



African Senior Weightlifting Championships
African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

RESULTS BOOK



Nation

SENIOR

Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

SENIOR MEN's MEDALLISTS

Nation

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	SNATCH	1	93	MAHMOUD SAJIR JBELI	2006	TUN
		2				
		3				
	C&Jerk	1	120	MAHMOUD SAJIR JBELI	2006	TUN
		2				
		3				
	TOTAL	1	213	MAHMOUD SAJIR JBELI	2006	TUN
		2				
		3				
61 kg	SNATCH	1	118	AZIZ BEL HAJ	2002	TUN
		2	115	MOHAMED AMINE BOUHAJBA	1996	TUN
		3	75	JELGIB ELION NDUNYAMA	1993	COD
	C&Jerk	1	140	MOHAMED AMINE BOUHAJBA	1996	TUN
		2	135	AZIZ BEL HAJ	2002	TUN
		3	90	JELGIB ELION NDUNYAMA	1993	COD
	TOTAL	1	255	MOHAMED AMINE BOUHAJBA	1996	TUN
		2	253	AZIZ BEL HAJ	2002	TUN
		3	165	JELGIB ELION NDUNYAMA	1993	COD
67 kg	SNATCH	1	123	AHMED NASAR	2000	EGY
		2	121	AYOUB SALEM	2002	TUN
		3	120	IHAB IBRAHIM	1996	EGY
	C&Jerk	1	155	AHMED NASAR	2000	EGY
		2	150	IHAB IBRAHIM	1996	EGY
		3	140	AYOUB SALEM	2002	TUN
	TOTAL	1	278	AHMED NASAR	2000	EGY
		2	270	IHAB IBRAHIM	1996	EGY
		3	261	AYOUB SALEM	2002	TUN
73 kg	SNATCH	1	150	AHMED MOHAMED	1996	EGY
		2	137	Ahsaan SHABI	1997	LBA
		3	120	GERARD THIBAUD EBEUSSA	1998	CMR
	C&Jerk	1	180	MOSTAFA IBRAHIEM	1996	EGY
		2	180	AHMED MOHAMED	1996	EGY
		3	171	Ahsaan SHABI	1997	LBA
	TOTAL	1	330	AHMED MOHAMED	1996	EGY
		2	308	Ahsaan SHABI	1997	LBA
		3	280	GERARD THIBAUD EBEUSSA	1998	CMR
81 kg	SNATCH	1	150	ESLAM MAADDAEY	1996	EGY
		2	136	HAMZA BEN AMOR	2004	TUN
		3	135	MOHAMED MOHAMED	2003	EGY
	C&Jerk	1	185	ESLAM MAADDAEY	1996	EGY
		2	173	MOHAMED MOHAMED	2003	EGY
		3	171	HAMZA BEN AMOR	2004	TUN
	TOTAL	1	335	ESLAM MAADDAEY	1996	EGY
		2	308	MOHAMED MOHAMED	2003	EGY
		3	307	HAMZA BEN AMOR	2004	TUN



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
89 kg	SNATCH	1	151	MAHMOUD ABDELAZIZ	2002	EGY
		2	138	Omar ALAJEEMI	1999	LBA
		3	136	DANIEL ONANA TANGA	2007	CMR
	C&Jerk	1	186	MAHMOUD ABDELAZIZ	2002	EGY
		2	176	Omar ALAJEEMI	1999	LBA
		3	160	DANIEL ONANA TANGA	2007	CMR
	TOTAL	1	337	MAHMOUD ABDELAZIZ	2002	EGY
		2	314	Omar ALAJEEMI	1999	LBA
		3	296	DANIEL ONANA TANGA	2007	CMR
96 kg	SNATCH	1	145	KARIM ABOKAHLA	1996	EGY
		2	140	AYOUB DRIDI	2000	TUN
		3	120	Cedric Coret	1991	MRI
	C&Jerk	1	195	KARIM ABOKAHLA	1996	EGY
		2	173	AYOUB DRIDI	2000	TUN
		3	150	Cedric Coret	1991	MRI
	TOTAL	1	340	KARIM ABOKAHLA	1996	EGY
		2	313	AYOUB DRIDI	2000	TUN
		3	270	Cedric Coret	1991	MRI
102 kg	SNATCH	1	165	MOHAMED ABDELALIM	1997	EGY
		2	164	Ahmed ABUZRIBA	2000	LBA
		3	156	JUNIOR PERICLEX NGADIANYABEYEU	1993	CMR
	C&Jerk	1	205	Ahmed ABUZRIBA	2000	LBA
		2	203	MOHAMED ABDELALIM	1997	EGY
		3	199	JUNIOR PERICLEX NGADIANYABEYEU	1993	CMR
	TOTAL	1	369	Ahmed ABUZRIBA	2000	LBA
		2	368	MOHAMED ABDELALIM	1997	EGY
		3	355	JUNIOR PERICLEX NGADIANYABEYEU	1993	CMR
109 kg	SNATCH	1	129	Khelwin Juboo	2002	MRI
		2	128	Nii Nortey Solomon Ocquaye	1993	GHA
		3				
	C&Jerk	1	160	Khelwin Juboo	2002	MRI
		2	152	Nii Nortey Solomon Ocquaye	1993	GHA
		3				
	TOTAL	1	289	Khelwin Juboo	2002	MRI
		2	280	Nii Nortey Solomon Ocquaye	1993	GHA
		3				



