFIA Edidiong Joseph	09/24/2002	NGR
	TOTAL	1	326	BEN HNIA Karem	11/13/1994	TUN
		2	315	FARDJALLAH samir	18/5/1998	ALG
		3	312	UMOFIA Edidiong Joseph	09/24/2002	NGR
81 kg	SNATCH	1	145	MESSAOUDI Ameur	1/17/1996	ALG
		2	139	MESSAOUR Mohamed Amine	3/24/2004	ALG
		3	138	BCHINI Slim	01/20/1999	TUN
	C&Jerk	1	170	MESSAOUDI Ameur	1/17/1996	ALG
		2	168	BEN AMOR Hamza	09/30/2004	TUN
		3	162	BCHINI Slim	01/20/1999	TUN
	TOTAL	1	315	MESSAOUDI Ameur	1/17/1996	ALG
		2	305	BEN AMOR Hamza	09/30/2004	TUN
		3	300	BCHINI Slim	01/20/1999	TUN



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
89 kg	SNATCH	1	167	ABOKAHLA Karim Ibrahim Ibrahim Ali	11/11/1996	EGY
		2	161	MOHAMED Islam Aboelwafa	7/15/1996	EGY
		3	160	TOUAIRI Faris	6/11/1999	ALG
	C&Jerk	1	208	ABOKAHLA Karim Ibrahim Ibrahim Ali	11/11/1996	EGY
		2	192	TOUAIRI Faris	6/11/1999	ALG
		3	190	MOHAMED Islam Aboelwafa	7/15/1996	EGY
	TOTAL	1	375	ABOKAHLA Karim Ibrahim Ibrahim Ali	11/11/1996	EGY
		2	352	TOUAIRI Faris	6/11/1999	ALG
		3	351	MOHAMED Islam Aboelwafa	7/15/1996	EGY
96 kg	SNATCH	1	152	ELBAGOR salim	3/25/1998	ALG
		2	135	DRIDI Ayoub	07/27/2000	TUN
		3	125	WOUDJE Nzale Laur Lvain	06/14/1991	CMR
	C&Jerk	1	180	ELBAGOR salim	3/25/1998	ALG
		2	176	DRIDI Ayoub	07/27/2000	TUN
		3	160	WOUDJE Nzale Laur Lvain	06/14/1991	CMR
	TOTAL	1	332	ELBAGOR salim	3/25/1998	ALG
		2	311	DRIDI Ayoub	07/27/2000	TUN
		3	285	WOUDJE Nzale Laur Lvain	06/14/1991	CMR
102 kg	SNATCH	1	168	SALEM Yasser Usama Hemdan Mohamed	6/9/2002	EGY
		2	166	TOUAIRI Aymen	9/11/1998	ALG
		3	164	MOHAMED MAHMOUD Selim Abdelalim	29/12/1997	EGY
	C&Jerk	1	208	SALEM Yasser Usama Hemdan Mohamed	6/9/2002	EGY
		2	203	TOUAIRI Aymen	9/11/1998	ALG
		3	200	MOHAMED MAHMOUD Selim Abdelalim	29/12/1997	EGY
	TOTAL	1	376	SALEM Yasser Usama Hemdan Mohamed	6/9/2002	EGY
		2	369	TOUAIRI Aymen	9/11/1998	ALG
		3	364	MOHAMED MAHMOUD Selim Abdelalim	29/12/1997	EGY
109 kg	SNATCH	1	170	BACHA Aymen	10/26/1999	TUN
		2	123	SWANEPOEL Antony Peter	8/26/1993	RSA
		3	120	BEUKMAN Johannes Jacobus	5/15/1989	RSA
	C&Jerk	1	205	BACHA Aymen	10/26/1999	TUN
		2	147	SWANEPOEL Antony Peter	8/26/1993	RSA
		3	145	BEUKMAN Johannes Jacobus	5/15/1989	RSA
	TOTAL	1	375	BACHA Aymen	10/26/1999	TUN
		2	270	SWANEPOEL Antony Peter	8/26/1993	RSA
		3	265	BEUKMAN Johannes Jacobus	5/15/1989	RSA
+109 kg	SNATCH	1	192	BIDANI Walid	6/11/1994	ALG
		2	185	ELSAYED Abdelrahman Mohamed A. A.	5/19/1989	EGY
		3	154	BOUAMR Bilal	3/3/2004	MAR
	C&Jerk	1	243	ELSAYED Abdelrahman Mohamed A. A.	5/19/1989	EGY
		2	186	BOUAMR Bilal	3/3/2004	MAR
		3	180	MAIK Lahamadi Ezzedine	02/17/2000	TUN
	TOTAL	1	428	ELSAYED Abdelrahman Mohamed A. A.	5/19/1989	EGY
		2	340	BOUAMR Bilal	3/3/2004	MAR
		3	330	MAIK Lahamadi Ezzedine	02/17/2000	TUN



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## SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	SNATCH	1	51	KATBI Nadia	6/26/2002	ALG
		2				
		3				
	C&Jerk	1	65	KATBI Nadia	6/26/2002	ALG
		2				
		3				
	TOTAL	1	116	KATBI Nadia	6/26/2002	ALG
		2				
		3				
49 kg	SNATCH	1	64	FAJRESLAM Maha	7/4/2003	MAR
		2	58	NTUMI Winnifred	28/09/2002	GHA
		3	57	KHAFAOUI Nour	10/15/2004	TUN
	C&Jerk	1	81	KHAFAOUI Nour	10/15/2004	TUN
		2	79	FAJRESLAM Maha	7/4/2003	MAR
		3	71	NTUMI Winnifred	28/09/2002	GHA
	TOTAL	1	143	FAJRESLAM Maha	7/4/2003	MAR
		2	138	KHAFAOUI Nour	10/15/2004	TUN
		3	129	NTUMI Winnifred	28/09/2002	GHA
55 kg	SNATCH	1	72	AQUADI Eya	04/26/2005	TUN
		2	71	BEJAOUI Israa	2/3/2006	TUN
		3				
	C&Jerk	1	93	AQUADI Eya	04/26/2005	TUN
		2	90	BEJAOUI Israa	2/3/2006	TUN
		3				
	TOTAL	1	165	AQUADI Eya	04/26/2005	TUN
		2	161	BEJAOUI Israa	2/3/2006	TUN
		3				
59 kg	SNATCH	1	95	LAWAL Rafiatu Folashade	12/11/1996	NGR
		2	93	OLOARINOYE Adijat Adenike	07/19/1999	NGR
		3	92	BELKHIR Ghofrane	11/8/2001	TUN
	C&Jerk	1	122	LAWAL Rafiatu Folashade	12/11/1996	NGR
		2	118	OLOARINOYE Adijat Adenike	07/19/1999	NGR
		3	95	KHMIRI Souhir	01/14/2005	TUN
	TOTAL	1	217	LAWAL Rafiatu Folashade	12/11/1996	NGR
		2	211	OLOARINOYE Adijat Adenike	07/19/1999	NGR
		3	167	ECH Chachouiy Ech Chaibia	3/10/2006	MAR
64 kg	SNATCH	1	90	RHAMOUNI Chaima	03/25/2001	TUN
		2	86	GESMI Jawaher	5/9/1999	TUN
		3	80	MALVINA Ruby	05/22/1984	SEY
	C&Jerk	1	108	RHAMOUNI Chaima	03/25/2001	TUN
		2	107	GESMI Jawaher	5/9/1999	TUN
		3	107	MALVINA Ruby	05/22/1984	SEY
	TOTAL	1	198	RHAMOUNI Chaima	03/25/2001	TUN
		2	193	GESMI Jawaher	5/9/1999	TUN
		3	187	MALVINA Ruby	05/22/1984	SEY





