



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT BOOK



SENIOR

SENIOR MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	SNATCH	1	102	ERIC HERMAN ANDRIATSITOHAINA	12.07.1991	MAD
		2	90	ISSAM HARFI	02.12.1997	MAR
		3				
	C&Jerk	1	120	ERIC HERMAN ANDRIATSITOHAINA	12.07.1991	MAD
		2	100	ISSAM HARFI	02.12.1997	MAR
		3				
	TOTAL	1	222	ERIC HERMAN ANDRIATSITOHAINA	12.07.1991	MAD
		2	190	ISSAM HARFI	02.12.1997	MAR
		3				
61 kg	SNATCH	1	116	AMINE BOUHIJBHA	28.02.2000	TUN
		2	108	ABDULLAH BOUSHEEHAH	12.01.1992	LBA
		3	102	MOHAMED AZIZ BELHAJ	14.01.2002	TUN
	C&Jerk	1	142	AMINE BOUHIJBHA	28.02.2000	TUN
		2	136	ABDULLAH BOUSHEEHAH	12.01.1992	LBA
		3	130	MOUHCINE MAZOZI	22.01.1995	MAR
	TOTAL	1	258	AMINE BOUHIJBHA	28.02.2000	TUN
		2	244	ABDULLAH BOUSHEEHAH	12.01.1992	LBA
		3	227	MOHAMED AZIZ BELHAJ	14.01.2002	TUN
67 kg	SNATCH	1	134	AHMED SAAD	01.11.1986	EGY
		2	133	TOJONIRINA ALAIN ANDRIATSITOHAINA	26.02.1995	MAD
		3	126	AHSAAN SHABI	22.03.1997	LBA
	C&Jerk	1	168	AHMED SAAD	01.11.1986	EGY
		2	167	TOJONIRINA ALAIN ANDRIATSITOHAINA	26.02.1995	MAD
		3	155	AHSAAN SHABI	22.03.1997	LBA
	TOTAL	1	302	AHMED SAAD	01.11.1986	EGY
		2	300	TOJONIRINA ALAIN ANDRIATSITOHAINA	26.02.1995	MAD
		3	281	AHSAAN SHABI	22.03.1997	LBA
73 kg	SNATCH	1	152	KAREM BENH Nia	13.11.1994	TUN
		2	145	MOSTAFA IBRAHIM	01.12.1996	EGY
		3	141	MARAJ TUBAL	10.01.1994	LBA
	C&Jerk	1	186	KAREM BENH Nia	13.11.1994	TUN
		2	185	MOSTAFA IBRAHIM	01.12.1996	EGY
		3	167	NAFAA SERIAK	29.11.1994	ALG
	TOTAL	1	338	KAREM BENH Nia	13.11.1994	TUN
		2	330	MOSTAFA IBRAHIM	01.12.1996	EGY
		3	307	MARAJ TUBAL	10.01.1994	LBA
81 kg	SNATCH	1	160	MOHAMED IHAB MAHMOUD	21.11.1989	EGY
		2	151	RAMZI BAHLOUL	18.10.1989	TUN
		3	144	AHMED ALSAYED	10.07.1997	EGY
	C&Jerk	1	191	MOHAMED IHAB MAHMOUD	21.11.1989	EGY
		2	185	AHMED ALSAYED	10.07.1997	EGY
		3	180	RAMZI BAHLOUL	18.10.1989	TUN
	TOTAL	1	351	MOHAMED IHAB MAHMOUD	21.11.1989	EGY
		2	331	RAMZI BAHLOUL	18.10.1989	TUN
		3	329	AHMED ALSAYED	10.07.1997	EGY



