



African Senior Weightlifting Championships
 African Senior 32 Men and 21 women Weightlifting Championships
 1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt
 26/10/2022 to 01/11/2022

Nation [Result]

WOMEN 81 kg

Competition : 30.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	53	[A] SARA AHMED	257	EGY	1998	77.55	110	116	--	116	1	140	145	--	145	1	261	1
2	60	[A] FATMA AHMED	220	EGY	2003	79.95	93	98	101	98	2	115	122	124	124	2	222	2
3	20	[A] JEANNE GAELLE EYENGA MBO OSSI	200	CMR	1999	81.15	87	92	97	97	3	112	117	123	123	3	220	3

BREAK RECORDS

SENIOR SENIOR AFECAN RECORD WOMEN 81 kg SNATCH : AFRICAN STANDERD [] 115 ----> SARA AHMED [EGY] 116

SENIOR SENIOR AFECAN RECORD WOMEN 81 kg CLEAN&JERK : AFRICAN STANDERD [] 142 ----> SARA AHMED [EGY] 145

SENIOR SENIOR AFECAN RECORD WOMEN 81 kg TOTAL : AFRICAN STANDERD [] 253 ----> SARA AHMED [EGY] 261

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