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## SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
71 kg	SNATCH	1	103	SAID Neama Said Fahmi	11/15/2002	EGY
		2	102	EZE Joy Ogbonne	6/6/2004	NGR
		3	89	LENT Ketty	1/25/2001	MRI
	C&Jerk	1	126	SAID Neama Said Fahmi	11/15/2002	EGY
		2	125	EZE Joy Ogbonne	6/6/2004	NGR
		3	108	LENT Ketty	1/25/2001	MRI
	TOTAL	1	229	SAID Neama Said Fahmi	11/15/2002	EGY
		2	227	EZE Joy Ogbonne	6/6/2004	NGR
		3	197	LENT Ketty	1/25/2001	MRI
76 kg	SNATCH	1	85	COLOMA JOELITE	04/15/2003	SEY
		2	81	HIRECH Bouchra Fatima Zohra	8/22/2000	ALG
		3	78	MAGHRAOUI Zeineb	7/8/2005	TUN
	C&Jerk	1	103	HIRECH Bouchra Fatima Zohra	8/22/2000	ALG
		2	103	DJIFACK Maatemkeng Rayssa	1/8/1998	CMR
		3	101	MAGHRAOUI Zeineb	7/8/2005	TUN
	TOTAL	1	185	COLOMA JOELITE	04/15/2003	SEY
		2	184	HIRECH Bouchra Fatima Zohra	8/22/2000	ALG
		3	180	DJIFACK Maatemkeng Rayssa	1/8/1998	CMR
81 kg	SNATCH	1	117	AHMED Sara Samir Elsayed Mohamed	1/1/1998	EGY
		2	96	EYENGA Mbo'Ossi Jeanne Gaelle	24/01/1999	CMR
		3				
	C&Jerk	1	151	AHMED Sara Samir Elsayed Mohamed	1/1/1998	EGY
		2	121	EYENGA Mbo'Ossi Jeanne Gaelle	24/01/1999	CMR
		3				
	TOTAL	1	268	AHMED Sara Samir Elsayed Mohamed	1/1/1998	EGY
		2	217	EYENGA Mbo'Ossi Jeanne Gaelle	24/01/1999	CMR
		3				
87 kg	SNATCH	1	105	HUSSEIN Samar Said Habashy Ahmed	9/20/1995	EGY
		2	97	AHMED Fatma Mohamed Sadek	7/7/2003	EGY
		3	85	SUNEE Marie Alison Leroy	7/20/1999	MRI
	C&Jerk	1	125	AHMED Fatma Mohamed Sadek	7/7/2003	EGY
		2	124	HUSSEIN Samar Said Habashy Ahmed	9/20/1995	EGY
		3	106	SUNEE Marie Alison Leroy	7/20/1999	MRI
	TOTAL	1	229	HUSSEIN Samar Said Habashy Ahmed	9/20/1995	EGY
		2	222	AHMED Fatma Mohamed Sadek	7/7/2003	EGY
		3	191	SUNEE Marie Alison Leroy	7/20/1999	MRI
+87 kg	SNATCH	1	115	ABBAS Halima Abdelazim Sedky	5/5/1995	EGY
		2	82	YAHIAMAMOUN Amina	11/28/2006	ALG
		3	81	MOMENI Estelle Adele	11/15/1993	CMR
	C&Jerk	1	145	ABBAS Halima Abdelazim Sedky	5/5/1995	EGY
		2	95	MOMENI Estelle Adele	11/15/1993	CMR
		3	93	YAHIAMAMOUN Amina	11/28/2006	ALG
	TOTAL	1	260	ABBAS Halima Abdelazim Sedky	5/5/1995	EGY
		2	176	MOMENI Estelle Adele	11/15/1993	CMR
		3	175	YAHIAMAMOUN Amina	11/28/2006	ALG



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## SENIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	TUN : TUNISIA	744/10	567/9	1311/19
2	ALG : ALGERIA	538/9	357/5	895/14
3	EGY : EGYPT	389/6	411/5	800/11
4	CMR : CAMEROON	384/6	344/6	728/12
5	RSA : SOUTH AFRICA	426/7	273/6	699/13
6	MAR : MOROCCO	279/5	211/3	490/8
7	NGR : NIGERIA	137/2	234/3	371/5
8	ZAM : ZAMBIA	297/5	0/0	297/5
9	MRI : MAURITIUS	63/1	138/2	201/3
10	GHA : GHANA	0/0	200/3	200/3
11	LBA : LIBYAN	151/4	0/0	151/4
12	SEY : SEYCHELLES	0/0	147/2	147/2
13	UGA : UGANDA	84/1	57/1	141/2
14	COD : DR CONGO	73/1	0/0	73/1
15	BOT : BOTSWANA	65/1	0/0	65/1
16	MAD : MADAGASCAR	25/1	0/0	25/1



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## SENIOR MEN'S TEAM CLASSIFICATION

No.	Team	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	TUN : TUNISIA	-	84/1	151/2	84/1	141/2	57/1	75/1	-	84/1	68/1	744/10
2	ALG : ALGERIA	-	-	76/1	93/2	109/2	73/1	84/1	75/1	-	28/1	538/9
3	RSA : SOUTH AFRICA	-	-	-	61/1	56/1	105/2	-	60/1	144/2	-	426/7
4	EGY : EGYPT	-	-	-	-	-	155/2	0/1	153/2	-	81/1	389/6
5	CMR : CAMEROON	-	-	-	64/1	123/2	62/1	69/1	66/1	-	-	384/6
6	ZAM : ZAMBIA	75/1	-	111/2	111/2	-	-	-	-	-	-	297/5
7	MAR : MOROCCO	-	-	123/2	22/1	-	61/1	-	-	-	73/1	279/5
8	LBA : LIBYAN	-	-	67/1	21/1	63/1	-	-	0/1	-	-	151/4
9	NGR : NIGERIA	-	-	-	71/1	-	66/1	-	-	-	-	137/2
10	UGA : UGANDA	84/1	-	-	-	-	-	-	-	-	-	84/1
11	COD : DR CONGO	-	73/1	-	-	-	-	-	-	-	-	73/1
12	BOT : BOTSWANA	-	-	-	-	-	-	-	-	-	65/1	65/1
13	MRI : MAURITIUS	-	-	-	-	-	-	-	63/1	-	-	63/1
14	MAD : MADAGASCAR	-	25/1	-	-	-	-	-	-	-	-	25/1



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## SENIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	TUN : TUNISIA	-	76/1	159/2	46/2	159/2	59/1	68/1	-	-	-	567/9
2	EGY : EGYPT	-	-	-	-	-	84/1	-	84/1	159/2	84/1	411/5
3	ALG : ALGERIA	84/1	-	-	-	66/1	58/1	78/1	-	-	71/1	357/5
4	CMR : CAMEROON	-	-	-	60/1	-	0/1	70/1	75/1	66/1	73/1	344/6
5	RSA : SOUTH AFRICA	-	-	-	22/2	123/2	65/1	63/1	-	-	-	273/6
6	NGR : NIGERIA	-	-	-	159/2	-	75/1	-	-	-	-	234/3
7	MAR : MOROCCO	-	81/1	-	66/1	-	64/1	-	-	-	-	211/3
8	GHA : GHANA	-	71/1	-	63/1	-	-	-	-	-	66/1	200/3
9	SEY : SEYCHELLES	-	-	-	-	69/1	-	78/1	-	-	-	147/2
10	MRI : MAURITIUS	-	-	-	-	-	69/1	-	-	69/1	-	138/2
11	UGA : UGANDA	-	-	-	-	57/1	-	-	-	-	-	57/1



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## SENIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9
1	EGY : EGYPT	20	5	5						
2	TUN : TUNISIA	18	14	11	4		2	4		
3	ALG : ALGERIA	12	12	5	3		2	2		
4	NGR : NIGERIA	3	7	2	3					
5	UGA : UGANDA	3						3		
6	MAR : MOROCCO	2	3	2	3	7	5			
7	SEY : SEYCHELLES	2		3	1					
8	CMR : CAMEROON		6	5	11	3	6	2		
9	RSA : SOUTH AFRICA		3	3	3	9	6	3	4	3
10	ZAM : ZAMBIA		3				1	5	5	1
11	COD : DR CONGO		2	1						
12	GHA : GHANA		1	2	4	1	1			
13	MAD : MADAGASCAR		1							
14	MRI : MAURITIUS			6		3				
15	LBA : LIBYAN			1	2	4				
16	BOT : BOTSWANA				2	1				



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## SENIOR MEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9
1	TUN : TUNISIA	11	7	6	3			3		
2	ALG : ALGERIA	8	9	3			1			
3	EGY : EGYPT	8	2	5						
4	UGA : UGANDA	3								
5	RSA : SOUTH AFRICA		3	3		2	3	3	4	3
6	ZAM : ZAMBIA		3				1	5	5	1
7	MAR : MOROCCO		2	1	1	4	5			
8	COD : DR CONGO		2	1						
9	NGR : NIGERIA		1	2	3					
10	MAD : MADAGASCAR		1							
11	CMR : CAMEROON			3	7	2	5	1		
12	LBA : LIBYAN			1	2	4				
13	BOT : BOTSWANA				2	1				
14	MRI : MAURITIUS					3				





