



African Senior Weightlifting Championships
 African Senior 32 Men and 21 women Weightlifting Championships
 1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt
 26/10/2022 to 01/11/2022

Nation [Result]

WOMEN 55 kg

Competition : 28.10.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	39	[A] NOURA MOHAMED ABDERAOUF	171	EGY	2005	49.95	73	77	80	80	1	90	94	97	94	1	174	1
2	46	[A] SOUHIR KHEMIRI	160	TUN	2005	53.40	60	65	68	68	2	83	88	93	93	2	161	2
3	52	[A] NAWAL UWASE	70	RWA	1998	54.40	22	22	25	25	3	30	35	40	40	3	65	3

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