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
89 kg	SNATCH	1	163	AHMED ALI	10.01.1999	EGY
		2	149	WAJIB TLILI	07.03.1999	TUN
		3	148	CHRISTIAN AMOAH	25.07.1999	GHA
	C&Jerk	1	200	AHMED ALI	10.01.1999	EGY
		2	175	RAMI BAHLOUL	29.07.1991	TUN
		3	174	AHMED ABUZRIBA	16.04.2000	LBA
	TOTAL	1	363	AHMED ALI	10.01.1999	EGY
		2	322	WAJIB TLILI	07.03.1999	TUN
		3	320	CHRISTIAN AMOAH	25.07.1999	GHA
96 kg	SNATCH	1	170	MOHAMED SELIM	29.12.1997	EGY
		2	161	RAGAB ABDELRAZEK	04.03.1991	EGY
		3	161	SADDAM MESSAOUI	24.02.1991	ALG
	C&Jerk	1	201	RAGAB ABDELRAZEK	04.03.1991	EGY
		2	200	MOHAMED SELIM	29.12.1997	EGY
		3	193	SADDAM MESSAOUI	24.02.1991	ALG
	TOTAL	1	370	MOHAMED SELIM	29.12.1997	EGY
		2	362	RAGAB ABDELRAZEK	04.03.1991	EGY
		3	354	SADDAM MESSAOUI	24.02.1991	ALG
102 kg	SNATCH	1	123	BADREDDINE EZZOUHARI	22.01.2001	MAR
		2				
		3				
	C&Jerk	1	145	BADREDDINE EZZOUHARI	22.01.2001	MAR
		2				
		3				
	TOTAL	1	268	BADREDDINE EZZOUHARI	22.01.2001	MAR
		2				
		3				
109 kg	SNATCH	1	173	AYMEN BACHA	26.10.1999	TUN
		2	165	GABER MOHAMED	01.09.1985	EGY
		3	160	MOHAMED MOHAMED	07.04.1998	EGY
	C&Jerk	1	207	MOHAMED MOHAMED	07.04.1998	EGY
		2	202	GABER MOHAMED	01.09.1985	EGY
		3	200	JUNIOR PERICLEX NGADJA NYABEYEU	16.06.1993	CMR
	TOTAL	1	367	GABER MOHAMED	01.09.1985	EGY
		2	367	MOHAMED MOHAMED	07.04.1998	EGY
		3	366	AYMEN BACHA	26.10.1999	TUN
+109 kg	SNATCH	1	187	WALID BIDANI	11.06.1994	ALG
		2	175	AHMED GABER	18.01.1996	EGY
		3	130	ZAKARIA BERTALI	07.10.1985	MAR
	C&Jerk	1	230	AHMED GABER	18.01.1996	EGY
		2	226	WALID BIDANI	11.06.1994	ALG
		3	160	ZAKARIA BERTALI	07.10.1985	MAR
	TOTAL	1	413	WALID BIDANI	11.06.1994	ALG
		2	405	AHMED GABER	18.01.1996	EGY
		3	290	ZAKARIA BERTALI	07.10.1985	MAR

SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	SNATCH	1	70	ROSINA RANDAFIARISON	29.12.1999	MAD
		2	50	MAHA FAJRESLAM	04.07.2003	MAR
		3				
	C&Jerk	1	80	ROSINA RANDAFIARISON	29.12.1999	MAD
		2	62	MAHA FAJRESLAM	04.07.2003	MAR
		3				
	TOTAL	1	150	ROSINA RANDAFIARISON	29.12.1999	MAD
		2	112	MAHA FAJRESLAM	04.07.2003	MAR
		3				
49 kg	SNATCH	1	73	HEBA AHMED	03.07.1996	EGY
		2	71	ROILYA HANITRA RANAIVOSOA	14.11.1990	MRI
		3	71	ZAHRA CHIHI	27.08.1994	TUN
	C&Jerk	1	95	HEBA AHMED	03.07.1996	EGY
		2	93	ROILYA HANITRA RANAIVOSOA	14.11.1990	MRI
		3	73	YOSRA BENISSA	16.09.2001	TUN
	TOTAL	1	168	HEBA AHMED	03.07.1996	EGY
		2	164	ROILYA HANITRA RANAIVOSOA	14.11.1990	MRI
		3	124	WINNFRED NTUMI	28.09.2002	GHA
55 kg	SNATCH	1	95	CHIKA JOY AMALAHA	28.10.1997	NGR
		2	92	NOUHA LANDOULSI	05.05.1998	TUN
		3	85	BASMA IBRAHIM	27.06.1995	EGY
	C&Jerk	1	110	CHIKA JOY AMALAHA	28.10.1997	NGR
		2	107	NOUHA LANDOULSI	05.05.1998	TUN
		3	100	BASMA IBRAHIM	27.06.1995	EGY
	TOTAL	1	205	CHIKA JOY AMALAHA	28.10.1997	NGR
		2	199	NOUHA LANDOULSI	05.05.1998	TUN
		3	185	BASMA IBRAHIM	27.06.1995	EGY
59 kg	SNATCH	1	88	CHINENYE SILVER FIDELIS	28.10.1993	NGR
		2	83	JOHANNI TALJAARD	19.08.1984	RSA
		3	70	MARYEM NADA BENMILOUD	26.09.1997	ALG
	C&Jerk	1	115	CHINENYE SILVER FIDELIS	28.10.1993	NGR
		2	102	JOHANNI TALJAARD	19.08.1984	RSA
		3	90	MARYEM NADA BENMILOUD	26.09.1997	ALG
	TOTAL	1	203	CHINENYE SILVER FIDELIS	28.10.1993	NGR
		2	185	JOHANNI TALJAARD	19.08.1984	RSA
		3	160	MARYEM NADA BENMILOUD	26.09.1997	ALG
64 kg	SNATCH	1	98	ESRAA RASHED	21.11.1998	EGY
		2	91	NEAMA FAHMI	15.11.2002	EGY
		3	89	CHAIMA RAHMOUNI	25.03.2001	TUN
	C&Jerk	1	111	NEAMA FAHMI	15.11.2002	EGY
		2	110	ESRAA RASHED	21.11.1998	EGY
		3	110	CHAIMA RAHMOUNI	25.03.2001	TUN
	TOTAL	1	208	ESRAA RASHED	21.11.1998	EGY
		2	202	NEAMA FAHMI	15.11.2002	EGY
		3	199	CHAIMA RAHMOUNI	25.03.2001	TUN



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
71 kg	SNATCH	1	97	RANIA MAHMOUD	10.09.2001	EGY
		2	82	CHERARA IKRAM	06.06.1998	ALG
		3	81	YOSRA LAABIDI	02.08.1998	TUN
	C&Jerk	1	122	RANIA MAHMOUD	10.09.2001	EGY
		2	105	YOSRA LAABIDI	02.08.1998	TUN
		3	101	CHERARA IKRAM	06.06.1998	ALG
	TOTAL	1	219	RANIA MAHMOUD	10.09.2001	EGY
		2	186	YOSRA LAABIDI	02.08.1998	TUN
		3	183	CHERARA IKRAM	06.06.1998	ALG
76 kg	SNATCH	1	112	SARA MOHAMED	01.01.1998	EGY
		2	86	ALISON SUNEE	20.07.1999	MRI
		3	85	FATMA AHMED	07.07.2003	EGY
	C&Jerk	1	145	SARA MOHAMED	01.01.1998	EGY
		2	105	ALISON SUNEE	20.07.1999	MRI
		3	105	FATMA AHMED	07.07.2003	EGY
	TOTAL	1	257	SARA MOHAMED	01.01.1998	EGY
		2	191	ALISON SUNEE	20.07.1999	MRI
		3	190	FATMA AHMED	07.07.2003	EGY
81 kg	SNATCH	1	93	BILIKIS ABIOCUN OTUNOLA	12.06.1994	NGR
		2	90	SALMA FARAG	11.09.2002	EGY
		3	86	BOUCHRA F Z HERACH	22.08.2000	ALG
	C&Jerk	1	125	BILIKIS ABIOCUN OTUNOLA	12.06.1994	NGR
		2	111	SALMA FARAG	11.09.2002	EGY
		3	106	BOUCHRA F Z HERACH	22.08.2000	ALG
	TOTAL	1	218	BILIKIS ABIOCUN OTUNOLA	12.06.1994	NGR
		2	201	SALMA FARAG	11.09.2002	EGY
		3	192	BOUCHRA F Z HERACH	22.08.2000	ALG
87 kg	SNATCH	1	103	SAMAR HUSSIN	20.09.1995	EGY
		2	86	AMENI BENMOUSSA	24.03.1999	TUN
		3	85	CLEMENTINE MEUKEUGNI NOUMBISSI	01.10.1990	CMR
	C&Jerk	1	125	SAMAR HUSSIN	20.09.1995	EGY
		2	115	CLEMENTINE MEUKEUGNI NOUMBISSI	01.10.1990	CMR
		3	100	AMENI BENMOUSSA	24.03.1999	TUN
	TOTAL	1	228	SAMAR HUSSIN	20.09.1995	EGY
		2	200	CLEMENTINE MEUKEUGNI NOUMBISSI	01.10.1990	CMR
		3	186	AMENI BENMOUSSA	24.03.1999	TUN
+87 kg	SNATCH	1	120	HALIMA ABBAS	05.05.1995	EGY
		2	95	SHALINEE VALAYDON	13.04.1986	MRI
		3				
	C&Jerk	1	145	HALIMA ABBAS	05.05.1995	EGY
		2	115	SHALINEE VALAYDON	13.04.1986	MRI
		3				
	TOTAL	1	265	HALIMA ABBAS	05.05.1995	EGY
		2	210	SHALINEE VALAYDON	13.04.1986	MRI
		3				



