



African Senior Weightlifting Championships IWF Qualification Event
Ruaraka Sport Cup
24/05/2021 to 31/05/2021



START BOOK





African Senior Weightlifting Championships IWF Qualification Event

Ruaraka Sport Cup
24/05/2021 to 31/05/2021



TIME TABLE

	GENDER	CATEGORY	TIME	COMPETITOR	JURY	REFEREE	C.MARSHAL	TIME KEEPER	TECHN.	SECRETARY	DOCTOR
27.05.2021											
1	W	45 kg A , 49 kg A , 55 kg A	13:00	8	1	1	1	1	1		
2	M	55 kg A , 61 kg A	16:00	12	2	2	2	2	2		
28.05.2021											
3	M	67 kg A , 73 kg A	12:00	12	1	1	1	1	1		
4	W	59 kg A , 64 kg A	15:00	8	2	2	2	2	2		
5	M	81 kg A , 89 kg A	17:00	9	1	1	1	1	1		
29.05.2021											
6	M	96 kg A , 102 kg A	12:00	11	2	2	2	2	2		
7	W	71 kg A , 76 kg A , 81 kg A , 87 kg A	15:00	12	1	1	1	1	1		
8	M	109 kg A , +109 kg A	17:00	7	2	2	2	2	2		



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GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

HORST SAYLER [SWZ] *President of Jury
LAWRENCE IQUAIBOM [NGR]
YAHYA AMYN [LBA]
HARINELINA JEAN ALEX RANDRIAMANARIVO [MAD]

JURY Member Group 2 :

KEVIN JAMES DU PLOOY [RSA] *President of Jury
JOHN OGOLLA [KEN]
AHMED CHAHNAOUI [MAR]
SALIM SSENKUNGU MUSOKE [UGA]

REFEREE Member Group 1 :

SAFIA KOURI [ALG]
ZENABOU GARINGAM KANG [CMR]
MOHAMED FARIH [MAR]

REFEREE Member Group 2 :

JOSEPH ARINDO [KEN]
GARDENCIA DU PLOOY [RSA]
JANET MUSOKE NAMWANGA [UGA]



GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

OSAMA GHANNAW [LBA]
DAVID GATHU [KEN]

CHIEF MARSHAL Member Group 2 :

HAULA MUSOKE NAKIGANDA [UGA]
ARTHUR OYIM [KEN]

TIMEKEEPER Member Group 1 :

ALI ABOURWAIS [LBA]

TIMEKEEPER Member Group 2 :

MARTHA MBOYA [KEN]

TECHNICAL CONTROLLER Member Group 1 :

SOFIANE KEROUANE [ALG]

TECHNICAL CONTROLLER Member Group 2 :

GEORGES ALAIN BIABE TCHOUASSI [CMR]

SPEAKER Member Group 1 :

BIUS OCHIENG [KEN]

STATISTICS MEN

No	TEAM	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	ALG : ALGERIA	1	1	1	1	1	1	1	1		1	9
2	BOT : BOTSWANA		1					1				2
3	CMR : CAMEROON					1	1		1	1		4
4	COD : DR CONGO		2	2				2		2	1	9
5	GHA : GHANA							1				1
6	KEN : KENYA				1	2	1					4
7	LBA : LIBYAN							1				1
8	LES : LESOTHO		1		1							2
9	MAD : MADAGASCAR	1	1	1								3
10	MAR : MOROCCO			1	1							2
11	NGR : NIGERIA		1									1
12	RSA : SOUTH AFRICA							1	1			2
13	TUN : TUNISIA		1		1	1				2		5
14	UGA : UGANDA		2	1	1	1		1				6
	Grand Total	2	10	6	6	6	3	8	3	5	2	51



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STATISTICS WOMEN

No	TEAM	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	TOTAL
1	ALG : ALGERIA			1		1	1	1	1		5
2	BOT : BOTSWANA				1						1
3	CMR : CAMEROON							1		1	2
4	COD : DR CONGO						1				1
5	KEN : KENYA	1		1	1	1		1			5
6	MAD : MADAGASCAR	1									1
7	MAR : MOROCCO									1	1
8	NGR : NIGERIA		2	1	1	1		1			6
9	RSA : SOUTH AFRICA				1						1
10	TUN : TUNISIA		1		1		2			1	5
	Grand Total	2	3	3	5	3	4	4	1	3	28



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COMBINED STATISTICS

No	TEAM	MEN	WOMEN	TOTAL
1	ALG : ALGERIA	9	5	14
2	BOT : BOTSWANA	2	1	3
3	CMR : CAMEROON	4	2	6
4	COD : DR CONGO	9	1	10
5	GHA : GHANA	1	0	1
6	KEN : KENYA	4	5	9
7	LBA : LIBYAN	1	0	1
8	LES : LESOTHO	2	0	2
9	MAD : MADAGASCAR	3	1	4
10	MAR : MOROCCO	2	1	3
11	NGR : NIGERIA	1	6	7
12	RSA : SOUTH AFRICA	2	1	3
13	TUN : TUNISIA	5	5	10
14	UGA : UGANDA	6	0	6
	Grand Total	51	28	79



