



African Senior Weightlifting Championships
 African Senior 32 Men and 21 women Weightlifting Championships
 1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt
 26/10/2022 to 01/11/2022

Nation [Result]

MEN 109 kg

Competition : 31.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	7	[A] Khelwin Juboo	290	MRI	2002	103.25	129	135	137	129	1	160	175	175	160	1	289	1
2	57	[A] Nii Nortey Solomon Ocquaye	280	GHA	1993	105.55	120	124	128	128	2	141	147	152	152	2	280	2

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