



12th All African Games - Morocco  
Weightlifting Competition -- Ennahda 1 Hall  
25/8/2019 to 30/8/2019



# START BOOK

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**12th All African Games - Morocco**  
 Weightlifting Competition -- Ennahda 1 Hall  
 25/8/2019 to 30/8/2019



**TIME TABLE**

	GENDER	CATEGORY	TIME	COMPETITO	JURY	REFEREE	C.MARSHAL	TIME	TECHN.	SECRETARY	DOCTOR
<b>25.08.2019</b>											
1	W	45 kg A , 49 kg A	15:00	9	1	1	1	1	1	1	
2	M	55 kg A	18:00	7	2	2	2	2	2	2	
<b>26.08.2019</b>											
3	W	55 kg A	12:00	5	1	3	1	1	1	1	
4	M	61 kg A	15:00	8	2	2	2	2	2	2	
5	M	67 kg A	18:00	5	1	1	1	1	1	1	
<b>27.08.2019</b>											
6	W	59 kg A	12:00	10	2	2	2	2	2	2	
7	W	64 kg A	15:00	8	1	3	1	1	1	1	
8	M	73 kg A	18:00	10	2	1	2	2	2	2	
<b>28.08.2019</b>											
9	W	71 kg A	12:00	9	1	1	1	1	1	1	
10	M	81 kg A	15:00	12	2	2	2	2	2	2	
11	M	89 kg A	18:00	12	1	3	1	1	1	1	
<b>29.08.2019</b>											
12	W	76 kg A	12:00	5	2	3	2	2	2	2	
13	W	81 kg A	15:00	4	1	1	1	1	1	1	
14	M	96 kg A	18:00	6	2	2	2	2	2	2	
<b>30.08.2019</b>											
15	M	102 kg A	12:00	10	1	3	1	1	1	1	
16	W	87 kg A , +87 kg A	15:00	8	2	2	2	2	2	2	
17	M	109 kg A , +109 kg A	18:00	10	1	1	1	1	1	1	



## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

MAHMOUD KAMAL MAHGOUB [EGY] \*President of Jury  
MOHAMED ABDULLAH AL WAAR [LBA]  
ALEX RANDRIMANARIVO [MAD]  
AHMED CHAHNAOUI [MAR]  
FATHI MASMOUDI [TUN]  
HADDAD MAHFOUD [ALG]

### JURY Member Group 2 :

HORST SAYLER [SWZ] \*President of Jury  
LARBI ABDELLAOUI [ALG]  
LAWRENCE IQUAIBOM [NGR]  
KEVIN JAMES DU PLOOY [RSA]  
SALIM SSENKUNGU MUSOKE [UGA]

### REFEREE Member Group 1 :

ENJA SAYED MOHAMED [EGY]  
MOHAMED FARIH [MAR]  
NEVILLE SWART [RSA]  
HASSEN BEN ALI [TUN]

### REFEREE Member Group 2 :

KHEIRA HAMANI [ALG]  
OSAMA GHANNAW [LBA]  
ROBERT ROSE [SEY]  
GARDENCIA DU PLOOY [RSA]

### REFEREE Member Group 3 :

GEORGES DJEUDJI [CAM]  
JOSEPH ARINDO [KEN]  
NAGWA A. NAGI [LBA]  
DUDU MOTSA [SWZ]



## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

JAOUAD QABLI [MAR]  
JANET MUSOKE NAMWANGA [UGA]

### CHIEF MARSHAL Member Group 2 :

MOHIT RAMNATH [MRI]  
ALLAL NOUARI [MAR]

### TIMEKEEPER Member Group 1 :

NOUREDDINE BOUREGBA [MAR]

### TIMEKEEPER Member Group 2 :

HAKIM BENTABITE [MAR]

### TECHNICAL CONTROLLER Member Group 1 :

ADEL MOHAMED MOURSI [EGY]  
ELKEBIR ELMOUTI [MAR]

### TECHNICAL CONTROLLER Member Group 2 :

MAGARAJEN MONIEN [MIR]  
AHMED SEKKA [MAR]

### SECRETARY Member Group 1 :

MARIA WOPHIL [NGR]

### SECRETARY Member Group 2 :

FERDINAND NGOGANG [CAM]

### SPEAKER Member Group 1 :

JONE OGOLLA [KEN]

### SPEAKER Member Group 2 :

FAYCAL FEKI [TUN]

### DUTY Member Group GRO :

NAME [NOC]