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## SENIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7
1	EGY : EGYPT	12	3					
2	TUN : TUNISIA	7	7	5	1		2	1
3	ALG : ALGERIA	4	3	2	3		1	2
4	NGR : NIGERIA	3	6					
5	MAR : MOROCCO	2	1	1	2	3		
6	SEY : SEYCHELLES	2		3	1			
7	CMR : CAMEROON		6	2	4	1	1	1
8	GHA : GHANA		1	2	4	1	1	
9	MRI : MAURITIUS			6				
10	RSA : SOUTH AFRICA				3	7	3	
11	UGA : UGANDA							3



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## RESULT SENIOR MEN 55 kg

Competition : 14.05.2023 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	96	[A] NIYOYITA Davis	200	UGA	1/1/2004	54.65	85	95	100	95	1	120	126	126	120	1	215	1
2	86	[A] SINKA Isaac	160	ZAM	2/6/1991	55.00	70	75	80	75	2	85	90	95	95	2	170	2



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## RESULT SENIOR MEN 61 kg

Competition : 14.05.2023 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	123	[A] BOUHIJBHA Amine	260	TUN	02/28/1996	60.65	112	116	117	117	1	140	148	148	140	1	257	1
2	105	[A] ELION Ndunyama Jelgib	180	COD	8/9/1993	57.40	75	80	80	80	3	92	92	100	92	2	172	2
	70	[A] ANDRIAMAHEFA Jules Anthonio	240	MAD	9/17/2000	59.30	105	113	113	105	2	130	130	130	--		--	



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 67 kg

Competition : 15.05.2023 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	117	[A] SALEM Ayoub	265	TUN	09/18/2002	66.50	121	124	126	126	2	150	154	154	154	1	280	1
2	56	[A] CHEKHCHOUKH Akram	290	ALG	7/10/2004	66.45	122	125	127	127	1	151	151	152	152	3	279	2
3	61	[A] BEN HADJ Mouhamed Aziz	260	TUN	01/14/2002	66.35	120	124	126	120	4	143	147	153	153	2	273	3
4	76	[A] MASOUD Mohammed Sameer	240	LBA	8/9/2004	66.55	110	116	122	122	3	136	142	144	144	4	266	4
5	63	[A] RHALOUI Abderrahmane	230	MAR	2/15/2003	66.75	105	110	115	110	5	130	135	140	135	5	245	5
6	5	[A] MOULABBI Mohamed	230	MAR	10/29/2001	66.52	105	110	112	105	6	130	135	140	135	6	240	6
7	75	[A] PHIRI Daison	209	ZAM	07/27/1998	64.85	85	88	88	85	7	115	115	115	115	7	200	7
8	23	[A] SEMEMBE Francis	147	ZAM	10/7/1999	62.85	65	70	74	74	8	90	95	95	90	8	164	8



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 73 kg

Competition : 16.05.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	97	[A] BEN HNIA Karem	330	TUN	11/13/1994	72.60	146	149	149	146	1	180	187	187	180	1	326	1
2	81	[A] FARDJALLAH samir	300	ALG	18/5/1998	72.75	141	145	146	141	3	172	174	181	174	2	315	2
3	79	[A] UMOAFIA Edidiong Joseph	300	NGR	09/24/2002	70.75	137	142	146	142	2	160	170	175	170	3	312	3
4	84	[A] ABEUSSA Gerard Thibaut	290	CMR	10/18/1998	72.75	122	126	130	126	6	157	162	168	168	4	294	4
5	80	[A] PHILLIPS Jon Antohein	270	RSA	5/29/2000	72.75	108	113	115	108	7	150	156	156	150	5	258	5
6	116	[A] NJOVU Joseph	185	ZAM	05/26/1999	70.40	85	90	95	90	8	110	110	115	115	7	205	6
7	88	[A] BANDA Steven	170	ZAM	6/9/2002	69.65	75	75	77	77	9	95	97	97	95	8	172	7
	39	[A] MEKNACI mohamed	300	ALG	1/13/2003	72.65	130	131	133	--		150	150	162	150	6	--	
	17	[A] MOUM Abderrahim	280	MAR	9/18/2000	70.85	125	130	133	133	4	155	157	161	--		--	
	122	[A] SHABI Ahsaan Ali Alhadi	300	LBA	3/22/1997	72.80	132	136	136	132	5	161	161	163	--		--	



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 81 kg

Competition : 16.05.2023 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	55	[A] MESSAOUDI Ameer	330	ALG	1/17/1996	80.90	140	145	151	145	1	170	177	178	170	1	315	1
2	49	[A] BEN AMOR Hamza	300	TUN	09/30/2004	80.15	133	133	137	137	4	162	168	168	168	2	305	2
3	99	[A] BCHINI Slim	280	TUN	01/20/1999	79.60	135	138	140	138	3	162	165	165	162	3	300	3
4	78	[A] NGOUANOM Jeremie Junior	275	CMR	07/21/2004	80.25	126	126	131	126	6	161	161	166	161	4	287	4
5	91	[A] ALZINTANI Mohammed Alsharif	250	LBA	9/29/2006	73.15	119	126	127	127	5	146	152	157	152	5	279	5
6	15	[A] SOUKOUDJOU Sinetang Roger Brest	280	CMR	7/10/2005	79.70	120	125	130	125	7	151	156	157	151	6	276	6
7	45	[A] KATZAV Daniel Sagi Itzchak	220	RSA	1/16/1994	80.45	100	107	110	110	8	130	137	140	140	7	250	7
	83	[A] MESSAOUR Mohamed Amine	310	ALG	3/24/2004	80.30	135	135	139	139	2	161	161	161	--		--	





# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 89 kg

Competition : 17.05.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	27	[A] ABOKAHLA Karim Ibrahim Ibrahim Ali	350	EGY	11/11/1996	89.00	162	167	167	167	1	200	208	213	208	1	375	1
2	98	[A] TOUAIRI Faris	350	ALG	6/11/1999	88.25	160	163	164	160	3	182	192	201	192	2	352	2
3	9	[A] MOHAMED Islam Aboelwafa	330	EGY	7/15/1996	85.25	148	155	161	161	2	180	190	190	190	3	351	3
4	77	[A] AKANO Desmond	330	NGR	09/30/1997	87.95	140	145	145	145	4	180	190	190	190	4	335	4
5	24	[A] ONANA Tanga Daniel	310	CMR	11/26/2007	86.10	140	140	145	140	5	180	180	180	180	6	320	5
6	36	[A] ALIOUA Said	300	MAR	2/17/2004	88.70	135	140	141	135	6	180	180	181	181	5	316	6
7	34	[A] GHRISSA Rayen	270	TUN	5/6/2006	86.50	122	127	130	127	7	155	161	164	161	7	288	7
8	26	[A] MASHEGO Vuyani	275	RSA	2/22/1992	85.40	121	125	126	126	8	148	156	160	148	8	274	8
9	124	[A] GADNEY Andre William	250	RSA	5/14/1980	86.50	114	120	122	114	9	134	140	145	145	9	259	9



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 96 kg

Competition : 17.05.2023 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	28	[A] ELBAGOR salim	340	ALG	3/25/1998	91.95	145	152	160	152	1	175	175	180	180	1	332	1
2	112	[A] DRIDI Ayoub	290	TUN	07/27/2000	95.65	130	135	135	135	2	170	176	181	176	2	311	2
3	73	[A] WOULDJE Nzale Laur Lvain	290	CMR	06/14/1991	89.50	115	125	131	125	3	155	160	170	160	3	285	3
	16	[A] HASSAN Mahmoud Hosny Elsayed	250	EGY	9/4/2005	94.45	120	--	--	--		150	--	--	--		--	



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 102 kg

Competition : 17.05.2023 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	11	[A] SALEM Yasser Usama Hemdan Mohamed	350	EGY	6/9/2002	101.95	160	165	168	168	1	200	204	208	208	1	376	1
2	107	[A] TOUAIRI Aymen	370	ALG	9/11/1998	101.90	163	166	171	166	2	203	208	211	203	2	369	2
3	82	[A] MOHAMED MAHMOUD Selim Abdelalim	350	EGY	29/12/1997	101.95	164	170	170	164	3	200	205	205	200	3	364	3
4	87	[A] NGADIANyabeuyey Junior Preiclex	345	CMR	10/6/1993	101.55	156	161	161	156	4	195	195	201	195	4	351	4
5	57	[A] JUBOO Khelwin	300	MRI	6/27/2002	101.80	135	140	140	140	5	168	175	180	180	5	320	5
6	33	[A] BURGER Ruben	320	RSA	3/3/1991	102.00	138	140	140	140	6	170	170	177	170	6	310	6
	118	[A] ABUZRIBA Ahmed Mustafa Ahmed	330	LBA	4/16/2000	101.50	130	--	--	--		180	--	--	--		--	