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SENIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	EGY : EGYPT	789/10	792/10	1581/20
2	MAR : MOROCCO	652/10	604/10	1256/20
3	TUN : TUNISIA	651/9	461/9	1112/18
4	ALG : ALGERIA	280/4	338/5	618/9
5	MRI : MAURITIUS	183/3	291/4	474/7
6	GHA : GHANA	242/4	130/2	372/6
7	NGR : NIGERIA	63/1	252/3	315/4
8	MAD : MADAGASCAR	159/2	149/2	308/4
9	LBA : LIBYAN	298/5	0/0	298/5
10	CMR : CAMEROON	132/3	133/2	265/5
11	UGA : UGANDA	188/4	0/0	188/4
12	KEN : KENYA	111/2	74/2	185/4
13	BOT : BOTSWANA	107/2	58/1	165/3
14	RSA : SOUTH AFRICA	19/1	139/2	158/3



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SENIOR MEN'S TEAM CLASSIFICATION

No.	Team	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	EGY : EGYPT	-	-	84/1	75/1	155/2	84/1	159/2	-	154/2	78/1	789/10
2	MAR : MOROCCO	75/1	66/1	55/1	63/1	-	117/2	63/1	84/1	60/1	69/1	652/10
3	TUN : TUNISIA	-	152/2	66/1	84/1	137/2	139/2	-	-	73/1	-	651/9
4	LBA : LIBYAN	-	75/1	69/1	68/1	19/1	67/1	-	-	-	-	298/5
5	ALG : ALGERIA	-	-	-	67/1	-	-	69/1	-	63/1	81/1	280/4
6	GHA : GHANA	-	-	56/1	-	53/1	67/1	66/1	-	-	-	242/4
7	UGA : UGANDA	-	60/1	51/1	-	17/1	-	60/1	-	-	-	188/4
8	MRI : MAURITIUS	-	64/1	60/1	-	59/1	-	-	-	-	-	183/3
9	MAD : MADAGASCAR	84/1	-	75/1	-	-	-	-	-	-	-	159/2
10	CMR : CAMEROON	-	-	-	-	65/2	-	-	-	67/1	-	132/3
11	KEN : KENYA	-	-	-	-	57/1	54/1	-	-	-	-	111/2
12	BOT : BOTSWANA	-	-	-	-	-	51/1	56/1	-	-	-	107/2
13	NGR : NIGERIA	-	-	63/1	-	-	-	-	-	-	-	63/1
14	RSA : SOUTH AFRICA	-	-	-	-	-	-	19/1	-	-	-	19/1