### STATISTICS MEN

No	TEAM	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	ALG : ALGERIA				1			1	1		1	4
2	BOT : BOTSWANA	1					1		1			3
3	CMR : CAMEROON					2	1		2			5
4	EGY : EGYPT			1	1	2	1	1	1	2	1	10
5	GHA : GHANA		1			1	2					4
6	KEN : KENYA				1	1	1	1				4
7	LBA : LIBYAN		1	1			1					3
8	LES : LESOTHO		1		1							2
9	MAD : MADAGASCAR	1	2	1	1							5
10	MAR : MOROCCO	1		1	1	1	1	2	1		2	10
11	MRI : MAURITIUS	1			1	1	1				2	6
12	NGR : NIGERIA	2	1			1	2		2		1	9
13	RSA : SOUTH AFRICA					1						1
14	SEY : SEYCHELLES				1				1			2
15	SUD : SUDAN					1						1
16	TUN : TUNISIA		1		1	1	1		1	1		6
17	UGA : UGANDA	1	1	1	1				1			5
	<b>Grand Total</b>	<b>7</b>	<b>8</b>	<b>5</b>	<b>10</b>	<b>12</b>	<b>12</b>	<b>6</b>	<b>10</b>	<b>3</b>	<b>7</b>	<b>80</b>

### STATISTICS WOMEN

No	TEAM	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	ALG : ALGERIA			1	1		2			1		5
2	BOT : BOTSWANA				1							1
3	CMR : CAMEROON							1	1	1		3
4	EGY : EGYPT		1		1	2	1	1	1	1	2	10
5	GHA : GHANA	1										1
6	KEN : KENYA		1		1	1	1					4
7	LES : LESOTHO						1					1
8	MAD : MADAGASCAR	1				2						3
9	MAR : MOROCCO	1		2	2	1	2	1		1		10
10	MRI : MAURITIUS		1				1	1			1	4
11	NGR : NIGERIA	1	1	2	1	1	1		2		1	10
12	RSA : SOUTH AFRICA				1	1						2
13	SEY : SEYCHELLES				1							1
14	SUD : SUDAN							1				1
15	TUN : TUNISIA		1		1							2
	<b>Grand Total</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>10</b>	<b>8</b>	<b>9</b>	<b>5</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>58</b>

### COMBINED STATISTICS

No	TEAM	MEN	WOMEN	TOTAL
1	ALG : ALGERIA	4	5	9
2	BOT : BOTSWANA	3	1	4
3	CMR : CAMEROON	5	3	8
4	EGY : EGYPT	10	10	20
5	GHA : GHANA	4	1	5
6	KEN : KENYA	4	4	8
7	LBA : LIBYAN	3	0	3
8	LES : LESOTHO	2	1	3
9	MAD : MADAGASCAR	5	3	8
10	MAR : MOROCCO	10	10	20
11	MRI : MAURITIUS	6	4	10
12	NGR : NIGERIA	9	10	19
13	RSA : SOUTH AFRICA	1	2	3
14	SEY : SEYCHELLES	2	1	3
15	SUD : SUDAN	1	1	2
16	TUN : TUNISIA	6	2	8
17	UGA : UGANDA	5	0	5
	Grand Total	80	58	138

### SENIOR WOMEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
45 kg	SNATCH	70Kg.	Rosina RANDAFIARISON	29.12.1999	MAD	25.04.2019	Cairo
	CLEAN&JERK	92Kg.	African Standard			01.11.2018	African Standard
	TOTAL	155Kg.	African Standard			01.11.2018	African Standard
49 kg	SNATCH	76Kg.	Marie RANAIVOSOA		MRI	02.11.2018	Ashgabat
	CLEAN&JERK	99Kg.	African Standard			01.11.2018	African Standard
	TOTAL	173Kg.	Marie RANAIVOSOA		MRI	02.11.2018	Ashgabat
55 kg	SNATCH	97Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
	CLEAN&JERK	114Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
	TOTAL	211Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
59 kg	SNATCH	92Kg.	Ghofrane BELKHIR		TUN	10.12.2018	Cairo
	CLEAN&JERK	125Kg.	Chineye FEDELIS		NGR	03.11.2018	Ashgabat
	TOTAL	215Kg.	Chineye FEDELIS		NGR	03.11.2018	Ashgabat
64 kg	SNATCH	98Kg.	Esraa RASHED	21.11.1998	EGY	27.04.2019	Cairo
	CLEAN&JERK	123Kg.	African Standard			01.11.2018	African Standard
	TOTAL	218Kg.	African Standard			01.11.2018	African Standard
71 kg	SNATCH	111Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
	CLEAN&JERK	141Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
	TOTAL	252Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
76 kg	SNATCH	110Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	140Kg.	Sara Samir AHMED		EGY	11.12.2018	Cairo
	TOTAL	250Kg.	Sara Samir AHMED		EGY	11.12.2018	Cairo
81 kg	SNATCH	115Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	142Kg.	African Standard			01.11.2018	African Standard
	TOTAL	253Kg.	African Standard			01.11.2018	African Standard
87 kg	SNATCH	118Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	146Kg.	African Standard			01.11.2018	African Standard
	TOTAL	261Kg.	African Standard			01.11.2018	African Standard
+87 kg	SNATCH	120Kg.	Halima ABBAS		EGY	29.04.2019	Cairo
	CLEAN&JERK	150Kg.	Shaimaa Ahmed HARIDY		EGY	10.11.2018	Ashgabat
	TOTAL	267Kg.	Shaimaa Ahmed HARIDY		EGY	10.11.2018	Ashgabat