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN 109 kg

Competition : 18.05.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	64	[A] BACHA Aymen	340	TUN	10/26/1999	108.45	163	170	178	170	1	190	200	205	205	1	375	1
2	62	[A] SWANEPOEL Antony Peter	270	RSA	8/26/1993	108.95	115	123	123	123	2	140	147	150	147	2	270	2
3	19	[A] BEUKMAN Johannes Jacobus	278	RSA	5/15/1989	106.90	120	120	126	120	3	145	145	154	145	3	265	3



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR MEN +109 kg

Competition : 18.05.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	58	[A] ELSAYED Abdelrahman Mohamed A. A.	380	EGY	5/19/1989	140.40	175	185	193	185	2	226	243	245	243	1	428	1
2	106	[A] BOUAMR Bilal	315	MAR	3/3/2004	123.30	144	151	154	154	3	181	182	186	186	2	340	2
3	95	[A] MAIK Lahamadi Ezzedine	300	TUN	02/17/2000	109.75	143	150	153	150	4	180	183	186	180	3	330	3
4	85	[A] KAGISO Alphius	280	BOT	03/30/1997	113.25	120	125	130	125	5	150	151	155	155	4	280	4
	25	[A] BIDANI Walid	400	ALG	6/11/1994	142.30	192	197	199	192	1	225	225	225	--		--	

### BREAK RECORDS

SENIOR AFRICAN RECORDS MEN +109 kg CLEAN&JERK : ABDELRAHMAN EL SAYED [EGY] 242 ---> ELSAYED ABDELRAHMAN MOHAMED A. A. [EGY] 243



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 45 kg

Competition : 14.05.2023 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	22	[A] KATBI Nadia	105	ALG	6/26/2002	44.80	45	51	51	51	1	60	65	70	65	1	116	1





# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 49 kg

Competition : 14.05.2023 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	7	[A] FAJRESLAM Maha	140	MAR	7/4/2003	49.00	57	60	64	64	1	74	79	82	79	2	143	1
2	125	[A] KHAF AOUI Nour	130	TUN	10/15/2004	48.50	57	61	61	57	3	75	81	85	81	1	138	2
3	108	[A] NTUMI Winnifred	130	GHA	28/09/2002	49.00	56	58	58	58	2	68	71	73	71	3	129	3



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 55 kg

Competition : 15.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	8	[A] AQUADI Eya	160	TUN	04/26/2005	54.15	65	69	72	72	1	85	90	93	93	1	165	1
2	67	[A] BEJAOUI Israa	160	TUN	2/3/2006	54.15	65	71	73	71	2	85	90	94	90	2	161	2



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 59 kg

Competition : 15.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	68	[A] LAWAL Rafiatu Folashade	200	NGR	12/11/1996	56.90	91	91	95	95	1	115	115	122	122	1	217	1
2	1	[A] OLOARINOYE Adijat Adenike	200	NGR	07/19/1999	57.00	90	93	93	93	2	110	118	118	118	2	211	2
3	104	[A] ECH Chachouiy Ech Chaibia	170	MAR	3/10/2006	58.40	76	80	81	76	5	91	95	96	91	4	167	3
4	120	[A] OWUSU Sandra Mensimah	150	GHA	8/7/2002	59.00	72	72	72	72	6	85	88	88	85	5	157	4
5	30	[A] EBONG Ebongo Nelly	135	CMR	9/4/1989	57.55	51	55	55	55	7	67	71	71	71	6	126	5
	50	[A] KHMIRI Souhir	190	TUN	01/14/2005	58.20	78	78	78	--		95	103	103	95	3	--	
	6	[A] BELKHIR Ghofrane	210	TUN	11/8/2001	57.55	88	92	96	92	3	--	--	--	--		--	
	41	[A] SPIES Anneke	190	RSA	6/28/1993	58.70	80	83	83	83	4	105	105	105	--		--	
	40	[A] LOVE Georgia	158	RSA	9/5/1983	59.00	71	71	71	--		--	--	--	--		--	

### BREAK RECORDS

SENIOR AFRICAN RECORDS WOMEN 59 kg SNATCH : GHOFRANE BELKHIR [TUN] 93 ---> LAWAL RAFIATU FOLASHADE [NGR] 95

SENIOR AFRICAN RECORDS WOMEN 59 kg TOTAL : CHINEYE FEDELIS [NGR] 215 ---> LAWAL RAFIATU FOLASHADE [NGR] 217



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 64 kg

Competition : 15.05.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	71	[A] RHAMOUNI Chaima	200	TUN	03/25/2001	62.15	87	90	92	90	1	108	111	111	108	1	198	1
2	46	[A] GESMI Jawaher	200	TUN	5/9/1999	63.90	83	86	88	86	2	107	110	112	107	2	193	2
3	92	[A] MALVINA Ruby	175	SEY	05/22/1984	62.45	75	80	87	80	3	100	107	113	107	3	187	3
4	109	[A] LAGHOUATI Fatima Zohra	150	ALG	2/27/1999	59.10	73	76	76	76	4	95	101	101	95	4	171	4
5	38	[A] VAN Ryneveld Yolandi	155	RSA	2/9/1989	63.90	70	73	73	70	5	86	91	96	91	5	161	5
6	113	[A] BURGER Chantelle	150	RSA	7/18/1982	61.25	64	67	70	70	6	83	86	90	86	6	156	6
7	54	[A] Nakidde Lydia	130	UGA	4/15/1999	63.35	60	65	70	65	7	75	80	85	85	7	150	7



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 71 kg

Competition : 16.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	20	[A] SAID Neama Said Fahmi	230	EGY	11/15/2002	70.75	100	103	105	103	1	122	126	130	126	1	229	1
2	14	[A] EZE Joy Ogbonne	210	NGR	6/6/2004	70.20	97	102	105	102	2	120	120	125	125	2	227	2
3	89	[A] LENT Ketty	200	MRI	1/25/2001	68.45	86	89	89	89	3	103	108	110	108	3	197	3
4	18	[A] JEFFERIES Laryne	187	RSA	10/8/1991	69.55	83	83	86	86	5	103	106	110	106	4	192	4
5	51	[A] SABIHI Rkia	180	MAR	8/22/2004	70.65	80	84	87	87	4	104	109	109	104	5	191	5
6	100	[A] HAMROUI Nawres	180	TUN	07/21/2004	68.50	76	81	81	76	7	95	100	103	100	6	176	6
7	101	[A] BELOUNIS Nihad	150	ALG	1/9/2003	71.100	72	77	77	77	6	92	97	101	97	7	174	7
	94	[A] HYENG Renee Manuella	140	CMR	3/6/2002	70.70	66	66	66	--		--	--	--	--	--	--	



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 76 kg

Competition : 17.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	10	[A] COLOMA JOELITE	170	SEY	04/15/2003	72.65	80	84	85	85	1	100	101	--	100	4	185	1
2	102	[A] HIRECH Bouchra Fatima Zohra	160	ALG	8/22/2000	75.00	81	85	86	81	2	101	103	106	103	1	184	2
3	52	[A] DJIFACK Maatemkeng Rayssa	170	CMR	1/8/1998	75.95	77	82	83	77	4	96	101	103	103	2	180	3
4	32	[A] MAGHRAOUI Zeineb	190	TUN	7/8/2005	75.95	78	78	83	78	3	101	103	104	101	3	179	4
5	74	[A] BOUCH Kerrin Leigh	168	RSA	10/29/1990	73.25	71	77	83	77	5	90	96	101	96	5	173	5





# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 81 kg

Competition : 17.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	126	[A] AHMED Sara Samir Elsayed Mohamed	260	EGY	1/1/1998	80.05	110	114	117	117	1	140	146	151	151	1	268	1
2	13	[A] EYENGA Mbo'Ossi Jeanne Gaelle	210	CMR	24/01/1999	80.70	89	89	96	96	2	117	121	121	121	2	217	2

### BREAK RECORDS

SENIOR AFRICAN RECORDS WOMEN 81 kg SNATCH : SARA SAMIR AHMED [EGY] 116 ---> AHMED SARA SAMIR ELSAYED MOHAMED [EGY] 117

SENIOR AFRICAN RECORDS WOMEN 81 kg CLEAN&JERK : SARA SAMIR AHMED [EGY] 145 ---> AHMED SARA SAMIR ELSAYED MOHAMED [EGY] 151

SENIOR AFRICAN RECORDS WOMEN 81 kg TOTAL : SARA SAMIR AHMED [EGY] 261 ---> AHMED SARA SAMIR ELSAYED MOHAMED [EGY] 265

SENIOR AFRICAN RECORDS WOMEN 81 kg TOTAL : Sara Samir AHMED [EGY] 261 ---> AHMED Sara Samir Elsayed Mohamed [EGY] 268