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
49 kg	SNATCH	1	71	HABIBA ABDELAFATTAH	2007	EGY
		2				
		3				
	C&Jerk	1	80	HABIBA ABDELAFATTAH	2007	EGY
		2				
		3				
	TOTAL	1	151	HABIBA ABDELAFATTAH	2007	EGY
		2				
		3				
55 kg	SNATCH	1	80	NOURA MOHAMED	2005	EGY
		2	68	SOUHIR KHEMIRI	2005	TUN
		3	25	NAWAL UWASE	1998	RWA
	C&Jerk	1	94	NOURA MOHAMED	2005	EGY
		2	93	SOUHIR KHEMIRI	2005	TUN
		3	40	NAWAL UWASE	1998	RWA
	TOTAL	1	174	NOURA MOHAMED	2005	EGY
		2	161	SOUHIR KHEMIRI	2005	TUN
		3	65	NAWAL UWASE	1998	RWA
59 kg	SNATCH	1	89	NOUHA AL ANDOISL	1998	TUN
		2	86	GHO FARN BEL KHIR	2001	TUN
		3	83	BASMA IBRAHIEM	1995	EGY
	C&Jerk	1	113	GHO FARN BEL KHIR	2001	TUN
		2	108	BASMA IBRAHIEM	1995	EGY
		3	107	NOUHA AL ANDOISL	1998	TUN
	TOTAL	1	199	GHO FARN BEL KHIR	2001	TUN
		2	196	NOUHA AL ANDOISL	1998	TUN
		3	191	BASMA IBRAHIEM	1995	EGY
64 kg	SNATCH	1	86	CHIMA RAHMOUNI	2001	TUN
		2				
		3				
	C&Jerk	1	110	CHIMA RAHMOUNI	2001	TUN
		2				
		3				
	TOTAL	1	196	CHIMA RAHMOUNI	2001	TUN
		2				
		3				
71 kg	SNATCH	1	104	NEAMA SAID	2002	EGY
		2	85	Ketty Lent	2001	MRI
		3	84	Laryne Jefferies	1991	RSA
	C&Jerk	1	123	NEAMA SAID	2002	EGY
		2	111	Ketty Lent	2001	MRI
		3	104	Laryne Jefferies	1991	RSA
	TOTAL	1	227	NEAMA SAID	2002	EGY
		2	196	Ketty Lent	2001	MRI
		3	188	Laryne Jefferies	1991	RSA



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
76 kg	SNATCH	1	90	ROUFIDA ABDELTAWWAB	2003	EGY
		2	80	JOELITA COLOMA	2003	SEY
		3				
	C&Jerk	1	120	ROUFIDA ABDELTAWWAB	2003	EGY
		2	100	JOELITA COLOMA	2003	SEY
		3				
	TOTAL	1	210	ROUFIDA ABDELTAWWAB	2003	EGY
		2	180	JOELITA COLOMA	2003	SEY
		3				
81 kg	SNATCH	1	116	SARA AHMED	1998	EGY
		2	98	FATMA AHMED	2003	EGY
		3	97	JEANNE GAELLE EYENGA MBO OSSI	1999	CMR
	C&Jerk	1	145	SARA AHMED	1998	EGY
		2	124	FATMA AHMED	2003	EGY
		3	123	JEANNE GAELLE EYENGA MBO OSSI	1999	CMR
	TOTAL	1	261	SARA AHMED	1998	EGY
		2	222	FATMA AHMED	2003	EGY
		3	220	JEANNE GAELLE EYENGA MBO OSSI	1999	CMR
87 kg	SNATCH	1	105	SAMAR HUSSIN	1995	EGY
		2	80	PHALONE LEICIA NZIMO	2001	CMR
		3	78	Marie Alison Sunee	1999	MRI
	C&Jerk	1	130	SAMAR HUSSIN	1995	EGY
		2	105	PHALONE LEICIA NZIMO	2001	CMR
		3	104	Marie Alison Sunee	1999	MRI
	TOTAL	1	235	SAMAR HUSSIN	1995	EGY
		2	185	PHALONE LEICIA NZIMO	2001	CMR
		3	182	Marie Alison Sunee	1999	MRI
+87 kg	SNATCH	1	124	HALIMA ABBAS	1995	EGY
		2	90	SHAIMAA HARIDY	1991	EGY
		3	87	ROMANTHA LARUE	1998	SEY
	C&Jerk	1	145	HALIMA ABBAS	1995	EGY
		2	112	SHAIMAA HARIDY	1991	EGY
		3	111	ROMANTHA LARUE	1998	SEY
	TOTAL	1	269	HALIMA ABBAS	1995	EGY
		2	202	SHAIMAA HARIDY	1991	EGY
		3	198	ROMANTHA LARUE	1998	SEY



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SENIOR SUMMARY TEAM CLASSIFICATION

Nation

No.	Team	MEN	WOMEN	SUMMARY
1	EGY : EGYPT	669/9	809/10	1478/19
2	TUN : TUNISIA	460/6	316/4	776/10
3	MRI : MAURITIUS	351/5	144/2	495/7
4	CMR : CAMEROON	206/3	144/2	350/5
5	LBA : LIBYA	229/3	0/0	229/3
6	SEY : SEYCHELLES	0/0	210/3	210/3
7	GHA : GHANA	75/1	66/1	141/2
8	COD : DR CONGO	134/2	0/0	134/2
9	SUD : SUDAN	129/2	0/0	129/2
10	RWA : RWANDA	0/0	90/2	90/2
11	ZAM : ZAMBIA	82/2	0/0	82/2
12	RSA : SOUTH AFRICA	0/0	69/1	69/1



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SENIOR MEN'S TEAM CLASSIFICATION
Nation

No.	Team	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	TOTAL
1	EGY : EGYPT	-	-	157/2	109/2	157/2	84/1	84/1	78/1	-	669/9
2	TUN : TUNISIA	84/1	159/2	71/1	-	71/1	-	75/1	-	-	460/6
3	MRI : MAURITIUS	-	-	-	-	66/1	66/1	69/1	66/1	84/1	351/5
4	LBA : LIBYA	-	-	-	73/1	-	75/1	-	81/1	-	229/3
5	CMR : CAMEROON	-	-	-	68/1	-	69/1	-	69/1	-	206/3
6	COD : DR CONGO	-	69/1	-	65/1	-	-	-	-	-	134/2
7	SUD : SUDAN	-	-	-	-	63/1	-	66/1	-	-	129/2
8	ZAM : ZAMBIA	-	-	-	62/1	20/1	-	-	-	-	82/2
9	GHA : GHANA	-	-	-	-	-	-	-	-	75/1	75/1