### SENIOR MEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
55 kg	SNATCH	125Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	144Kg.	African Standard			01.11.2018	African Standard
	TOTAL	262Kg.	African Standard			01.11.2018	African Standard
61 kg	SNATCH	132Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	155Kg.	African Standard			01.11.2018	African Standard
	TOTAL	283Kg.	African Standard			01.11.2018	African Standard
67 kg	SNATCH	140Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	168Kg.	Ahmed Saad AHMED	01.11.1986	EGY	10.12.2018	Cairo
	TOTAL	302Kg.	African Standard			01.11.2018	African Standard
73 kg	SNATCH	152Kg.	Karem BEN HNIA	13.11.1994	TUN	26.04.2019	Cairo
	CLEAN&JERK	186Kg.	Karem BEN HNIA	13.11.1994	TUN	04.11.2018	Ashgabat
	TOTAL	338Kg.	Karem BEN HNIA	13.11.1994	TUN	26.04.2019	Cairo
81 kg	SNATCH	173Kg.	Mohamed Ihab MAHAMOUD		EGY	05.11.2018	Ashgabat
	CLEAN&JERK	200Kg.	Mohamed Ihab MAHAMOUD		EGY	05.11.2018	Ashgabat
	TOTAL	373Kg.	Mohamed Ihab MAHAMOUD		EGY	05.11.2018	Ashgabat
89 kg	SNATCH	163Kg.	Ahmed Sayed ALI	10.01.1999	EGY	28.04.2019	Cairo
	CLEAN&JERK	200Kg.	Ahmed Sayed ALI	10.01.1999	EGY	28.04.2019	Cairo
	TOTAL	363Kg.	Ahmed Sayed ALI	10.01.1999	EGY	28.04.2019	Cairo
96 kg	SNATCH	170Kg.	Mohamed ZELIM		EGY	28.04.2019	Cairo
	CLEAN&JERK	207Kg.	African Standard			01.11.2018	African Standard
	TOTAL	376Kg.	African Standard			01.11.2018	African Standard
102 kg	SNATCH	173Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	213Kg.	African Standard			01.11.2018	African Standard
	TOTAL	387Kg.	African Standard			01.11.2018	African Standard
109 kg	SNATCH	177Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	219Kg.	African Standard			01.11.2018	African Standard
	TOTAL	398Kg.	African Standard			01.11.2018	African Standard
+109 kg	SNATCH	197Kg.	Walid BIDANI		ALG	10.11.2018	Ashgabat
	CLEAN&JERK	230Kg.	Ahmed GABER		EGY	29.04.2019	Cairo
	TOTAL	417Kg.	African Standard			01.11.2018	African Standard

## START LIST

### WOMEN 45 kg A , 49 kg A

Competition : 25.08.2019 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>45 kg A</b>					
1	15	ROSINA RANDAFIARISON	12/29/1999	MAD	140
2	21	WINNIFRED NTUMI	9/28/2002	GHA	110
3	27	MAHA FAJRESLAM	7/4/2003	MAR	90
4	59	STELLA PETER KINGSLEY	11/13/2002	NGR	135
<b>49 kg A</b>					
1	14	ZAHRA CHIHI	8/27/1994	TUN	140
2	52	RACHAEL ENOCK KANGERE	9/12/2004	KEN	90
3	120	ROILYA MARIE RANAIVOSOA	11/14/1990	MRI	180
4	124	AUGUSTINA NKEM NWAOKOLO	12/12/1992	NGR	150
5	125	HEBA AHMED	7/5/1996	EGY	175

**Jury**

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. YOUSSEF ASMOURI [TUN]  
2. YOUSSEF QABLI [MAR]

**Technical Controller**

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD [UGA]  
7. ANNET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

**Referee**

C- ENJA SAYED MOHAMED [EGY]  
R- NEVILLE SWART [RSA]

**Time Keeper**

1. NOUREDDINE BOUREGBA [MAR]

**Secretary**

1. MARIA WOPHIL [NGR]

L- MOHAMED FARIH [MAR]  
Res- HASSEN BEN ALI [TUN]

## START LIST

### MEN 55 kg A

Competition : 25.08.2019 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
55 kg A					
1	6	DAVIS NIYOYITA	1/1/2004	UGA	150
2	41	KING KALU	11/11/1995	NGR	210
3	48	TAJU OLA GIWA	12/9/1992	NGR	215
4	60	EMILE WILLEM	17/12/2002	MRI	175
5	66	ISSAM HARFI	12/2/1997	MAR	180
6	91	JEAN ELARIONT RICARDO RAMIARIMANANA	7/22/1999	MAD	210
7	131	KGOTLA KGASWANE	7/7/2002	BOT	150