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN 87 kg

Competition : 18.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	12	[A] HUSSEIN Samar Said Habashy Ahmed	230	EGY	9/20/1995	83.75	100	100	105	105	1	116	124	124	124	2	229	1
2	31	[A] AHMED Fatma Mohamed Sadek	220	EGY	7/7/2003	81.75	97	100	101	97	2	115	123	125	125	1	222	2
3	90	[A] SUNEE Marie Alison Leroy	170	MRI	7/20/1999	82.75	75	82	85	85	3	97	106	110	106	3	191	3
4	21	[A] NZIMO Laetitia Phalonne	160	CMR	10/14/2001	82.25	75	81	85	81	4	102	107	111	102	4	183	4



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## RESULT SENIOR WOMEN +87 kg

Competition : 18.05.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	42	[A] ABBAS Halima Abdelazim Sedky	250	EGY	5/5/1995	141.80	110	110	115	115	1	145	145	145	145	1	260	1
2	37	[A] MOMENI Estelle Adele	180	CMR	11/15/1993	94.65	81	87	87	81	3	95	103	107	95	2	176	2
3	111	[A] YAHIAMAMOUN Amina	155	ALG	11/28/2006	105.00	75	82	88	82	2	93	105	106	93	3	175	3
4	43	[A] AGBAH Hughes Marie Korkor	140	GHA	12/4/1991	125.90	60	64	66	66	4	85	89	92	92	4	158	4



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 14.05.2023 12:00

### WOMEN 45 kg A, 49 kg A

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
45 kg A																		
1	22	KATBI Nadia	105	ALG	6/26/2002	44.80	45	51	51	51		60	65	70	65		116	
49 kg A																		
2	7	FAJRESLAM Maha	140	MAR	7/4/2003	49.00	57	60	64	64		74	79	82	79		143	
3	108	NTUMI Winnifred	130	GHA	28/09/2002	49.00	56	58	58	58		68	71	73	71		129	
4	125	KHAFAOUI Nour	130	TUN	10/15/2004	48.50	57	61	61	57		75	81	85	81		138	

#### Jury

- HORST SAYLER [SWE]
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

#### Referee

- Center - SAIFODDIN ELFAITOURI [LBA]  
 Left - GARDENCIA DU PLOOY [RSA]  
 Right - LOUBABA BEN CHOBBA [TUN]  
 Reserve - ATEF KHER [EGY]

#### Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

#### Time Keeper

- ABDELKADER RAKEB [ALG]

#### Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

#### Secretary

- PIUS OCHIENG [KEN]

#### Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 14.05.2023 18:00

### MEN 55 kg A, 61 kg A

Weigh in : 16:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
55 kg A																		
1	86	SINKA Isaac	160	ZAM	2/6/1991	55.00	70	75	80	75		85	90	95	95		170	
2	96	NIYOYITA Davis	200	UGA	1/1/2004	54.65	85	95	100	95		120	126	126	120		215	
61 kg A																		
3	70	ANDRIAMAHEFA Jules Anthonio	240	MAD	9/17/2000	59.30	105	113	113	105		130	130	130	--		--	
4	105	ELION Ndunyama Jelgib	180	COD	8/9/1993	57.40	75	80	80	80		92	92	100	92		172	
5	123	BOUHIJBHA Amine	260	TUN	02/28/1996	60.65	112	116	117	117		140	148	148	140		257	

#### Jury

1. MAHMOUD MAHGOUB [EGY]
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

#### Referee

Center - ABDELRAHMAN HAMDANI [ALG]  
Left - MOHAMED FARIH [MAR]  
Right - HANENE WERFELLI [TUN]  
Reserve - JANET MUSOKE NAMWANGE [UGA]

#### Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

#### Time Keeper

1. AHMED TAHORI [MAR]

#### Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

#### Secretary

1. FAYCEL FEKI [TUN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 15.05.2023 11:00

### WOMEN 55 kg A, 59 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
55 kg A																		
1	8	AQUADI Eya	160	TUN	04/26/2005	54.15	65	69	72	72		85	90	93	93		165	
2	67	BEJAOUI Israa	160	TUN	2/3/2006	54.15	65	71	73	71		85	90	94	90		161	
59 kg A																		
3	1	OLOARINOYE Adijat Adenike	200	NGR	07/19/1999	57.00	90	93	93	93		110	118	118	118		211	
4	6	BELKHIR Ghofrane	210	TUN	11/8/2001	57.55	88	92	96	92		--	--	--	--		--	
5	30	EBONG Ebongo Nelly	135	CMR	9/4/1989	57.55	51	55	55	55		67	71	71	71		126	
6	40	LOVE Georgia	158	RSA	9/5/1983	59.00	71	71	71	--		--	--	--	--		--	
7	41	SPIES Anneke	190	RSA	6/28/1993	58.70	80	83	83	83		105	105	105	--		--	
8	50	KHMIRI Souhir	190	TUN	01/14/2005	58.20	78	78	78	--		95	103	103	95		--	
9	68	LAWAL Rafiatu Folashade	200	NGR	12/11/1996	56.90	91	91	95	95		115	115	122	122		217	
10	104	ECH Chachouiy Ech Chaibia	170	MAR	3/10/2006	58.40	76	80	81	76		91	95	96	91		167	
11	120	OWUSU Sandra Mensimah	150	GHA	8/7/2002	59.00	72	72	72	72		85	88	88	85		157	

#### Jury

- HORST SAYLER [SWE]
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

#### Referee

- Center - ATEF KHER [EGY]  
Left - SAIFODDIN ELFAITOURI [LBA]  
Right - GARDENCIA DU PLOOY [RSA]  
Reserve - LOUBABA BEN CHOBBA [TUN]

#### Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

#### Time Keeper

- ABDELKADER RAKEB [ALG]

#### Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

#### Secretary

- PIUS OCHIENG [KEN]

#### Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]

Sig.



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 15.05.2023 14:00

### WOMEN 64 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
64 kg A																		
1	38	VAN Ryneveld Yolandi	155	RSA	2/9/1989	63.90	70	73	73	70		86	91	96	91		161	
2	46	GESMI Jawaher	200	TUN	5/9/1999	63.90	83	86	88	86		107	110	112	107		193	
3	54	Nakidde Lydia	130	UGA	4/15/1999	63.35	60	65	70	65		75	80	85	85		150	
4	71	RHAMOUNI Chaima	200	TUN	03/25/2001	62.15	87	90	92	90		108	111	111	108		198	
5	92	MALVINA Ruby	175	SEY	05/22/1984	62.45	75	80	87	80		100	107	113	107		187	
6	109	LAGHOUATI Fatima Zohra	150	ALG	2/27/1999	59.10	73	76	76	76		95	101	101	95		171	
7	113	BURGER Chantelle	150	RSA	7/18/1982	61.25	64	67	70	70		83	86	90	86		156	

#### Jury

- HORST SAYLER [SWE]
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

#### Referee

Center - JANET MUSOKE  
NAMWANGE [UGA]  
Left - ABDELRAHMAN HAMDANI  
[ALG]  
Right - MOHAMED FARIH [MAR]  
Reserve - HANENE WERFELLI [TUN]

#### Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

#### Time Keeper

- ABDELKADER RAKEB [ALG]

#### Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES  
RANDRIAMANARIVO [MAD]

#### Secretary

- PIUS OCHIENG [KEN]

#### Competition Doctor

- MOHAMED ELYES LATRACHE  
[TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 15.05.2023 17:00

### MEN 67 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
67 kg A																		
1	5	MOULABBI Mohamed	230	MAR	10/29/2001	66.52	105	110	112	105		130	135	140	135		240	
2	23	SEMEMBE Francis	147	ZAM	10/7/1999	62.85	65	70	74	74		90	95	95	90		164	
3	56	CHEKHCHOUKH Akram	290	ALG	7/10/2004	66.45	122	125	127	127		151	151	152	152		279	
4	61	BEN HADJ Mouhamed Aziz	260	TUN	01/14/2002	66.35	120	124	126	120		143	147	153	153		273	
5	63	RHALOUI Abderrahmane	230	MAR	2/15/2003	66.75	105	110	115	110		130	135	140	135		245	
6	75	PHIRI Daison	209	ZAM	07/27/1998	64.85	85	88	88	85		115	115	115	115		200	
7	76	MASOUD Mohammed Sameer	240	LBA	8/9/2004	66.55	110	116	122	122		136	142	144	144		266	
8	117	SALEM Ayoub	265	TUN	09/18/2002	66.50	121	124	126	126		150	154	154	154		280	