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Nation

No.	Team	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	EGY : EGYPT	84/1	84/1	71/1	-	84/1	84/1	159/2	84/1	159/2	809/10
2	TUN : TUNISIA	-	75/1	157/2	84/1	-	-	-	-	-	316/4
3	SEY : SEYCHELLES	-	-	66/1	-	-	75/1	-	-	69/1	210/3
4	MRI : MAURITIUS	-	-	-	-	75/1	-	-	69/1	-	144/2
5	CMR : CAMEROON	-	-	-	-	-	-	69/1	75/1	-	144/2
6	RWA : RWANDA	-	69/1	21/1	-	-	-	-	-	-	90/2
7	RSA : SOUTH AFRICA	-	-	-	-	69/1	-	-	-	-	69/1
8	GHA : GHANA	-	-	-	-	-	-	-	-	66/1	66/1



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SENIOR SUMMARY MEDALS Nation

No.	Team	1	2	3	4	5	6
1	EGY : EGYPT	37	14	4			
2	TUN : TUNISIA	12	13	5			
3	MRI : MAURITIUS	3	3	6	9		
4	LBA : LIBYA	2	6	1			
5	CMR : CAMEROON		3	11	1		
6	SEY : SEYCHELLES		3	3	3		
7	GHA : GHANA		3		3		
8	COD : DR CONGO			3	2	1	
9	RWA : RWANDA			3		1	
10	RSA : SOUTH AFRICA			3			
11	SUD : SUDAN				3	3	
12	ZAM : ZAMBIA					2	2



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SENIOR MEN 's MEDALS Nation

No.	Team	1	2	3	4	5	6
1	EGY : EGYPT	16	7	2			
2	TUN : TUNISIA	6	8	4			
3	MRI : MAURITIUS	3		3	9		
4	LBA : LIBYA	2	6	1			
5	GHA : GHANA		3				
6	CMR : CAMEROON			8	1		
7	COD : DR CONGO			3	2	1	
8	SUD : SUDAN				3	3	
9	ZAM : ZAMBIA					2	2



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SENIOR WOMEN 's MEDALS Nation

No.	Team	1	2	3	4	5
1	EGY : EGYPT	21	7	2		
2	TUN : TUNISIA	6	5	1		
3	SEY : SEYCHELLES		3	3	3	
4	CMR : CAMEROON		3	3		
5	MRI : MAURITIUS		3	3		
6	RWA : RWANDA			3		1
7	RSA : SOUTH AFRICA			3		
8	GHA : GHANA				3	



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26/10/2022 to 01/11/2022

Nation RESULT SENIOR MEN 55 kg

Competition : 29.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	34	[A] MAHMOUD SAJIR JBELI	210	TUN	2006	54.80	88	93	99	93	1	113	120	120	120	1	213	1



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26/10/2022 to 01/11/2022

Nation RESULT SENIOR MEN 61 kg

Competition : 29.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	43	[A] MOHAMED AMINE BOUHJBA	270	TUN	1996	60.75	115	119	119	115	2	140	148	152	140	1	255	1
2	27	[A] AZIZ BEL HAJ	260	TUN	2002	61.00	114	114	118	118	1	135	142	142	135	2	253	2
3	68	[A] JELGIB ELION NDUNYAMA	185	COD	1993	56.88	75	75	78	75	3	90	90	92	90	3	165	3



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26/10/2022 to 01/11/2022

Nation RESULT SENIOR MEN 67 kg

Competition : 29.10.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	66	[A] AHMED NASAR	285	EGY	2000	66.60	122	123	124	123	1	150	155	160	155	1	278	1
2	49	[A] IHAB IBRAHIM	285	EGY	1996	66.85	120	124	124	120	3	150	150	150	150	2	270	2
3	13	[A] AYOUB SALEM	270	TUN	2002	66.35	116	120	121	121	2	140	147	148	140	3	261	3



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Nation RESULT SENIOR MEN 73 kg

Competition : 29.10.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	63	[A] AHMED MOHAMED	315	EGY	1996	72.90	140	145	150	150	1	170	175	180	180	2	330	1
2	3	[A] Ahsaan SHABI	290	LBA	1997	72.50	125	137	137	137	2	163	171	176	171	3	308	2
3	38	[A] GERARD THIBAUD EBEUSSA	260	CMR	1998	72.85	115	120	123	120	3	145	160	172	160	4	280	3
4	70	[A] JONATHAN MBULA LIONGE	210	COD	1996	68.75	93	97	97	93	4	104	105	110	105	5	198	4
5	1	[A] DAISON PHIRI	203	ZAM	1998	68.60	83	84	90	90	5	100	117	117	100	6	190	5
	69	[A] MOSTAFA IBRAHIEM	320	EGY	1996	72.90	137	137	137	--		168	173	180	180	1	--	



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Nation RESULT SENIOR MEN 81 kg

Competition : 30.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	11	[A] ESLAM MAADDAEY	325	EGY	1996	80.15	135	141	150	150	1	175	175	185	185	1	335	1
2	45	[A] MOHAMED MOHAMED	290	EGY	2003	73.60	130	135	140	135	3	160	170	173	173	2	308	2
3	72	[A] HAMZA BEN AMOR	300	TUN	2004	80.60	128	133	136	136	2	161	168	171	171	3	307	3
4	61	[A] Dinesh Pandoo	250	MRI	2001	73.30	110	115	115	110	4	145	150	155	155	4	265	4
5	15	[A] ADAM NASRELDIEN	170	SUD	2002	80.40	80	85	88	85	5	100	105	109	109	5	194	5
	12	[A] CHILUNPA CHISALA	170	ZAM	1990	79.95	65	67	72	67	6	90	90	90	--		--	



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Nation RESULT SENIOR MEN 89 kg

Competition : 30.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	19	[A] MAHMOUD ABDELAZIZ	320	EGY	2002	88.75	143	151	160	151	1	175	186	186	186	1	337	1
2	59	[A] Omar ALAJEEMI	310	LBA	1999	87.95	138	138	138	138	2	170	176	185	176	2	314	2
3	5	[A] DANIEL ONANA TANGA	300	CMR	2007	85.85	132	136	140	136	3	160	172	177	160	3	296	3
4	51	[A] Dorian Madanamoothoo	250	MRI	2001	83.90	110	117	117	110	4	140	145	150	145	4	255	4