**Jury**

- |                            |                               |
|----------------------------|-------------------------------|
| 1. HORST SAYLER [SWZ]      | 2. LARBI ABDELLAOUI [ALG]     |
| 3. LAWRENCE IQUAIBOM [NGR] | 4. KEVIN JAMES DU PLOOY [RSA] |
| 5. SALIM SSENKUNGU [UGA]   |                               |

**Chief Marshal**

- |                        |                       |
|------------------------|-----------------------|
| 1. MOHIT RAMNATH [MRI] | 2. ALLAL NOUARI [MAR] |
|------------------------|-----------------------|

**Technical Controller**

- |                           |                      |
|---------------------------|----------------------|
| 1. MAGARAJEN MONIEN [MIR] | 2. AHMED SEKKA [MAR] |
|---------------------------|----------------------|

**Referee**

- |                        |                               |
|------------------------|-------------------------------|
| C- KHEIRA HAMANI [ALG] | L- OSAMA GHANNAW [LBA]        |
| R- ROBERT ROSE [SEY]   | Res- GARDENCIA DU PLOOY [RSA] |

**Time Keeper**

- |                          |
|--------------------------|
| 1. HAKIM BENTABITE [MAR] |
|--------------------------|

**Secretary**

- |                            |
|----------------------------|
| 1. FERDINAND NGOGANG [CAM] |
|----------------------------|

## START LIST

### WOMEN 55 kg A

Competition : 26.08.2019 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
55 kg A					
1	24	MARYEM SABIHI	5/15/2002	MAR	105
2	33	SOUMIA DIK	10/19/1988	MAR	125
3	67	MERYEM NADA BEN MILOUD	26/09/1997	ALG	140
4	86	CHIKA JOY AMALAHA	10/28/1997	NGR	200
5	104	ADIJAT ADENIKE OLARINOYE	7/14/1999	NGR	200

#### Jury

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. UNJADUAD QABLI [MAR]

#### Technical Controller

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD ALJANET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

#### Referee

C- GEORGES DJEUDJI [CAM] L- JOSEPH ARINDO [KEN]  
R- NAGWA A. NAGI [LBA] Res- DUDU MOTSA [SWZ]

#### Time Keeper

1. NOUREDDINE BOUREGBA [MAR]

#### Secretary

1. MARIA WOPHIL [NGR]

## START LIST

### MEN 61 kg A

Competition : 26.08.2019 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>61 kg A</b>					
1	40	JULES ANTHONIO ANDRIAMAHEFA	9/17/2000	MAD	220
2	44	THAPELO SEBOTA	7/8/1997	LES	160
3	57	AMINE BOUHIJBHA	2/28/1996	TUN	250
4	79	EMMANUEL APPIAH	11/5/1999	NGR	250
5	82	MUBARAK MUSOKE KIVUMBI	12/1/1989	UGA	190
6	110	DAVID AKWEI	11/29/2000	GHA	210
7	111	ERIC HERMAN ANDRIANTSITOHAINA	7/21/1991	MAD	220
8	119	ABDULLAH BOUSHEEHAH	1/12/1992	LBA	240

**Jury**

- |                            |                               |
|----------------------------|-------------------------------|
| 1. HORST SAYLER [SWZ]      | 2. LARBI ABDELLAOUI [ALG]     |
| 3. LAWRENCE IQUAIBOM [NGR] | 4. KEVIN JAMES DU PLOOY [RSA] |
| 5. SALIM SSENKUNGU [UGA]   |                               |

**Chief Marshal**

- |                        |                       |
|------------------------|-----------------------|
| 1. MOHIT RAMNATH [MRI] | 2. ALLAL NOUARI [MAR] |
|------------------------|-----------------------|

**Technical Controller**

- |                           |                      |
|---------------------------|----------------------|
| 1. MAGARAJEN MONIEN [MIR] | 2. AHMED SEKKA [MAR] |
|---------------------------|----------------------|

**Referee**

- |                             |                        |
|-----------------------------|------------------------|
| C- GARDENCIA DU PLOOY [RSA] | L- KHEIRA HAMANI [ALG] |
| R- OSAMA GHANNAW [LBA]      | Res- ROBERT ROSE [SEY] |

**Time Keeper**

- |                          |
|--------------------------|
| 1. HAKIM BENTABITE [MAR] |
|--------------------------|

**Secretary**

- |                            |
|----------------------------|
| 1. FERDINAND NGOGANG [CAM] |
|----------------------------|

## START LIST

### MEN 67 kg A

Competition : 26.08.2019 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
67 kg A					
1	58	AHSAAN SHABI	3/22/1997	LBA	250
2	77	JULIUS SSEKITOLEKO	8/7/2000	UGA	190
3	105	AHMED SAAD	11/1/1986	EGY	300
4	114	TOJONIRINA ALAIN ANDRIANTSITOHAINA	2/26/1995	MAD	260
5	129	MOHAMED MOULABI	10/29/2001	MAR	210