#### Jury

1. MAHMOUD MAHGOUB [EGY]
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

#### Referee

Center - LOUBABA BEN CHOBBA [TUN]  
Left - ATEF KHER [EGY]  
Right - SAIFODDIN ELFAITOURI [LBA]  
Reserve - GARDENCIA DU PLOOY [RSA]

#### Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

#### Time Keeper

1. AHMED TAHORI [MAR]

#### Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

#### Secretary

1. FAYCEL FEKI [TUN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]





# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 16.05.2023 11:00

### WOMEN 71 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
71 kg A																		
1	14	EZE Joy Ogbonne	210	NGR	6/6/2004	70.20	97	102	105	102		120	120	125	125		227	
2	18	JEFFERIES Laryne	187	RSA	10/8/1991	69.55	83	83	86	86		103	106	110	106		192	
3	20	SAID Neama Said Fahmi	230	EGY	11/15/2002	70.75	100	103	105	103		122	126	130	126		229	
4	51	SABIHI Rkia	180	MAR	8/22/2004	70.65	80	84	87	87		104	109	109	104		191	
5	89	LENT Ketty	200	MRI	1/25/2001	68.45	86	89	89	89		103	108	110	108		197	
6	94	HYENG Renee Manuella	140	CMR	3/6/2002	70.70	66	66	66	--		--	--	--	--		--	
7	100	HAMROUI Nawres	180	TUN	07/21/2004	68.50	76	81	81	76		95	100	103	100		176	
8	101	BELOUNIS Nihad	150	ALG	1/9/2003	71.100	72	77	77	77		92	97	101	97		174	

#### Jury

1. MAHMOUD MAHGOUB [EGY]
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

#### Referee

- Center - HANENE WERFELLI [TUN]  
Left - JANET MUSOKE NAMWANGE [UGA]  
Right - ABDELRAHMAN HAMDANI [ALG]  
Reserve - MOHAMED FARIH [MAR]

#### Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

#### Time Keeper

1. AHMED TAHORI [MAR]

#### Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

#### Secretary

1. FAYCEL FEKI [TUN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 16.05.2023 14:00

### MEN 73 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
73 kg A																		
1	17	MOUM Abderrahim	280	MAR	9/18/2000	70.85	125	130	133	133		155	157	161	--		--	
2	39	MEKNACI mohamed	300	ALG	1/13/2003	72.65	130	131	133	--		150	150	162	150		--	
3	79	UMOAFIA Edidiong Joseph	300	NGR	09/24/2002	70.75	137	142	146	142		160	170	175	170		312	
4	80	PHILLIPS Jon Antohein	270	RSA	5/29/2000	72.75	108	113	115	108		150	156	156	150		258	
5	81	FARDJALLAH samir	300	ALG	18/5/1998	72.75	141	145	146	141		172	174	181	174		315	
6	84	ABEUSSA Gerard Thibaut	290	CMR	10/18/1998	72.75	122	126	130	126		157	162	168	168		294	
7	88	BANDA Steven	170	ZAM	6/9/2002	69.65	75	75	77	77		95	97	97	95		172	
8	97	BEN HNIA Karem	330	TUN	11/13/1994	72.60	146	149	149	146		180	187	187	180		326	
9	116	NJOVU Joseph	185	ZAM	05/26/1999	70.40	85	90	95	90		110	110	115	115		205	
10	122	SHABI Ahsaan Ali Alhadi	300	LBA	3/22/1997	72.80	132	136	136	132		161	161	163	--		--	

#### Jury

1. MAHMOUD MAHGOUB [EGY]
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

#### Referee

Center - GARDENCIA DU PLOOY [RSA]  
Left - LOUBABA BEN CHOBBA [TUN]  
Right - ATEF KHER [EGY]  
Reserve - SAIFODDIN ELFAITOURI [LBA]

#### Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

#### Time Keeper

1. AHMED TAHORI [MAR]

#### Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

#### Secretary

1. FAYCEL FEKI [TUN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 16.05.2023 17:00

### MEN 81 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
81 kg A																		
1	15	SOUKOUDJOU Sinetang Roger Brest	280	CMR	7/10/2005	79.70	120	125	130	125		151	156	157	151		276	
2	45	KATZAV Daniel Sagi Itzchak	220	RSA	1/16/1994	80.45	100	107	110	110		130	137	140	140		250	
3	49	BEN AMOR Hamza	300	TUN	09/30/2004	80.15	133	133	137	137		162	168	168	168		305	
4	55	MESSAOUDI Ameer	330	ALG	1/17/1996	80.90	140	145	151	145		170	177	178	170		315	
5	78	NGOUANOM Jeremie Junior	275	CMR	07/21/2004	80.25	126	126	131	126		161	161	166	161		287	
6	83	MESSAOUR Mohamed Amine	310	ALG	3/24/2004	80.30	135	135	139	139		161	161	161	--		--	
7	91	ALZINTANI Mohammed Alsharif	250	LBA	9/29/2006	73.15	119	126	127	127		146	152	157	152		279	
8	99	BCHINI Slim	280	TUN	01/20/1999	79.60	135	138	140	138		162	165	165	162		300	

#### Jury

- HORST SAYLER [SWE]
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

#### Referee

- Center - MOHAMED FARIH [MAR]  
Left - HANENE WERFELLI [TUN]  
Right - JANET MUSOKE NAMWANGE [UGA]  
Reserve - ABDELRAHMAN HAMDANI [ALG]

#### Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

#### Time Keeper

- ABDELKADER RAKEB [ALG]

#### Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

#### Secretary

- PIUS OCHIENG [KEN]

#### Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 17.05.2023 11:00

### WOMEN 76 kg A, 81 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
76 kg A																		
1	10	COLOMA JOELITE	170	SEY	04/15/2003	72.65	80	84	85	85		100	101	--	100		185	
2	32	MAGHRAOUI Zeineb	190	TUN	7/8/2005	75.95	78	78	83	78		101	103	104	101		179	
3	52	DJIFACK Maatemkeng Rayssa	170	CMR	1/8/1998	75.95	77	82	83	77		96	101	103	103		180	
4	74	BOUCH Kerrin Leigh	168	RSA	10/29/1990	73.25	71	77	83	77		90	96	101	96		173	
5	102	HIRECH Bouchra Fatima Zohra	160	ALG	8/22/2000	75.00	81	85	86	81		101	103	106	103		184	
81 kg A																		
6	13	EYENGA Mbo'Ossi Jeanne Gaelle	210	CMR	24/01/1999	80.70	89	89	96	96		117	121	121	121		217	
7	126	AHMED Sara Samir Elsayed Mohamed	260	EGY	1/1/1998	80.05	110	114	117	117		140	146	151	151		268	

#### Jury

- HORST SAYLER [SWE]
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

#### Referee

Center - SAIFODDIN ELFAITOURI [LBA]  
Left - GARDENCIA DU PLOOY [RSA]  
Right - LOUBABA BEN CHOBBA [TUN]  
Reserve - ATEF KHER [EGY]

#### Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

#### Time Keeper

- ABDELKADER RAKEB [ALG]

#### Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

#### Secretary

- PIUS OCHIENG [KEN]

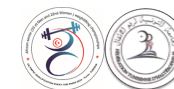
#### Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 17.05.2023 14:00

### MEN 89 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
89 kg A																		
1	9	MOHAMED Islam Aboelwafa	330	EGY	7/15/1996	85.25	148	155	161	161		180	190	190	190		351	
2	24	ONANA Tanga Daniel	310	CMR	11/26/2007	86.10	140	140	145	140		180	180	180	180		320	
3	26	MASHEGO Vuyani	275	RSA	2/22/1992	85.40	121	125	126	126		148	156	160	148		274	
4	27	ABOKAHLA Karim Ibrahim Ibrahim Ali	350	EGY	11/11/1996	89.00	162	167	167	167		200	208	213	208		375	
5	34	GHRISSA Rayen	270	TUN	5/6/2006	86.50	122	127	130	127		155	161	164	161		288	
6	36	ALIOUA Said	300	MAR	2/17/2004	88.70	135	140	141	135		180	180	181	181		316	
7	77	AKANO Desmond	330	NGR	09/30/1997	87.95	140	145	145	145		180	190	190	190		335	
8	98	TOUAIRI Faris	350	ALG	6/11/1999	88.25	160	163	164	160		182	192	201	192		352	
9	124	GADNEY Andre William	250	RSA	5/14/1980	86.50	114	120	122	114		134	140	145	145		259	