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START LIST

WOMEN 45 kg A , 49 kg A , 55 kg A

Competition : 27.05.2021 13:00

Weigh in : 11:00

No	LOT	NAME	BORN	TEAM	ENT.
45 kg A					
1	5	Janet ODUOR	23-12-1993	KEN	70
2	49	Rosina RANDAFIARISON	29-12-1999	MAD	130
49 kg A					
1	10	Zohra CHIHI	27-08-1994	TUN	153
2	72	Augustina Nkem NWAOKOLO	12/12/1992	NGR	150
3	75	Peter Stella KINGSLEY	13-11-2002	NGR	155
55 kg A					
1	37	Adijat Adenike OLARINOYE	14-07-1999	NGR	195
2	43	Caroline WAIRIMU	12/12/1990	KEN	100
3	77	Fatma Zohra LAGHOUATI	27-02-1999	ALG	160

Jury

1. Horst SAYLER [SWZ]
2. Lawrence IQUAIBOM [NGR]
3. Yahya AMYN [LBA]
4. Harinelina Jean Alex RANDRIAMANARIVO [MAD]

Referee

- C- Safia KOURI [ALG] L- Zenabou GARINGAM KANG [CMR] R- Mohamed FARIH [MAR]
Res-

Chief Marshal

1. Osama GHANNAW [LBA]
2. David Gathu [KEN]

Time Keeper

1. Ali Abourwais [LBA]

Technical Controller

1. Sofiane KEROUANE [ALG]



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START LIST

MEN 55 kg A , 61 kg A

Competition : 27.05.2021 16:00

Weigh in : 14:00

No	LOT	NAME	BORN	TEAM	ENT.
55 kg A					
1	64	Jean Elariont Ricardo RAMIARIMANANA	22-07-1999	MAD	200
2	68	Abderaouf CHETTIOUI Mohamed	12/4/1999	ALG	210
61 kg A					
1	12	Eric Herman ANDRIANTSITOHAINA	21-07-1991	MAD	230
2	21	Jelgib ELION NDUNYAMA	8/9/1993	COD	195
3	26	Emmanuel Inemo APPAH	5/11/1999	NGR	250
4	28	Amor FENNI	1/10/1993	ALG	230
5	29	Mubarak Musoke KIVUMBI	1/12/1989	UGA	180
6	31	Thapelo Nkhahle SEBOTA	8/7/1997	LES	180
7	42	Davis NIYOYITA	1/1/2004	UGA	180
8	58	Kgotla KGASWANE	7/7/2000	BOT	150
9	65	Christian ILUNGA MUKENDI	11/3/2001	COD	190
10	67	Amine BOUHIJBA	28-02-1996	TUN	255

Jury

1. Kevin James DU PLOOY [RSA] 2. John OGOLLA [KEN] 3. Ahmed CHAHNAOUI [MAR]
4. Salim Ssenkungu MUSOKE [UGA]

Referee

- C- Joseph ARINDO [KEN] L- Gardencia DU PLOOY [RSA] R- Janet Musoke NAMWANGA [UGA]
Res-

Chief Marshal

1. Haula Musoke NAKIGANDA [UGA] 2. Arthur Oyim [KEN]

Time Keeper

1. Martha Mboya [KEN]

Technical Controller

1. Georges Alain BIABE TCHOUASSI [CMR]

START LIST

MEN 67 kg A , 73 kg A

Competition : 28.05.2021 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
67 kg A					
1	9	Julius SSEKITOLEKO	7/8/2000	UGA	200
2	16	Tojonirina Alain ANDRIANTSITOHAINA	26-02-1995	MAD	250
3	20	Adel LAHCEN	7/8/1991	ALG	260
4	32	Mohamed MOULABBI	29-10-2001	MAR	220
5	55	Jonathan MBULA LIONGE	30-10-1996	COD	220
6	69	Grave MPAKA NDONGALA	19-03-1996	COD	210
73 kg A					
1	3	Nafaa SARIAK	29-11-1994	ALG	310
2	23	Karem BEN HNIA	13-11-1994	TUN	320
3	35	Hakim Musoke SSEMPEREZA	10/4/1995	UGA	240
4	39	Abderrahim MOUM	18-09-2000	MAR	240
5	70	Anthony LIBASIA	30-8-1989	KEN	220
6	79	Machachamise Ernest NT'SINYI	29-04-1998	LES	210

Jury

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|---|----------------------------|---------------------|
| 1. Horst SAYLER [SWZ] | 2. Lawrence IQUAIBOM [NGR] | 3. Yahya AMYN [LBA] |
| 4. Harinelina Jean Alex RANDRIAMANARIVO [MAD] | | |