**Jury**

1. MAHMOUD KAMAL MAHGOUB [EGY]  
 3. ALEX RANDRIMANARIVO [MAD]

**Chief Marshal**  
 1. YOUSSEF ASMUDI [TUN]  
 2. YOUSSEF QABLI [MAR]

**Technical Controller**

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
 4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD [UGA]  
 7. JANET MUSOKE NAMWANGA [UGA]

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**Referee**

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 Res- NEVILLE SWART [RSA]



12th All African Games - Morocco  
Weightlifting Competition -- Ennahda 1 Hall  
25/8/2019 to 30/8/2019



START LIST

WOMEN 59 kg A

Competition : 27.08.2019 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
59 kg A					
1	4	BASMA IBRAHIM	1/27/1995	EGY	190
2	9	FATMA ZOHRA LAGHOUATI	27/02/1999	ALG	145
3	62	JOHANNI TALJAARD	8/19/1984	RSA	185
4	70	SOUAD EL BADAOUY	1/21/2000	MAR	125
5	95	RAFIATU FOLASHADE LAWAL	11/12/1996	NGR	200
6	113	CLEMENTINA AGRICOLE	7/18/1988	SEY	140
7	115	MAGDELINE MOYENGWA	3/31/2001	BOT	144
8	118	KHADIJA MESSOUK	9/11/2002	MAR	120
9	121	WINNY LANGAT	7/3/1988	KEN	130
10	123	CHAIMA RAHMOUNI	3/25/2001	TUN	190

**Jury**

1. HORST SAYLER [SWZ] 2. LARBI ABDELLAOUI [ALG]  
3. LAWRENCE IQUAIBOM [NGR] 4. KEVIN JAMES DU PLOOY [RSA]  
5. SALIM SSENKUNGU [UGA]

**Chief Marshal**

1. MOHIT RAMNATH [MRI] 2. ALLAL NOUARI [MAR]

**Technical Controller**

1. MAGARAJEN MONIEN [MIR] 2. AHMED SEKKA [MAR]

**Referee**

- C- ROBERT ROSE [SEY] L- GARDENCIA DU PLOOY [RSA]  
R- KHEIRA HAMANI [ALG] Res- OSAMA GHANNAW [LBA]

**Time Keeper**

1. HAKIM BENTABITE [MAR]

**Secretary**

1. FERDINAND NGOGANG [CAM]

## START LIST

### WOMEN 64 kg A

Competition : 27.08.2019 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
64 kg A					
1	20	ELISA VANIA RAVOLOLONIAINA	2/24/1992	MAD	165
2	26	ESRAA AHMED	11/21/1998	EGY	205
3	29	MONA PRETORIUS	8/12/1988	RSA	195
4	35	WINNY OKOTH	7/18/1991	KEN	150
5	49	SITRAKINIAINA RANDRIANANDRASANA	10/22/1998	MAD	160
6	72	NEAMA SAID	11/15/2002	EGY	200
7	101	JOY OGBONNE EZE	6/6/2004	NGR	210
8	134	RKIA SABLHI	8/22/2004	MAR	125

#### Jury

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. UNASMOUDI  
2. JADUAD QABLI [MAR]

#### Technical Controller

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD  
7. ANNET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

#### Referee

C- DUDU MOTSA [SWZ]  
R- JOSEPH ARINDO [KEN]

#### Time Keeper

1. NOUREDDINE BOUREGBA [MAR]

#### Secretary

1. MARIA WOPHIL [NGR]

L- GEORGES DJEUDJI [CAM]  
Res- NAGWA A. NAGI [LBA]



## START LIST

### MEN 73 kg A

Competition : 27.08.2019 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
73 kg A					
1	11	KAREM BEN HNIA	11/13/1994	TUN	330
2	16	DINESH PANDOD	19/02/2001	MRI	255
3	45	FANOMEZAMTSOA RAVO CADEAU	04/20/1998	MAD	240
4	54	MACHACHAMISE NTSINYI	4/29/1998	LES	200
5	56	ABDERRAHIM MOUM	9/18/2000	MAR	250
6	61	NAFAA SARIAK	29/11/1994	ALG	300
7	81	RICK CONFIANCE	5/24/1994	SEY	240
8	85	MOUSTAFA IBRAHIM	12/1/1996	EGY	310
9	92	ANTHONY LIBSIA	8.30.1989	KEN	230
10	136	HAKIM MUSOKE SSEMPEREZA	4/10/1995	UGA	250

#### Jury

- |                            |                               |
|----------------------------|-------------------------------|
| 1. HORST SAYLER [SWZ]      | 2. LARBI ABDELLAOUI [ALG]     |
| 3. LAWRENCE IQUAIBOM [NGR] | 4. KEVIN JAMES DU PLOOY [RSA] |
| 5. SALIM SSENKUNGU [UGA]   |                               |

#### Chief Marshal

- |                        |                       |
|------------------------|-----------------------|
| 1. MOHIT RAMNATH [MRI] | 2. ALLAL NOUARI [MAR] |
|------------------------|-----------------------|