#### Jury

1. HORST SAYLER [SWE]
2. KEVIN DU PLOOY [RSA]
3. HASSAN BEN ALI [TUN]
4. SALIM MUSOKE [UGA]

#### Referee

- Center - ABDELRAHMAN HAMDANI [ALG]  
Left - MOHAMED FARIH [MAR]  
Right - HANENE WERFELLI [TUN]  
Reserve - JANET MUSOKE NAMWANGE [UGA]

#### Chief Marshal

1. JOHN OGOLLA [KEN]
2. ABDULLAH AMYN [LBA]

#### Time Keeper

1. ABDELKADER RAKEB [ALG]

#### Technical Controller

1. FRANK ACCOUCHE [SEY]
2. HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

#### Secretary

1. PIUS OCHIENG [KEN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 17.05.2023 17:00

### MEN 96 kg A, 102 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
96 kg A																		
1	16	HASSAN Mahmoud Hosny Elsayed	250	EGY	9/4/2005	94.45	120	--	--	--		150	--	--	--		--	
2	28	ELBAGOR salim	340	ALG	3/25/1998	91.95	145	152	160	152		175	175	180	180		332	
3	73	WOUDJE Nzale Laur Lvain	290	CMR	06/14/1991	89.50	115	125	131	125		155	160	170	160		285	
4	112	DRIDI Ayoub	290	TUN	07/27/2000	95.65	130	135	135	135		170	176	181	176		311	
102 kg A																		
5	11	SALEM Yasser Usama Hemdan Mohamed	350	EGY	6/9/2002	101.95	160	165	168	168		200	204	208	208		376	
6	33	BURGER Ruben	320	RSA	3/3/1991	102.00	138	140	140	140		170	170	177	170		310	
7	57	JUBOO Khelwin	300	MRI	6/27/2002	101.80	135	140	140	140		168	175	180	180		320	
8	82	MOHAMED MAHMOUD Selim Abdelalim	350	EGY	29/12/1997	101.95	164	170	170	164		200	205	205	200		364	
9	87	NGADIANyabeuyey Junior Preiclex	345	CMR	10/6/1993	101.55	156	161	161	156		195	195	201	195		351	
10	107	TOUAIRI Aymen	370	ALG	9/11/1998	101.90	163	166	171	166		203	208	211	203		369	
11	118	ABUZRIBA Ahmed Mustafa Ahmed	330	LBA	4/16/2000	101.50	130	--	--	--		180	--	--	--		--	

#### Jury

1. MAHMOUD MAHGOUB [EGY]
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

#### Referee

- Center - ATEF KHER [EGY]  
Left - SAIFODDIN ELFAITOURI [LBA]  
Right - GARDENCIA DU PLOOY [RSA]  
Reserve - LOUBABA BEN CHOBBA [TUN]

#### Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

#### Time Keeper

1. AHMED TAHORI [MAR]

#### Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

#### Secretary

1. FAYCEL FEKI [TUN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 18.05.2023 11:00

### WOMEN 87 kg A, +87 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
<b>87 kg A</b>																		
1	12	HUSSEIN Samar Said Habashy Ahmed	230	EGY	9/20/1995	83.75	100	100	105	105		116	124	124	124		229	
2	21	NZIMO Laetitia Phalonne	160	CMR	10/14/2001	82.25	75	81	85	81		102	107	111	102		183	
3	31	AHMED Fatma Mohamed Sadek	220	EGY	7/7/2003	81.75	97	100	101	97		115	123	125	125		222	
4	90	SUNEE Marie Alison Leroy	170	MRI	7/20/1999	82.75	75	82	85	85		97	106	110	106		191	
<b>+87 kg A</b>																		
5	37	MOMENI Estelle Adele	180	CMR	11/15/1993	94.65	81	87	87	81		95	103	107	95		176	
6	42	ABBAS Halima Abdelazim Sedky	250	EGY	5/5/1995	141.80	110	110	115	115		145	145	145	145		260	
7	43	AGBAH Hughes Marie Korkor	140	GHA	12/4/1991	125.90	60	64	66	66		85	89	92	92		158	
8	111	YAHIAMAMOUN Amina	155	ALG	11/28/2006	105.00	75	82	88	82		93	105	106	93		175	

#### Jury

- HORST SAYLER [SWE]
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

#### Referee

Center - LOUBABA BEN CHOBBA [TUN]  
Left - ATEF KHER [EGY]  
Right - SAIFODDIN ELFAITOURI [LBA]  
Reserve - GARDENCIA DU PLOOY [RSA]

#### Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

#### Time Keeper

- ABDELKADER RAKEB [ALG]

#### Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

#### Secretary

- PIUS OCHIENG [KEN]

#### Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## START LIST / PROTOCOL

Competition : 18.05.2023 14:00

### MEN 109 kg A, +109 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
<b>109 kg A</b>																		
1	19	BEUKMAN Johannes Jacobus	278	RSA	5/15/1989	106.90	120	120	126	120		145	145	154	145		265	
2	62	SWANEPOEL Antony Peter	270	RSA	8/26/1993	108.95	115	123	123	123		140	147	150	147		270	
3	64	BACHA Aymen	340	TUN	10/26/1999	108.45	163	170	178	170		190	200	205	205		375	
<b>+109 kg A</b>																		
4	25	BIDANI Walid	400	ALG	6/11/1994	142.30	192	197	199	192		225	225	225	--		--	
5	58	ELSAYED Abdelrahman Mohamed A. A.	380	EGY	5/19/1989	140.40	175	185	193	185		226	243	245	243		428	
6	85	KAGISO Alphius	280	BOT	03/30/1997	113.25	120	125	130	125		150	151	155	155		280	
7	95	MAIK Lahamadi Ezzedine	300	TUN	02/17/2000	109.75	143	150	153	150		180	183	186	180		330	
8	106	BOUAMR Bilal	315	MAR	3/3/2004	123.30	144	151	154	154		181	182	186	186		340	

#### Jury

1. MAHMOUD MAHGOUB [EGY]
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

#### Referee

Center - JANET MUSOKE  
NAMWANGE [UGA]  
Left - ABDELRAHMAN HAMDANI  
[ALG]  
Right - MOHAMED FARIH [MAR]  
Reserve - HANENE WERFELLI [TUN]

#### Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

#### Time Keeper

1. AHMED TAHORI [MAR]

#### Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

#### Secretary

1. FAYCEL FEKI [TUN]

#### Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]





# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

HORST SAYLER [SWE] \*President of Jury  
KEVIN DU PLOOY [RSA]  
HASSAN BEN ALI [TUN]  
SALIM MUSOKE [UGA]

### JURY Member Group 2 :

MAHMOUD MAHGOUB [EGY] \*President of Jury  
ABDELLAZIZ BRAHIMI [ALG]  
AHMED CHAHNAOUI [MAR]  
LAWRENCE IQUAIBOM [NGR]

### REFEREE Member Group 1 :

SAIFODDIN ELFAITOURI [LBA]  
GARDENCIA DU PLOOY [RSA]  
LOUBABA BEN CHOBBA [TUN]  
ATEF KHER [EGY]

### REFEREE Member Group 2 :

ABDELRAHMAN HAMDANI [ALG]  
MOHAMED FARIH [MAR]  
HANENE WERFELLI [TUN]  
JANET MUSOKE NAMWANGE [UGA]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

JOHN OGOLLA [KEN]  
ABDULLAH AMYN [LBA]

### CHIEF MARSHAL Member Group 2 :

ADEL RIAHI [TUN]  
POORUN BHOLLAH [MRI]

### TIMEKEEPER Member Group 1 :

ABDELKADER RAKEB [ALG]

### TIMEKEEPER Member Group 2 :

AHMED TAHORI [MAR]

### TECHNICAL CONTROLLER Member Group 1 :

FRANK ACCOUCHE [SEY]  
HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

### TECHNICAL CONTROLLER Member Group 2 :

EMAD GOUDA [EGY]  
SLIM AMIRA [TUN]

### SECRETARY Member Group 1 :

PIUS OCHIENG [KEN]

### SECRETARY Member Group 2 :

FAYCEL FEKI [TUN]

### DOCTOR ON DUTY Member Group 1 :

MOHAMED ELYES LATRACHE [TUN]