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Nation RESULT SENIOR MEN 96 kg

Competition : 30.10.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	62	[A] KARIM ABOKAHLA	360	EGY	1996	92.45	145	--	--	145	1	195	--	--	195	1	340	1
2	21	[A] AYOUB DRIDI	320	TUN	2000	95.55	135	140	145	140	2	165	173	180	173	2	313	2
3	31	[A] Cedric Coet	290	MRI	1991	91.30	120	120	--	120	3	150	--	--	150	3	270	3
4	44	[A] SALAH NABEEL	190	SUD	1999	93.60	95	100	105	100	4	118	120	120	120	4	220	4



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Nation RESULT SENIOR MEN 102 kg

Competition : 31.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	56	[A] Ahmed ABUZRIBA	330	LBA	2000	101.35	158	164	170	164	2	192	198	205	205	1	369	1
2	9	[A] MOHAMED ABDELALIM	360	EGY	1997	97.15	158	165	170	165	1	195	203	206	203	2	368	2
3	14	[A] JUNIOR PERICLEX NGADIANYABEYEU	340	CMR	1993	101.95	156	156	160	156	3	193	199	202	199	3	355	3
4	29	[A] Jack Anthony Madanamoothoo	290	MRI	1999	101.00	132	142	142	132	4	165	175	176	165	4	297	4



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR MEN 109 kg

Competition : 31.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	7	[A] Khelwin Juboo	290	MRI	2002	103.25	129	135	137	129	1	160	175	175	160	1	289	1
2	57	[A] Nii Nortey Solomon Ocuaye	280	GHA	1993	105.55	120	124	128	128	2	141	147	152	152	2	280	2



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 49 kg

Competition : 28.10.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	8	[A] HABIBA ABDELAFATTAH	137	EGY	2007	49	63	68	71	71	1	75	80	85	80	1	151	1



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 55 kg

Competition : 28.10.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	39	[A] NOURA MOHAMED	171	EGY	2005	49.95	73	77	80	80	1	90	94	97	94	1	174	1
2	46	[A] SOUHIR KHEMIRI	160	TUN	2005	53.40	60	65	68	68	2	83	88	93	93	2	161	2
3	52	[A] NAWAL UWASE	70	RWA	1998	54.40	22	22	25	25	3	30	35	40	40	3	65	3



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 59 kg

Competition : 29.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	4	[A] GHOFARN BEL KHIR	200	TUN	2001	58.20	86	90	90	86	2	109	113	--	113	1	199	1
2	22	[A] NOUHA AL ANDOISL	200	TUN	1998	58.60	85	89	92	89	1	107	112	114	107	3	196	2
3	64	[A] BASMA IBRAHIEM	201	EGY	1995	58.95	83	86	86	83	3	108	108	112	108	2	191	3
4	41	[A] RUBY MALVINA	160	SEY	2004	59.00	75	81	81	75	4	100	100	105	105	4	180	4
	55	[A] SANDRINE TWAGIRAMARIYA	70	RWA	1991	55.70	22	25	30	25	5	32	34	34	--		--	



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 64 kg

Competition : 29.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	47	[A] CHIMA RAHMOUNI	200	TUN	2001	62.60	81	86	90	86	1	100	110	115	110	1	196	1



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 71 kg

Competition : 29.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	40	[A] NEAMA SAID	226	EGY	2002	69.50	98	104	108	104	1	123	123	130	123	1	227	1
2	24	[A] Ketty Lent	180	MRI	2001	68.85	85	85	85	85	2	103	106	111	111	2	196	2
3	10	[A] Laryne Jefferies	180	RSA	1991	69.60	80	83	84	84	3	100	104	109	104	3	188	3



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 76 kg

Competition : 30.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	50	[A] ROUFIDA ABDELTAWWAB	209	EGY	2003	72.95	82	87	90	90	1	105	115	120	120	1	210	1
2	36	[A] JOELITA COLOMA	160	SEY	2003	75.20	75	80	80	80	2	95	95	100	100	2	180	2



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 81 kg

Competition : 30.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	53	[A] SARA AHMED	257	EGY	1998	77.55	110	116	--	116	1	140	145	--	145	1	261	1
2	60	[A] FATMA AHMED	220	EGY	2003	79.95	93	98	101	98	2	115	122	124	124	2	222	2
3	20	[A] JEANNE GAELLE EYENGA MBO OSSI	200	CMR	1999	81.15	87	92	97	97	3	112	117	123	123	3	220	3

BREAK RECORDS

SENIOR SENIOR AFECAN RECORD WOMEN 81 kg SNATCH : AFRICAN STANDERD [] 115 ---> SARA AHMED [EGY] 116

SENIOR SENIOR AFECAN RECORD WOMEN 81 kg CLEAN&JERK : AFRICAN STANDERD [] 142 ---> SARA AHMED [EGY] 145

SENIOR SENIOR AFECAN RECORD WOMEN 81 kg TOTAL : AFRICAN STANDERD [] 253 ---> SARA AHMED [EGY] 261



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN 87 kg

Competition : 31.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	37	[A] SAMAR HUSSIN	236	EGY	1995	83.60	100	105	109	105	1	125	130	130	130	1	235	1
2	67	[A] PHALONE LEICIA NZIMO	180	CMR	2001	83.85	75	80	87	80	2	95	102	105	105	2	185	2
3	35	[A] Marie Alison Sunee	180	MRI	1999	84.05	73	73	78	78	3	90	99	104	104	3	182	3



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

Nation RESULT SENIOR WOMEN +87 kg

Competition : 31.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	23	[A] HALIMA ABBAS	260	EGY	1995	144.40	115	122	124	124	1	145	145	152	145	1	269	1
2	25	[A] SHAIMAA HARIDY	200	EGY	1991	128.80	90	--	--	90	2	112	--	--	112	2	202	2
3	58	[A] ROMANTHA LARUE	170	SEY	1998	88.05	80	80	87	87	3	105	105	111	111	3	198	3
4	33	[A] Marie Korkor Agbah Hughes	160	GHA	1991	122.30	63	67	67	67	4	90	94	94	90	4	157	4