#### Technical Controller

- |                           |                      |
|---------------------------|----------------------|
| 1. MAGARAJEN MONIEN [MIR] | 2. AHMED SEKKA [MAR] |
|---------------------------|----------------------|

#### Referee

- |                             |                          |
|-----------------------------|--------------------------|
| C- NEVILLE SWART [RSA]      | L- HASSEN BEN ALI [TUN]  |
| R- ENJA SAYED MOHAMED [EGY] | Res- MOHAMED FARIH [MAR] |

#### Time Keeper

- |                          |
|--------------------------|
| 1. HAKIM BENTABITE [MAR] |
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#### Secretary

- |                            |
|----------------------------|
| 1. FERDINAND NGOGANG [CAM] |
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## START LIST

### WOMEN 71 kg A

Competition : 28.08.2019 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
71 kg A					
1	84	MAKUENA TS OSANE	8/14/1997	LES	100
2	94	RANIA MAHMOUD	9/10/2001	EGY	210
3	97	HASNA LARTI	8/15/1999	MAR	145
4	108	WILKISTER NYIRO	2/18/1992	KEN	130
5	109	KETTY LENT	1/25/2001	MRI	185
6	117	ZAHIRA HALBAN	10/9/2001	MAR	125
7	122	CAROLINE OKO UOKHA EDUJIE	10/23/1991	NGR	210
8	128	IKRAM CHERARA	06/06/1998	ALG	160
9	137	HAMMOU KHEIRA	08/03/1997	ALG	160

#### Jury

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. TUN  
2. ASMUDI  
3. QABLI [MAR]

#### Technical Controller

1. ADEL MOHAMED MOURS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD [UGA]  
7. JANET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

#### Referee

C- MOHAMED FARIH [MAR]  
R- HASSEN BEN ALI [TUN]

#### Time Keeper

1. NOUREDDINE BOUREGBA [MAR]

#### Secretary

1. MARIA WOPHIL [NGR]

L- NEVILLE SWART [RSA]  
Res- ENJA SAYED MOHAMED [EGY]

## START LIST

### MEN 81 kg A

Competition : 28.08.2019 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
81 kg A					
1	5	JEAN BAPTISTE YANOU KETCHANKE	7/19/1991	CMR	309
2	28	RAMZI BAHLOUL	10/18/1989	TUN	330
3	34	MOHAMED AMINE AMEUR	1/30/2004	MAR	240
4	36	VALDY NIOYA AHMED	2/13/1999	CMR	310
5	64	AHMED ELSAYED	7/10/1997	EGY	320
6	76	WEBSTER LUKOSE	5/19/1989	KEN	250
7	78	MOHAMED MAHMOUD	11/21/1989	EGY	350
8	87	JEREMIAH BENYE	10/23/2001	GHA	240
9	88	DICKSON MAMDUM SELDOM	9/23/1992	NGR	310
10	93	LYLE WILLIAM HENRY DUPLOOY	8/2/1988	RSA	255
11	99	ANTHONY MADANAMOOHOO	1/13/1999	MRI	280
12	138	MOHAMED ZAID	8/21/1998	SUD	230

#### Jury

- |                            |                               |
|----------------------------|-------------------------------|
| 1. HORST SAYLER [SWZ]      | 2. LARBI ABDELLAOUI [ALG]     |
| 3. LAWRENCE IQUAIBOM [NGR] | 4. KEVIN JAMES DU PLOOY [RSA] |
| 5. SALIM SSENKUNGU [UGA]   |                               |

#### Chief Marshal

- |                        |                       |
|------------------------|-----------------------|
| 1. MOHIT RAMNATH [MRI] | 2. ALLAL NOUARI [MAR] |
|------------------------|-----------------------|

#### Technical Controller

- |                           |                      |
|---------------------------|----------------------|
| 1. MAGARAJEN MONIEN [MIR] | 2. AHMED SEKKA [MAR] |
|---------------------------|----------------------|

#### Referee

- |                             |                          |
|-----------------------------|--------------------------|
| C- OSAMA GHANNAW [LBA]      | L- ROBERT ROSE [SEY]     |
| R- GARDENCIA DU PLOOY [RSA] | Res- KHEIRA HAMANI [ALG] |

#### Time Keeper

- |                          |
|--------------------------|
| 1. HAKIM BENTABITE [MAR] |
|--------------------------|

#### Secretary

- |                            |
|----------------------------|
| 1. FERDINAND NGOGANG [CAM] |
|----------------------------|