Referee

- | | | |
|------------------------|----------------------|--------------------------------|
| C- Mohamed FARIH [MAR] | L- Safia KOURI [ALG] | R- Zenabou GARINGAM KANG [CMR] |
| Res- | | |

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Technical Controller

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START LIST

WOMEN 59 kg A , 64 kg A

Competition : 28.05.2021 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
59 kg A					
1	15	Winy LANGAT	3/7/1988	KEN	130
2	24	Nouha LANDOULSI	5/5/1998	TUN	200
3	41	Magdeline MOYENGWA	31-03-2001	BOT	120
4	56	Rafiatu Folashade LAWAL	12/11/1996	NGR	195
5	57	Anneke SPIES	28-06-1993	RSA	170
64 kg A					
1	30	Joy Ogbonne EZE	6/6/2004	NGR	190
2	46	Rachael ACHIENG	12/9/2004	KEN	120
3	74	Ikram CHARARA	6/6/1998	ALG	140

Jury

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Referee

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START LIST

MEN 81 kg A , 89 kg A

Competition : 28.05.2021 17:00

Weigh in : 15:00

No	LOT	NAME	BORN	TEAM	ENT.
81 kg A					
1	18	Geoffrey ODUOR	26-10-1999	KEN	200
2	22	Ahmed Valdy NJOYA	13-02-1999	CMR	280
3	33	Samir FARDJALLAH	18-05-1998	ALG	310
4	59	Franklin ATETE	19-07-2005	KEN	190
5	62	Ivan MASAKWE	1/5/1990	UGA	230
6	73	Ramzi BAHLOUL	18-10-1989	TUN	305
89 kg A					
1	2	Faris TOUAIRI	11/6/1999	ALG	330
2	25	Maurice AROMO	22-10-1988	KEN	240
3	71	Cedric Patient FEUGNO	9/7/1997	CMR	300

Jury

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Referee

- | | | |
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START LIST

MEN 96 kg A , 102 kg A

Competition : 29.05.2021 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
96 kg A					
1	13	Arnold NKOMBE LONGEFA	6/9/1986	COD	245
2	14	Emmanuel TANZEY BEKI	22-09-1998	COD	225
3	40	Dikabelo SOLOMON	23-07-1995	BOT	230
4	51	Ruben BURGER	3/3/1991	RSA	320
5	53	Zubair KUBO	10/1/1995	UGA	270
6	63	Salim ELBAGOR	25-03-1998	ALG	320
7	66	Christian AMOAH	25-07-1999	GHA	312
8	78	Ahmed ABUZRIBA	16-04-2000	LBA	310
102 kg A					
1	6	Farid SAADI	28-09-2001	ALG	310
2	11	Christoffel Frederik REEDERS	6/10/1990	RSA	310
3	36	Denis Joel ESSAMA OWONA	16-10-1989	CMR	310

Jury

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African Senior Weightlifting Championships IWF Qualification Event

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START LIST

WOMEN 71 kg A , 76 kg A , 81 kg A , 87 kg A

Competition : 29.05.2021 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
71 kg A					
1	4	Isabelle LANDU MALUNDAMA	5/1/1993	COD	160
2	8	Yossra ABIDI	2/8/1998	TUN	185
3	45	Jaoueher GUESMI	24-03-1999	TUN	185
4	48	Kheira HAMMOU	8/3/1997	ALG	160
76 kg A					
1	7	Wilkister NYIRO	18-02-1992	KEN	140
2	27	Jeanne Gaelle EYENGA MBO'OSSI	24-01-1999	CMR	190
3	34	Maghnia HAMMADI	22-02-2000	ALG	180
4	44	Taiwo LIADI	14-06-2002	NGR	190
81 kg A					
1	17	Bouchra F.Z HIRECH	22-08-2000	ALG	180
87 kg A					
1	1	Clementine MEUKEUGNI NOUMBISSI	1/10/1990	CMR	200
2	52	Ameni BEN MOUSSA	24-03-1999	TUN	200
3	76	Samira OUASS	22-04-1992	MAR	160

Jury

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START LIST

MEN 109 kg A , +109 kg A

Competition : 29.05.2021 17:00

Weigh in : 15:00

No	LOT	NAME	BORN	TEAM	ENT.
109 kg A					
1	19	Energie KASHAMA LOPANU	21-01-1993	COD	240
2	38	Aymen BACHA	26-10-1999	TUN	370
3	47	Junior Periclex NGADJA NYABEYEU	16-06-1993	CMR	330
4	50	Ayoub DRIDI	27-07-2000	TUN	305
5	54	Jupsy MUNDADI MUKKEBA	6/6/1986	COD	235
+109 kg A					
1	60	Kany KANANA TAMBWE	17-08-1996	COD	250
2	61	Walid BIDANI	11/6/1994	ALG	350

Jury

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