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SENIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	EGY : EGYPT	-	84/1	69/1	-	159/2	84/1	153/2	75/1	84/1	84/1	792/10
2	MAR : MOROCCO	75/1	-	119/2	113/2	105/2	60/1	66/1	66/1	-	-	604/10
3	TUN : TUNISIA	-	46/2	136/2	66/2	69/1	73/1	-	-	71/1	-	461/9
4	ALG : ALGERIA	-	-	66/1	69/1	-	134/2	-	69/1	-	-	338/5
5	MRI : MAURITIUS	-	75/1	-	-	-	66/1	75/1	-	-	75/1	291/4
6	NGR : NIGERIA	-	-	84/1	84/1	-	-	-	84/1	-	-	252/3
7	MAD : MADAGASCAR	84/1	-	-	-	65/1	-	-	-	-	-	149/2
8	RSA : SOUTH AFRICA	-	-	-	75/1	64/1	-	-	-	-	-	139/2
9	CMR : CAMEROON	-	-	-	-	60/1	-	-	-	73/1	-	133/2
10	GHA : GHANA	-	67/1	-	63/1	-	-	-	-	-	-	130/2
11	KEN : KENYA	-	-	-	17/1	57/1	-	-	-	-	-	74/2
12	BOT : BOTSWANA	-	-	-	58/1	-	-	-	-	-	-	58/1



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SENIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9
1	EGY : EGYPT	33	18	9						
2	NGR : NIGERIA	9				3				
3	TUN : TUNISIA	7	11	12	10	5	2			
4	MAD : MADAGASCAR	6	3		2	1				
5	MAR : MOROCCO	3	6	4	7	9	11	10	7	3
6	ALG : ALGERIA	2	2	12	5	6				
7	MRI : MAURITIUS		9		4	2	5	1		
8	LBA : LIBYAN		3	6	3			1		
9	RSA : SOUTH AFRICA		3		1	2		1		
10	CMR : CAMEROON		2	2	4	1	3			
11	GHA : GHANA			3	5	4		2	3	1
12	UGA : UGANDA						6			4
13	BOT : BOTSWANA						2	2	2	3
14	KEN : KENYA						1	4	4	1



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SENIOR MEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9
1	EGY : EGYPT	15	12	3						
2	TUN : TUNISIA	7	5	4	7	4				
3	MAR : MOROCCO	3	3	4	1	7	6	4	2	
4	MAD : MADAGASCAR	3	3							
5	ALG : ALGERIA	2	1	4	2	3				
6	LBA : LIBYAN		3	6	3			1		
7	GHA : GHANA			2	3	1		2	3	1
8	CMR : CAMEROON			1	4	1				
9	MRI : MAURITIUS				1	2	5	1		
10	NGR : NIGERIA					3				
11	UGA : UGANDA						6			4
12	KEN : KENYA						1	1	4	
13	BOT : BOTSWANA							2	1	3
14	RSA : SOUTH AFRICA							1		



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SENIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9
1	EGY : EGYPT	18	6	6						
2	NGR : NIGERIA	9								
3	MAD : MADAGASCAR	3			2	1				
4	MRI : MAURITIUS		9		3					
5	TUN : TUNISIA		6	8	3	1	2			
6	MAR : MOROCCO		3		6	2	5	6	5	3
7	RSA : SOUTH AFRICA		3		1	2				
8	CMR : CAMEROON		2	1			3			
9	ALG : ALGERIA		1	8	3	3				
10	GHA : GHANA			1	2	3				
11	BOT : BOTSWANA						2		1	
12	KEN : KENYA							3		1



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RESULT SENIOR MEN 55 kg

Competition : 26.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	46	[A] ERIC HERMAN ANDRIATSITOHAINA	220	MAD	12.07.1991	54.90	95	102	102	102	1	120	140	140	120	1	222	1
2	26	[A] ISSAM HARFI	180	MAR	02.12.1997	54.40	85	90	97	90	2	90	100	110	100	2	190	2