BREAK RECORDS

SENIOR SENIOR AFECAN RECORD WOMEN +87 kg SNATCH : HALIMA ABBAS [EGY] 121 ----> HALIMA ABBAS [EGY] 124



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 28.10.2022 17:00

WOMEN 49 kg A, 55 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL					
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank				
49 kg A																						
1	8	HABIBA ABDELAFATTAH	Nat		137	EGY	2007	49	63	68	71	71			75	80	85	80			151	
55 kg A																						
2	39	NOURA MOHAMED	Nat		171	EGY	2005	49.95	73	77	80	80			90	94	97	94			174	
3	46	SOUHIR KHEMIRI	Nat		160	TUN	2005	53.40	60	65	68	68			83	88	93	93			161	
4	52	NAWAL UWASE	Nat, Club		70	RWA	1998	54.40	22	22	25	25			30	35	40	40			65	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

1. HORST SAYLER [SWZ]
2. MAHMOUD MAHGOUB [EGY]
3. KEVIN DU PLOOY [RSA]

Referee

Center - GEORGES HIPPOLYTE
DJEUDJI [CAM]
Left - AHMED ABDELHALIM [EGY]
Right - YAHY AMIN [LBA]
Reserve - MOHAMED HAMD I [EGY]

Chief Marshal

1. OSAMA GHANNAW [LBA]
2. MHAMOU D FULLA [EGY]

Time Keeper

1. AHMED HASSANIN [EGY]
2. EID TANTAWY [EGY]

Technical Controller

1. ADEL RIAHI [TUN]
2. MOHAMED ATTIAA [EGY]

Secretary

1. HOSSAMELDIN MADBOLY [EGY]
2. ADEL EL SAYED [EGY]



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 29.10.2022 11:00

MEN 55 kg A, 61 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
55 kg A																		
1	34	MAHMOUD SAJIR JBELI	Nat	TUN	2006	54.80	88	93	99	93		113	120	120	120		213	
61 kg A																		
2	27	AZIZ BEL HAJ	Nat	TUN	2002	61.00	114	114	118	118		135	142	142	135		253	
3	43	MOHAMED AMINE BOUHAJBA	Nat	TUN	1996	60.75	115	119	119	115		140	148	152	140		255	
4	68	JELGIB ELION NDUNYAMA	Nat, Club	COD	1993	56.88	75	75	78	75		90	90	92	90		165	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

- HORST SAYLER [SWZ]
- MAHMOUD MAHGOUB [EGY]
- KEVIN DU PLOOY [RSA]

Referee

- Center - DANIEL YAKOM NSEGNA [CAM]
 Left - ALI ABURWAIS [LBA]
 Right - MOHAMED ISMAIL [EGY]
 Reserve - PULENG [RSA]

Chief Marshal

- OSAMA GHANNAW [LBA]
- MHAMOUD FULLA [EGY]

Time Keeper

- AHMED HASSANIN [EGY]
- EID TANTAWY [EGY]

Technical Controller

- ADEL RIAHI [TUN]
- MOHAMED ATTIAA [EGY]

Secretary

- HOSSAMELDIN MADBOLY [EGY]
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African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 29.10.2022 14:00

WOMEN 59 kg A, 64 kg A, 71 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
59 kg A																		
1	4	GHO FARN BEL KHIR	Nat	TUN	2001	58.20	86	90	90	86		109	113	--	113		199	
2	22	NOUHA AL ANDOISL	Nat	TUN	1998	58.60	85	89	92	89		107	112	114	107		196	
3	41	RUBY MALVINA	Nat, Club	SEY	2004	59.00	75	81	81	75		100	100	105	105		180	
4	55	SANDRINE TWAGIRAMARIYA	Nat, Club	RWA	1991	55.70	22	25	30	25		32	34	34	--		--	
5	64	BASMA IBRAHIEM	Nat	EGY	1995	58.95	83	86	86	83		108	108	112	108		191	
64 kg A																		
6	47	CHIMA RAHMOUNI	Nat	TUN	2001	62.60	81	86	90	86		100	110	115	110		196	
71 kg A																		
7	10	Laryne Jefferies	Nat, Club	RSA	1991	69.60	80	83	84	84		100	104	109	104		188	
8	24	Ketty Lent	Nat, Club	MRI	2001	68.85	85	85	85	85		103	106	111	111		196	
9	40	NEAMA SAID	Nat	EGY	2002	69.50	98	104	108	104		123	128	130	123		227	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

- HORST SAYLER [SWZ]
- MAHMOUD MAHGOUB [EGY]
- KEVIN DU PLOOY [RSA]

Referee

- Center - MOHAMED HAMDY [EGY]
 Left - GEORGES HIPPOLYTE DJEUDJI [CAM]
 Right - AHMED ABDELHALIM [EGY]
 Reserve - YAHY AMIN [LBA]

Chief Marshal

- OSAMA GHANNAW [LBA]
- MHAMOUD FULLA [EGY]

Time Keeper

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- EID TANTAWY [EGY]

Technical Controller

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- MOHAMED ATTIAA [EGY]

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African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 29.10.2022 17:00

MEN 67 kg A, 73 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
67 kg A																		
1	13	AYOUB SALEM	Nat	TUN	2002	66.35	116	120	121	121		140	147	148	140		261	
2	49	IHAB IBRAHIM	Nat	EGY	1996	66.85	120	124	124	120		150	150	150	150		270	
3	66	AHMED NASAR	Nat	EGY	2000	66.60	122	123	124	123		150	155	160	155		278	
73 kg A																		
4	1	DAISON PHIRI	Nat, Club	ZAM	1998	68.60	83	84	90	90		100	117	117	100		190	
5	3	Ahsaan SHABI	Nat, Club	LBA	1997	72.50	125	137	137	137		163	171	176	171		308	
6	38	GERARD THIBAUD EBEUSSA	Nat, Club	CMR	1998	72.85	115	120	123	120		145	160	172	160		280	
7	63	AHMED MOHAMED	Nat, Club	EGY	1996	72.90	140	145	150	150		170	175	180	180		330	
8	69	MOSTAFA IBRAHIEM	Nat, Club	EGY	1996	72.90	137	137	137	--		168	173	180	180		--	
9	70	JONATHAN MBULA LIONGE	Nat, Club	COD	1996	68.75	93	97	97	93		104	105	110	105		198	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