## START LIST

### MEN 89 kg A

Competition : 28.08.2019 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
89 kg A					
1	3	CHRISTIAN AMOAH	7/25/1999	GHA	310
2	17	SOUFIANE BOUHI	4/12/2001	MAR	250
3	22	AKANO DESMOND	9/30/1997	NGR	310
4	23	CHRISTOPHER FORRESTER OSEI	9/12/1989	GHA	300
5	25	CEDRIC FABRICE CORET	5/28/1991	MRI	270
6	43	MORIS AROMO	9/22/1988	KEN	230
7	46	AHMED ABUZRIBA	4/16/2000	LBA	298
8	53	CEDRIC PATIENT FEUGNO	7/9/1997	CMR	320
9	71	KARIM ABOKAHLA	11/11/1996	EGY	340
10	112	MICHEL ANYAELEWECHI	11/5/1999	NGR	310
11	116	TLILI WAJIH	3/7/1999	TUN	315
12	135	DIKABELO SOLOMON	3/23/1995	BOT	220

#### Jury

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. TUN  
2. JADUAD QABLI [MAR]

#### Technical Controller

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD ALUJANET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

#### Referee

C- NAGWA A. NAGI [LBA] L- DUDU MOTSA [SWZ]  
R- GEORGES DJEUDJI [CAM] Res- JOSEPH ARINDO [KEN]

#### Time Keeper

1. NOUREDDINE BOUREGBA [MAR]

#### Secretary

1. MARIA WOPHIL [NGR]

## START LIST

### WOMEN 76 kg A

Competition : 29.08.2019 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
76 kg A					
1	32	ZIKRYAT KHOJALI	12/12/1994	SUD	125
2	55	CHAIMAA CHARKANI	8/25/1997	MAR	130
3	65	ALISON SUNEE	7/20/1999	MRI	185
4	74	SARA AHMED	1/1/1998	EGY	220
5	98	JEANNE GAELE EYENGA MBOOSI	1/24/1999	CMR	202

#### Jury

1. HORST SAYLER [SWZ] 2. LARBI ABDELLAOUI [ALG]  
3. LAWRENCE IQUAIBOM [NGR] 4. KEVIN JAMES DU PLOOY [RSA]  
5. SALIM SSENKUNGU [UGA]

#### Chief Marshal

1. MOHIT RAMNATH [MRI] 2. ALLAL NOUARI [MAR]

#### Technical Controller

1. MAGARAJEN MONIEN [MIR] 2. AHMED SEKKA [MAR]

#### Referee

- C- JOSEPH ARINDO [KEN] L- NAGWA A. NAGI [LBA]  
R- DUDU MOTSA [SWZ] Res- GEORGES DJEUDJI [CAM]

#### Time Keeper

1. HAKIM BENTABITE [MAR]

#### Secretary

1. FERDINAND NGOGANG [CAM]



12th All African Games - Morocco  
Weightlifting Competition -- Ennahda 1 Hall  
25/8/2019 to 30/8/2019



START LIST

WOMEN 81 kg A

Competition : 29.08.2019 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
81 kg A					
1	1	FATIMA OTIAMEH MUSA	4/27/1997	NGR	200
2	47	LIADI TAIWO	6/14/2002	NGR	200
3	75	RAYSSA DJIFACK MA ATEMKENGZ	6/1/1998	CMR	205
4	80	SALMA FARAG	9/11/2002	EGY	200

**Jury**

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. UNASMOUDI  
2. JADUAD QABLI [MAR]

**Technical Controller**

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD  
7. JANET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

**Referee**

C- ENJA SAYED MOHAMED [EGY]  
R- NEVILLE SWART [RSA]

**Time Keeper**

1. NOUREDDINE BOUREGBA [MAR]

**Secretary**

1. MARIA WOPHIL [NGR]

L- MOHAMED FARIH [MAR]  
Res- HASSEN BEN ALI [TUN]

## START LIST

### MEN 96 kg A

Competition : 29.08.2019 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
96 kg A					
1	8	MOHAMED ABDELALIM	12/29/1997	EGY	350
2	13	SADDAM MESSAOUI	24/07/1991	ALG	330
3	18	ZUBAIRI KUBO	1/10/1995	UGA	285
4	63	JAMES OMONDI	10/31/1986	KEN	255
5	69	ANAS DARGAL	9/23/1997	MAR	260
6	107	BADREDDINE EZZOHARI	1/22/2001	MAR	240

#### Jury

1. HORST SAYLER [SWZ] 2. LARBI ABDELLAOUI [ALG]  
3. LAWRENCE IQUAIBOM [NGR] 4. KEVIN JAMES DU PLOOY [RSA]  
5. SALIM SSENKUNGU [UGA]

#### Chief Marshal

1. MOHIT RAMNATH [MRI] 2. ALLAL NOUARI [MAR]

#### Technical Controller

1. MAGARAJEN MONIEN [MIR] 2. AHMED SEKKA [MAR]

#### Referee

- C- KHEIRA HAMANI [ALG] L- OSAMA GHANNAW [LBA]  
R- ROBERT ROSE [SEY] Res- GARDENCIA DU PLOOY [RSA]