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNKY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Nouredine SLAMA [ALG]
 Left - Chedly ASCHI [TUN]
 Right - Haula Musoke NAKIGANDA [UGA]
 Reserve - Saly MAHMOUD EL SAED [EGY]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



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RESULT SENIOR MEN 61 kg

Competition : 26.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	82	[A] AMINE BOUHIJBHA	260	TUN	28.02.2000	59.87	110	116	120	116	1	142	150	150	142	1	258	1
2	1	[A] ABDULLAH BOUSHEEHAH	220	LBA	12.01.1992	60.85	105	108	112	108	2	130	136	143	136	2	244	2
3	109	[A] MOHAMED AZIZ BELHAJ	225	TUN	14.01.2002	60.85	97	102	102	102	3	120	125	131	125	4	227	3
4	81	[A] MOUHCINE MAZOZI	205	MAR	22.01.1995	60.51	90	98	100	90	5	115	123	130	130	3	220	4
5	72	[A] DORIAN MADANAMOOHOO	220	MRI	19.04.2001	60.86	95	100	101	95	4	122	123	124	124	5	219	5
6	97	[A] JULIUS SSEKITOOLEKO	190	UGA	07.08.1997	60.28	85	85	85	85	6	107	107	110	110	6	195	6

BREAK RECORDS

AFRICAN RECORDS JUNIOR MEN 61 kg CLEAN&JERK : AFRICAN STANDARD [] 141 ---> AMINE BOUHIJBHA [TUN] 142

AFRICAN RECORDS YOUTH MEN 61 kg SNATCH : AFRICAN STANDARD [] 101 ---> MOHAMED AZIZ BELHAJ [TUN] 102

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Nouredine SLAMA [ALG]
 Left - Chedly ASCHI [TUN]
 Right - Haula Musoke NAKIGANDA [UGA]
 Reserve - Saly MAHMOUD EL SAED [EGY]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 67 kg

Competition : 26.04.2019 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	66	[A] AHMED SAAD	290	EGY	01.11.1986	66.84	126	130	134	134	1	161	168	172	168	1	302	1
2	52	[A] TOJONIRINA ALAIN ANDRIATSITOHAINA	260	MAD	26.02.1995	65.95	128	130	133	133	2	160	167	170	167	2	300	2
3	111	[A] AHSAAN SHABI	270	LBA	22.03.1997	66.90	126	129	129	126	3	151	151	155	155	3	281	3
4	16	[A] EHSSSINE BENHMIDA	290	TUN	18.11.1996	66.64	126	126	131	126	4	152	156	156	152	4	278	4
5	83	[A] EDIDIONG UMOAFIA	260	NGR	24.09.2002	65.40	120	125	128	125	5	140	140	147	147	5	272	5
6	13	[A] MARC JONATHAN CORET	240	MRI	13.04.1989	66.55	100	107	111	107	6	135	140	145	140	6	247	6
7	77	[A] DAVID AKWEI	231	GHA	29.11.2000	65.40	95	100	104	104	7	125	130	130	130	8	234	7
8	92	[A] MOHAMED MOLABI	215	MAR	29.10.2001	66.44	95	100	104	95	8	120	130	135	130	7	225	8
9	69	[A] IBRAHIM NSUBUGA	200	UGA	26.12.1983	64.75	82	90	92	92	9	112	117	118	112	9	204	9

BREAK RECORDS

AFRICAN RECORDS SENIOR MEN 67 kg CLEAN&JERK : AHMED SAAD AHMED [EGY] 167 ----> AHMED SAAD [EGY] 168
 AFRICAN RECORDS YOUTH MEN 67 kg SNATCH : AFRICAN STANDARD [] 111 ----> EDIDIONG UMOAFIA [NGR] 125
 AFRICAN RECORDS YOUTH MEN 67 kg CLEAN&JERK : AFRICAN STANDARD [] 140 ----> EDIDIONG UMOAFIA [NGR] 147
 AFRICAN RECORDS YOUTH MEN 67 kg TOTAL : AFRICAN STANDARD [] 251 ----> EDIDIONG UMOAFIA [NGR] 272

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNAY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

