



# African Senior Weightlifting Championships

African Senior 32 Men and 21 women Weightlifting Championships  
1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt  
26/10/2022 to 01/11/2022

## Nation [Result]

### WOMEN +87 kg

Competition : 31.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	23	[A] HALIMA ABBAS	260	EGY	1995	144.40	115	122	124	124	1	145	145	152	145	1	269	1
2	25	[A] SHAIMAA HARIDY	200	EGY	1991	128.80	90	--	--	90	2	112	--	--	112	2	202	2
3	58	[A] ROMANTHA LARUE	170	SEY	1998	88.05	80	80	87	87	3	105	105	111	111	3	198	3
4	33	[A] Marie Korkor Agbah Hughes	160	GHA	1991	122.30	63	67	67	67	4	90	94	94	90	4	157	4

#### BREAK RECORDS

SENIOR SENIOR AFECAN RECORD WOMEN +87 kg SNATCH : HALIMA ABBAS [EGY] 121 ---> HALIMA ABBAS [EGY] 124

\_\_\_\_\_  
( \_\_\_\_\_ ) sig.