1. WAFSA MOUSA [EGY]
2. GARDENCIA DU PLOOY [RSA]
3. MOULDI MASTOURI [TUN]

Referee

- Center - PULENG [RSA]
 Left - DANIEL YAKOM NSEGNA [CAM]
 Right - ALI ABURWAIS [LBA]
 Reserve - MOHAMED ISMAIL [EGY]

Chief Marshal

1. MOSTAFA MOHAMED [EGY]
2. MAHMOUD BAKRY [EGY]

Time Keeper

1. EMAD GOUDA [EGY]
2. ATIF ADLY [EGY]

Technical Controller

1. PIERRE DIXIE [SEY]
2. RAMADAN MAHMOUD [EGY]

Secretary

1. SONDOS ABDELELAA [EGY]
2. SAYED ABDELATI [EGY]



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 30.10.2022 11:00

MEN 81 kg A, 89 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
81 kg A																		
1	11	ESLAM MAADDAEY	Nat	EGY	1996	80.15	135	141	150	150		175	175	185	185		335	
2	12	CHILUNPA CHISALA	Nat, Club	ZAM	1990	79.95	65	67	72	67		90	90	90	--		--	
3	15	ADAM NASRELDIEN	Nat, Club	SUD	2002	80.40	80	85	88	85		100	105	109	109		194	
4	16	YOUSEF SHAKIR	Club	LBA	2004	73.05	80	90	95	90		100	110	115	110		200	
5	45	MOHAMED MOHAMED	Nat	EGY	2003	73.60	130	135	140	135		160	170	173	173		308	
6	61	Dinesh Pandoo	Nat, Club	MRI	2001	73.30	110	115	115	110		145	150	155	155		265	
7	72	HAMZA BEN AMOR	Nat	TUN	2004	80.60	128	133	136	136		161	168	171	171		307	
89 kg A																		
8	5	DANIEL ONANA TANGA	Nat, Club	CMR	2007	85.85	132	136	140	136		160	172	177	160		296	
9	19	MAHMOUD ABDELAZIZ	Nat	EGY	2002	88.75	143	151	160	151		175	186	186	186		337	
10	51	Dorian Madanamoothoo	Nat, Club	MRI	2001	83.90	110	117	117	110		140	145	150	145		255	
11	54	MOHAED MASIMIR	Club	LBA	2006	88.30	75	80	87	80		95	100	105	105		185	
12	59	Omar ALAJEEMI	Nat, Club	LBA	1999	87.95	138	138	138	138		170	176	185	176		314	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

- HORST SAYLER [SWZ]
- MAHMOUD MAHGOUB [EGY]
- KEVIN DU PLOOY [RSA]

Referee

Center - YAHY AMIN [LBA]
 Left - MOHAMED HAMDI [EGY]
 Right - GEORGES HIPPOLYTE DJEUDJI [CAM]
 Reserve - AHMED ABDELHALIM [EGY]

Chief Marshal

- MOSTAFA MOHAMED [EGY]
- MAHMOUD BAKRY [EGY]

Time Keeper

- EMAD GOUDA [EGY]
- ATIF ADLY [EGY]

Technical Controller

- PIERRE DIXIE [SEY]
- RAMADAN MAHMOUD [EGY]

Secretary

- SONDOS ABDELELAA [EGY]
- SAYED ABDELATI [EGY]



African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 30.10.2022 14:00

WOMEN 76 kg A, 81 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL		
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank	
76 kg A																			
1	36	JOELITA COLOMA	Nat, Club	160	SEY	2003	75.20	75	80	80	80		95	95	100	100		180	
2	50	ROUFIDA ABDELTAWWAB	Nat, Club	209	EGY	2003	72.95	82	87	90	90		105	115	120	120		210	
81 kg A																			
3	20	JEANNE GAELLE EYENGA MBO OSSI	Nat, Club	200	CMR	1999	81.15	87	92	97	97		112	117	123	123		220	
4	53	SARA AHMED	Nat	257	EGY	1998	77.55	110	116	--	116		140	145	--	145		261	
5	60	FATMA AHMED	Nat, Club	220	EGY	2003	79.95	93	98	101	98		115	122	124	124		222	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

1. HORST SAYLER [SWZ]
2. MAHMOUD MAHGOUB [EGY]
3. KEVIN DU PLOOY [RSA]

Referee

- Center - MOHAMED ISMAIL [EGY]
 Left - PULENG [RSA]
 Right - DANIEL YAKOM NSEGNA [CAM]
 Reserve - ALI ABURWAIS [LBA]

Chief Marshal

1. MOSTAFA MOHAMED [EGY]
2. MAHMOUD BAKRY [EGY]

Time Keeper

1. EMAD GOUDA [EGY]
2. ATIF ADLY [EGY]

Technical Controller

1. PIERRE DIXIE [SEY]
2. RAMADAN MAHMOUD [EGY]

Secretary

1. SONDOS ABDELELAA [EGY]
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African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt

26/10/2022 to 01/11/2022

START LIST / PROTOCOL

Competition : 30.10.2022 17:00

MEN 96 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL		
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank	
96 kg A																			
1	21	AYOUB DRIDI	Nat	320	TUN	2000	95.55	135	140	145	140		165	173	180	173		313	
2	28	ADLI SHENINA	Club	240	LBA	1992	94.90	106	115	121	115		130	140	151	140		255	
3	31	Cedric Coret	Nat, Club	290	MRI	1991	91.30	120	120	--	120		150	--	--	150		270	
4	44	SALAH NABEEL	Nat, Club	190	SUD	1999	93.60	95	100	105	100		118	120	120	120		220	
5	62	KARIM ABOKAHLA	Nat	360	EGY	1996	92.45	145	--	--	145		195	--	--	195		340	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

1. WAFAA MOUSA [EGY]
2. GARDENCIA DU PLOOY [RSA]
3. MOULDI MASTOURI [TUN]

Referee

- Center - AHMED ABDELHALIM [EGY]
 Left - YAHY AMIN [LBA]
 Right - MOHAMED HAMDY [EGY]
 Reserve - GEORGES HIPPOLYTE
 DJEUDJI [CAM]