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## NEW RECORDS

RECORDS	CATRGORY	NEW RECORDS	NAME	TEAM	BORN	DATE
AFRICAN RECORDS - SENIOR	WOMEN 59 kg	SNATCH 93 ---> 95	LAWAL RAFIATU FOLASHADE	NGR	12/11/1996	15.05.2023
AFRICAN RECORDS - SENIOR	WOMEN 59 kg	TOTAL 215 ---> 217	LAWAL RAFIATU FOLASHADE	NGR	12/11/1996	15.05.2023
AFRICAN RECORDS - SENIOR	WOMEN 81 kg	SNATCH 116 ---> 117	AHMED SARA SAMIR ELSAYED MOHAMED	EGY	1/1/1998	17.05.2023
AFRICAN RECORDS - SENIOR	WOMEN 81 kg	CLEAN&JERK 145 ---> 151	AHMED SARA SAMIR ELSAYED MOHAMED	EGY	1/1/1998	17.05.2023
AFRICAN RECORDS - SENIOR	WOMEN 81 kg	TOTAL 261 ---> 265	AHMED SARA SAMIR ELSAYED MOHAMED	EGY	1/1/1998	17.05.2023
AFRICAN RECORDS - SENIOR	WOMEN 81 kg	TOTAL 261 ---> 268	AHMED SARA SAMIR ELSAYED MOHAMED	EGY	1/1/1998	17.05.2023
AFRICAN RECORDS - SENIOR	MEN +109 kg	CLEAN&JERK 242 ---> 243	ELSAYED ABDELRAHMAN MOHAMED A. A.	EGY	5/19/1989	18.05.2023



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
Olympic qualification Event For Paris 2024  
Tunis Tunisia La Goulette Hall



14/05/2023 to 19/05/2023

## MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	ABOKAHLA Karim Ibrahim Ibrahim Ali	11/11/1996	EGY	89.00	375	863.052
2	SALEM Yasser Usama Hemdan Mohamed	6/9/2002	EGY	101.95	376	738.054
3	TOUAIRI Faris	6/11/1999	ALG	88.25	352	699.394
4	TOUAIRI Aymen	9/11/1998	ALG	101.90	369	693.388
5	BEN HNIA Karem	11/13/1994	TUN	72.60	326	693.320
6	MOHAMED Islam Aboelwafa	7/15/1996	EGY	85.25	351	692.815
7	MOHAMED MAHMOUD Selim Abdelalim	29/12/1997	EGY	101.95	364	662.665
8	ELSAYED Abdelrahman Mohamed A. A.	5/19/1989	EGY	140.40	428	629.437
9	FARDJALLAH samir	18/5/1998	ALG	72.75	315	618.605
10	BACHA Aymen	10/26/1999	TUN	108.45	375	610.766
11	UMOAFIA Edidiong Joseph	09/24/2002	NGR	70.75	312	599.249
12	AKANO Desmond	09/30/1997	NGR	87.95	335	593.345
13	NGADIANYabeuvey Junior Preiclex	10/6/1993	CMR	101.55	351	587.255
14	MESSAOUDI Ameer	1/17/1996	ALG	80.90	315	545.715
15	SALEM Ayoub	09/18/2002	TUN	66.50	280	529.836
16	CHEKHCHOUKH Akram	7/10/2004	ALG	66.45	279	523.576
17	ONANA Tanga Daniel	11/26/2007	CMR	86.10	320	509.587
18	BOUHIJBHA Amine	02/28/1996	TUN	60.65	257	492.880
19	ABEUSSA Gerard Thibaut	10/18/1998	CMR	72.75	294	491.901
20	BEN AMOR Hamza	09/30/2004	TUN	80.15	305	490.256
21	ALIOUA Said	2/17/2004	MAR	88.70	316	488.732
22	BEN HADJ Mouhamed Aziz	01/14/2002	TUN	66.35	273	487.097
23	ELBAGOR salim	3/25/1998	ALG	91.95	332	472.715
24	BCHINI Slim	01/20/1999	TUN	79.60	300	464.062
25	MASOUD Mohammed Sameer	8/9/2004	LBA	66.55	266	446.829
26	JUBOO Khelwin	6/27/2002	MRI	101.80	320	431.944
27	NGOUANOM Jeremie Junior	07/21/2004	CMR	80.25	287	400.557
28	BURGER Ruben	3/3/1991	RSA	102.00	310	388.708
29	DRIDI Ayoub	07/27/2000	TUN	95.65	311	380.479
30	ALZINTANI Mohammed Alsharif	9/29/2006	LBA	73.15	279	364.652
31	GHRISSA Rayen	5/6/2006	TUN	86.50	288	359.100
32	NIYOYITA Davis	1/1/2004	UGA	54.65	215	353.607
33	SOUKOUDJOU Sinetang Roger Brest	7/10/2005	CMR	79.70	276	351.789
34	RHALOUI Abderrahmane	2/15/2003	MAR	66.75	245	340.014
35	PHILLIPS Jon Antohein	5/29/2000	RSA	72.75	258	318.737
36	MOULABBI Mohamed	10/29/2001	MAR	66.52	240	317.504
37	MASHEGO Vuyani	2/22/1992	RSA	85.40	274	304.314
38	BOUAMR Bilal	3/3/2004	MAR	123.30	340	293.006
39	WOUDJE Nzale Laur Lvain	06/14/1991	CMR	89.50	285	284.694
40	MAIK Lahamadi Ezzedine	02/17/2000	TUN	109.75	330	265.343



# African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships  
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14/05/2023 to 19/05/2023

## WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	AHMED Sara Samir Elsayed Mohamed	1/1/1998	EGY	80.05	268	834.509
2	LAWAL Rafiatu Folashade	12/11/1996	NGR	56.90	217	650.405
3	SAID Neema Said Fahmi	11/15/2002	EGY	70.75	229	600.493
4	OLOARINOYE Adijat Adenike	07/19/1999	NGR	57.00	211	592.559
5	EZE Joy Ogbonne	6/6/2004	NGR	70.20	227	583.247
6	HUSSEIN Samar Said Habashy Ahmed	9/20/1995	EGY	83.75	229	436.045
7	ABBAS Halima Abdelazim Sedky	5/5/1995	EGY	141.80	260	430.874
8	EYENGA Mbo'Ossi Jeanne Gaelle	24/01/1999	CMR	80.70	217	413.898
9	RHAMOUNI Chaima	03/25/2001	TUN	62.15	198	399.439
10	AHMED Fatma Mohamed Sadek	7/7/2003	EGY	81.75	222	393.318
11	GESMI Jawaher	5/9/1999	TUN	63.90	193	366.903
12	LENT Ketty	1/25/2001	MRI	68.45	197	364.213
13	AQUADI Eya	04/26/2005	TUN	54.15	165	346.556
14	JEFFERIES Laryne	10/8/1991	RSA	69.55	192	334.400
15	MALVINA Ruby	05/22/1984	SEY	62.45	187	330.361
16	SABIHI Rkia	8/22/2004	MAR	70.65	191	328.649
17	BEJAQUI Israa	2/3/2006	TUN	54.15	161	319.425
18	ECH Chachouiy Ech Chaibia	3/10/2006	MAR	58.40	167	272.482
19	FAJRESLAM Maha	7/4/2003	MAR	49.00	143	266.172
20	COLOMA JOELITE	04/15/2003	SEY	72.65	185	258.488
21	HIRECH Bouchra Fatima Zohra	8/22/2000	ALG	75.00	184	253.876
22	HAMROUI Nawres	07/21/2004	TUN	68.50	176	250.458
23	LAGHOUATI Fatima Zohra	2/27/1999	ALG	59.10	171	245.441
24	BELOUNIS Nihad	1/9/2003	ALG	71.100	174	241.128
25	SUNEE Marie Alison Leroy	7/20/1999	MRI	82.75	191	238.647
26	KHAFAOUI Nour	10/15/2004	TUN	48.50	138	236.491
27	DJIFACK Maatemkeng Rayssa	1/8/1998	CMR	75.95	180	236.000
28	MAGHRAOUI Zeineb	7/8/2005	TUN	75.95	179	231.673
29	OWUSU Sandra Mensimah	8/7/2002	GHA	59.00	157	221.949
30	NZIMO Laetitia Phalonne	10/14/2001	CMR	82.25	183	207.027
31	BOUCH Kerrin Leigh	10/29/1990	RSA	73.25	173	206.865
32	VAN Ryneveld Yolandi	2/9/1989	RSA	63.90	161	200.914
33	KATBI Nadia	6/26/2002	ALG	44.80	116	190.788
34	NTUMI Winnifred	28/09/2002	GHA	49.00	129	189.024
35	BURGER Chantelle	7/18/1982	RSA	61.25	156	180.924
36	Nakidde Lydia	4/15/1999	UGA	63.35	150	158.823
37	MOMENI Estelle Adele	11/15/1993	CMR	94.65	176	117.873
38	YAHIAMAMOUN Amina	11/28/2006	ALG	105.00	175	115.663
39	EBONG Ebongo Nelly	9/4/1989	CMR	57.55	126	106.884
40	AGBAH Hughes Marie Korkor	12/4/1991	GHA	125.90	158	82.369