#### Time Keeper

1. HAKIM BENTABITE [MAR]

#### Secretary

1. FERDINAND NGOGANG [CAM]

## START LIST

### MEN 102 kg A

Competition : 30.08.2019 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
102 kg A					
1	19	JOUNIOR PERIDEX NGADJA NYABEYEU	6/16/1993	CMR	354
2	37	DENIS JOEL ESSAMA OWONA	10/16/1989	CMR	350
3	38	PATRICK BARDE	12/10/2001	NGR	310
4	39	BOKANG ALPHIUS KAGISO	3/30/1997	BOT	270
5	73	STEVEN BACCUS	11/20/1977	SEY	220
6	100	MEHDI ARMILAT	12/13/1996	MAR	285
7	126	RAMI BAHLOUL	7/29/1991	TUN	315
8	127	RAGAB ABDALLA	3/4/1991	EGY	350
9	130	VINCENT ABAYOMI	10/1/2002	NGR	290
10	133	MOHAMMED FETHI	1992	ALG	320

#### Jury

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. UNASMOUDI  
2. JADUAD QABLI [MAR]

#### Technical Controller

1. ADEL MOHAMED MOURSIS [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD  
7. JANET MUSOKE  
NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

#### Referee

C- GEORGES DJEUDJI [CAM] L- JOSEPH ARINDO [KEN]  
R- NAGWA A. NAGI [LBA] Res- DUDU MOTSA [SWZ]

#### Time Keeper

1. NOUREDDINE BOUREGBA [MAR]

#### Secretary

1. MARIA WOPHIL [NGR]



## START LIST

### WOMEN 87 kg A , +87 kg A

Competition : 30.08.2019 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>87 kg A</b>					
1	7	SAMAR HUSSEIN	9/20/1995	EGY	210
2	42	SAMIRA OUASS	4/22/1992	MAR	150
3	50	BOUCHRA F Z HIRECH	22/08/2000	ALG	180
4	132	CLEMENTINE MEUKEUGNI NOUMISSI	10/1/1990	CMR	220
<b>+87 kg A</b>					
1	12	OBEHI JOSEPH	2/20/1994	NGR	215
2	96	SHALINEE YALAYDON	4/13/1986	MRI	200
3	103	HALIMA ABBAS	5/5/1995	EGY	230
4	106	SHAIMAA HARIDY	1/1/1991	EGY	230

#### Jury

1. HORST SAYLER [SWZ] 2. LARBI ABDELLAOUI [ALG]  
3. LAWRENCE IQUAIBOM [NGR] 4. KEVIN JAMES DU PLOOY [RSA]  
5. SALIM SSENKUNGU [UGA]

#### Chief Marshal

1. MOHIT RAMNATH [MRI] 2. ALLAL NOUARI [MAR]

#### Technical Controller

1. MAGARAJEN MONIEN [MIR] 2. AHMED SEKKA [MAR]

#### Referee

- C- GARDENCIA DU PLOOY [RSA] L- KHEIRA HAMANI [ALG]  
R- OSAMA GHANNAW [LBA] Res- ROBERT ROSE [SEY]

#### Time Keeper

1. HAKIM BENTABITE [MAR]

#### Secretary

1. FERDINAND NGOGANG [CAM]

## START LIST

### MEN 109 kg A , +109 kg A

Competition : 30.08.2019 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>109 kg A</b>					
1	51	GABER MOHAMED	9/1/1985	EGY	360
2	68	MOHAMED ABDELAZIZ	4/7/1998	EGY	360
3	89	AYMEN BACHA	10/26/1999	TUN	350
<b>+109 kg A</b>					
1	2	ZAKARIA BERTALI	10/7/1985	MAR	270
2	10	BADR EDDINE LAGSIR	4/27/1995	MAR	270
3	30	RABAH CHOUYA	10/09/1987	ALG	340
4	31	TIJANI ABDULAKEEM	2/7/1987	NGR	320
5	83	ABDELRAMAN ELSAYED	5/19/1989	EGY	380
6	90	KELVIN JUBOO	7/05/2002	MRI	280
7	102	YOVIN GYADIN	21/09/1988	MRI	220

**Jury**

1. MAHMOUD KAMAL MAHGOUB [EGY]  
3. ALEX RANDRIMANARIVO [MAD]

Chief Marshal  
1. YOUSSEF ASMUDI [TUN]  
2. YOUSSEF QABLI [MAR]

**Technical Controller**

1. ADEL MOHAMED MOURSI [EGY]

2. MOHAMED ABDULLAH AL WAAR [LBA]  
4. AHMED CHAHNAOUI [MAR]

6. HADDAD MAHFOUD [UGA]  
7. JANET MUSOKE NAMWANGA [UGA]

2. ELKEBIR ELMOUTI [MAR]

**Referee**

C- HASSEN BEN ALI [TUN]  
R- MOHAMED FARIH [MAR]

**Time Keeper**

1. NOUREDDINE BOUREGBA [MAR]

**Secretary**

1. MARIA WOPHIL [NGR]

L- ENJA SAYED MOHAMED [EGY]  
Res- NEVILLE SWART [RSA]