Chief Marshal

1. OSAMA GHANNAW [LBA]
2. MHAMOUH FULLA [EGY]

Time Keeper

1. AHMED HASSANIN [EGY]
2. EID TANTAWY [EGY]

Technical Controller

1. ADEL RIAHI [TUN]
2. MOHAMED ATTIAA [EGY]

Secretary

1. HOSSAMELDIN MADBOLY [EGY]
2. ADEL EL SAYED [EGY]



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START LIST / PROTOCOL

Competition : 31.10.2022 11:00

WOMEN 87 kg A, +87 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL		
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank	
87 kg A																			
1	35	Marie Alison Sunee	Nat, Club	180	MRI	1999	84.05	73	73	78	78		90	99	104	104		182	
2	37	SAMAR HUSSIN	Nat, Club	236	EGY	1995	83.60	100	105	109	105		125	130	130	130		235	
3	67	PHALONE LEICIA NZIMO	Nat, Club	180	CMR	2001	83.85	75	80	87	80		95	102	105	105		185	
+87 kg A																			
4	23	HALIMA ABBAS	Nat, Club	260	EGY	1995	144.40	115	122	124	124		145	145	152	145		269	
5	25	SHAIMAA HARIDY	Nat	200	EGY	1991	128.80	90	--	--	90		112	--	--	112		202	
6	30	SALMA FARAG	Club	200	EGY	2002	95.65	85	88	93	93		110	113	--	113		206	
7	33	Marie Korkor Agbah Hughes	Nat	160	GHA	1991	122.30	63	67	67	67		90	94	94	90		157	
8	58	ROMANTHA LARUE	Nat, Club	170	SEY	1998	88.05	80	80	87	87		105	105	111	111		198	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

1. WAFEA MOUSA [EGY]
2. GARDENCIA DU PLOOY [RSA]
3. MOULDI MASTOURI [TUN]

Referee

Center - ALI ABURWAIS [LBA]
 Left - MOHAMED ISMAIL [EGY]
 Right - PULENG [RSA]
 Reserve - DANIEL YAKOM NSEGNA [CAM]

Chief Marshal

1. OSAMA GHANNAW [LBA]
2. MHAMOUH FULLA [EGY]

Time Keeper

1. AHMED HASSANIN [EGY]
2. EID TANTAWY [EGY]

Technical Controller

1. ADEL RIAHI [TUN]
2. MOHAMED ATTIAA [EGY]

Secretary

1. HOSSAMELDIN MADBOLY [EGY]
2. ADEL EL SAYED [EGY]



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START LIST / PROTOCOL

Competition : 31.10.2022 14:00

MEN 102 kg A, 109 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL		
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank	
102 kg A																			
1	2	GABER FRHAN	Club	360	EGY	1985	101.30	163	166	171	166		190	195	200	190		356	
2	9	MOHAMED ABDELALIM	Nat, Club	360	EGY	1997	97.15	158	165	170	165		195	203	206	203		368	
3	14	JUNIOR PERICLEX NGADIANYABEYEU	Nat, Club	340	CMR	1993	101.95	156	156	160	156		193	199	202	199		355	
4	29	Jack Anthony Madanamoothoo	Nat, Club	290	MRI	1999	101.00	132	142	142	132		165	175	176	165		297	
5	56	Ahmed ABUZRIBA	Nat, Club	330	LBA	2000	101.35	158	164	170	164		192	198	205	205		369	
109 kg A																			
6	7	Khelwin Juboo	Nat, Club	290	MRI	2002	103.25	129	135	137	129		160	175	175	160		289	
7	17	NASRULDEEN ALMALKI	Club	230	LBA	2004	106.65	100	110	117	110		125	135	140	140		250	
8	57	Nii Nortey Solomon Ocquaye	Nat	280	GHA	1993	105.55	120	124	128	128		141	147	152	152		280	

Remark:

Nat = Nation [Senior]

Club = Clubs [Senior]

Jury

1. HORST SAYLER [SWZ]
2. MAHMOUD MAHGOUB [EGY]
3. KEVIN DU PLOOY [RSA]

Referee

- Center - GEORGES HIPPOLYTE
DJEUDJI [CAM]
Left - AHMED ABDELHALIM [EGY]
Right - YAHY AMIN [LBA]
Reserve - MOHAMED HAMD I [EGY]

Chief Marshal

1. MOSTAFA MOHAMED [EGY]
2. MAHMOUD BAKRY [EGY]

Time Keeper

1. EMAD GOUDA [EGY]
2. ATIF ADLY [EGY]

Technical Controller

1. PIERRE DIXIE [SEY]
2. RAMADAN MAHMOUD [EGY]

Secretary

1. SONDOS ABDELELAA [EGY]
2. SAYED ABDELATI [EGY]



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GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

HORST SAYLER [SWZ] *President of Jury
MAHMOUD MAHGOUB [EGY]
KEVIN DU PLOOY [RSA]

JURY Member Group 2 :

WAFAA MOUSA [EGY] *President of Jury
GARDENCIA DU PLOOY [RSA]
MOULDI MASTOURI [TUN]

REFEREE Member Group 1 :

GEORGES HIPPOLYTE DJEUDJI [CAM]
AHMED ABDELHALIM [EGY]
YAHY AMIN [LBA]
MOHAMED HAMDY [EGY]

REFEREE Member Group 2 :

DANIEL YAKOM NSEGNA [CAM]
ALI ABURWAIS [LBA]
MOHAMED ISMAIL [EGY]
PULENG [RSA]



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GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

OSAMA GHANNAW [LBA]
MHAMOUD FULLA [EGY]

CHIEF MARSHAL Member Group 2 :

MOSTAFA MOHAMED [EGY]
MAHMOUD BAKRY [EGY]

TIMEKEEPER Member Group 1 :

AHMED HASSANIN [EGY]
EID TANTAWY [EGY]

TIMEKEEPER Member Group 2 :

EMAD GOUDA [EGY]
ATIF ADLY [EGY]

TECHNICAL CONTROLLER Member Group 1 :

ADEL RIAHI [TUN]
MOHAMED ATTIAA [EGY]

TECHNICAL CONTROLLER Member Group 2 :

PIERRE DIXIE [SEY]
RAMADAN MAHMOUD [EGY]

SECRETARY Member Group 1 :

HOSSAMELDIN MADBOLY [EGY]
ADEL EL SAYED [EGY]

SECRETARY Member Group 2 :

SONDOS ABDELELAA [EGY]
SAYED ABDELATI [EGY]



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NEW RECORDS Nation

RECORDS	CATRGORY	NEW RECORDS	NAME	TEAM	BORN	DATE
SENIOR AFECAN RECORD - SENIOR	WOMEN 81 kg	SNATCH 115 ---> 116	SARA AHMED	EGY	1998	30.10.2022
SENIOR AFECAN RECORD - SENIOR	WOMEN 81 kg	CLEAN&JERK 142 ---> 145	SARA AHMED	EGY	1998	30.10.2022
SENIOR AFECAN RECORD - SENIOR	WOMEN 81 kg	TOTAL 253 ---> 261	SARA AHMED	EGY	1998	30.10.2022
SENIOR AFECAN RECORD - SENIOR	WOMEN +87 kg	SNATCH 121 ---> 124	HALIMA ABBAS	EGY	1995	31.10.2022



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MEN 's ROBI TOTAL POINT Nation

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	AHMED MOHAMED	1996	EGY	72.90	330	735.320
2	Ahmed ABUZRIBA	2000	LBA	101.35	369	693.388
3	ESLAM MAADDAEY	1996	EGY	80.15	335	687.497
4	MOHAMED ABDELALIM	1997	EGY	97.15	368	687.166
5	MAHMOUD ABDELAZIZ	2002	EGY	88.75	337	631.561
6	JUNIOR PERICLEX NGADIANYABEYEU	1993	CMR	101.95	355	609.782
7	Ahsaan SHABI	1997	LBA	72.50	308	584.710
8	MOHAMED MOHAMED	2003	EGY	73.60	308	520.044
9	AHMED NASAR	2000	EGY	66.60	278	517.368
10	HAMZA BEN AMOR	2004	TUN	80.60	307	514.456
11	KARIM ABOKAHLA	1996	EGY	92.45	340	511.624
12	Omar ALAJEEMI	1999	LBA	87.95	314	499.380
13	MOHAMED AMINE BOUHAJBA	1996	TUN	60.75	255	485.305
14	AZIZ BEL HAJ	2002	TUN	61.00	253	472.775
15	IHAB IBRAHIM	1996	EGY	66.85	270	469.542
16	GERARD THIBAUD EBEUSSA	1998	CMR	72.85	280	426.027
17	AYOUB SALEM	2002	TUN	66.35	261	419.531
18	DANIEL ONANA TANGA	2007	CMR	85.85	296	410.453
19	AYOUB DRIDI	2000	TUN	95.55	313	388.668
20	MAHMOUD SAJIR JBELI	2006	TUN	54.80	213	346.699
21	Jack Anthony Madanamoothoo	1999	MRI	101.00	297	337.146
22	Dinesh Pandoo	2001	MRI	73.30	265	315.574
23	Khelwin Juboo	2002	MRI	103.25	289	257.072
24	Dorian Madanamoothoo	2001	MRI	83.90	255	250.129
25	Cedric Coret	1991	MRI	91.30	270	237.890
26	Nii Nortey Solomon Ocquaye	1993	GHA	105.55	280	231.426
27	JONATHAN MBULA LIONGE	1996	COD	68.75	198	134.744
28	SALAH NABEEL	1999	SUD	93.60	220	120.481
29	DAISON PHIRI	1998	ZAM	68.60	190	117.492
30	JELGIB ELION NDUNYAMA	1993	COD	56.88	165	114.283
31	ADAM NASRELDIEN	2002	SUD	80.40	194	111.987
32	CHILUNPA CHISALA	1990	ZAM	79.95	--	
33	MOSTAFA IBRAHIEM	1996	EGY	72.90	--	



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WOMEN 's ROBI TOTAL POINT
Nation

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	SARA AHMED	1998	EGY	77.55	261	764.272
2	NEAMA SAID	2002	EGY	69.50	227	583.247
3	GHOFA RN BEL KHIR	2001	TUN	58.20	199	515.006
4	HALIMA ABBAS	1995	EGY	144.40	269	502.082
5	NOUHA AL ANDOISL	1998	TUN	58.60	196	489.663
6	SAMAR HUSSIN	1995	EGY	83.60	235	475.165
7	BASMA IBRAHIEM	1995	EGY	58.95	191	449.383
8	FATMA AHMED	2003	EGY	79.95	222	446.434
9	JEANNE GAELLE EYENGA MBO OSSI	1999	CMR	81.15	220	433.213
10	ROUFIDA ABDELTAWWAB	2003	EGY	72.95	210	413.251
11	CHIMA RAHMOUNI	2001	TUN	62.60	196	406.523
12	NOURA MOHAMED	2005	EGY	49.95	174	384.559
13	RUBY MALVINA	2004	SEY	59.00	180	369.012
14	Ketty Lent	2001	MRI	68.85	196	358.108
15	HABIBA ABDELAFATTAH	2007	EGY	49	151	334.318
16	Laryne Jefferies	1991	RSA	69.60	188	311.812
17	SOUHIR KHEMIRI	2005	TUN	53.40	161	297.123
18	JOELITA COLOMA	2003	SEY	75.20	180	247.640
19	PHALONE LEICIA NZIMO	2001	CMR	83.85	185	214.639
20	Marie Alison Sunee	1999	MRI	84.05	182	203.293
21	SHAIMAA HARIDY	1991	EGY	128.80	202	193.876
22	ROMANTHA LARUE	1998	SEY	88.05	198	181.413
23	Marie Korkor Agbah Hughes	1991	GHA	122.30	157	83.933
24	NAWAL UWASE	1998	RWA	54.40	65	14.601
25	SANDRINE TWAGIRAMARIYA	1991	RWA	55.70	--	