Center - Saly MAHMOUD EL SAED [EGY]
 Left - Nouredine SLAMA [ALG]
 Right - Chedly ASCHI [TUN]
 Reserve - Haula Musoke NAKIGANDA [UGA]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 73 kg

Competition : 26.04.2019 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	57	[A] KAREM BENHNIA	310	TUN	13.11.1994	70.20	144	146	152	152	1	180	186	190	186	1	338	1
2	80	[A] MOSTAFA IBRAHIM	310	EGY	01.12.1996	72.95	137	142	145	145	2	175	185	187	185	2	330	2
3	99	[A] MARAJ TUBAL	290	LBA	10.01.1994	72.92	137	141	141	141	3	162	166	166	166	4	307	3
4	68	[A] NAFAA SERIAK	290	ALG	29.11.1994	71.50	135	135	142	135	4	160	165	167	167	3	302	4
5	108	[A] ABDERRAHIM MOUM	250	MAR	18.09.2000	72.20	115	120	125	125	5	140	150	157	150	5	275	5

BREAK RECORDS

AFRICAN RECORDS SENIOR MEN 73 kg SNATCH : KAREM BEN HNIA [TUN] 151 ---> KAREM BENHNIA [TUN] 152

AFRICAN RECORDS SENIOR MEN 73 kg TOTAL : KAREM BEN HNIA [TUN] 337 ---> KAREM BENHNIA [TUN] 338

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Saly MAHMOUD EL SAED [EGY]
 Left - Nouredine SLAMA [ALG]
 Right - Chedly ASCHI [TUN]
 Reserve - Haula Musoke NAKIGANDA [UGA]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 81 kg

Competition : 27.04.2019 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	74	[A] MOHAMED IHAB MAHMOUD	350	EGY	21.11.1989	80.70	160	164	164	160	1	185	191	195	191	1	351	1
2	29	[A] RAMZI BAHLOUL	330	TUN	18.10.1989	80.10	145	151	153	151	2	180	186	192	180	3	331	2
3	88	[A] AHMED ALSAYED	320	EGY	10.07.1997	79.80	137	144	150	144	3	175	185	190	185	2	329	3
4	14	[A] AHMED VALDY NJOYA	300	CMR	13.02.1999	80.75	126	131	135	131	5	163	170	170	163	4	294	4
5	21	[A] SLIM BECHINI	290	TUN	20.01.1999	77.00	127	132	136	132	4	157	157	164	157	5	289	5
6	34	[A] ANTHONY MADANAMOOHOO	250	MRI	13.01.1999	80.50	124	129	129	129	6	150	157	157	150	7	279	6
7	45	[A] WEBSTER LUKOSE	260	KEN	19.05.1989	78.20	115	123	128	123	8	145	152	156	152	6	275	7
8	113	[A] JEREMIAH TENG - GBUL BENYE	261	GHA	23.10.2001	80.62	110	115	119	119	9	140	140	145	140	8	259	8
	42	[A] IVAN MASAKWE	240	UGA	01.05.1990	79.86	100	105	105	--		130	130	130	130	9	--	
	40	[A] OMAR ALAJEEMI	270	LBA	25.07.1999	81.00	123	125	126	126	7	155	155	158	--		--	
	103	[A] JEAN BAPTISTE YANOU KETCHANKE	300	CMR	19.07.1993	80.75	135	136	136	--		--	--	--	--		--	

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Haula Musoke NAKIGANDA [UGA]
 Left - Saly MAHMOUD EL SAED [EGY]
 Right - Nouredine SLAMA [ALG]
 Reserve - Chedly ASCHI [TUN]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 89 kg

Competition : 28.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	10	[A] AHMED ALI	350	EGY	10.01.1999	88.85	154	163	170	163	1	190	200	200	200	1	363	1
2	62	[A] WAJIH TLILI	315	TUN	07.03.1999	88.10	141	146	149	149	2	165	170	173	173	4	322	2
3	55	[A] CHRISTIAN AMOAH	305	GHA	25.07.1999	86.60	140	145	148	148	3	168	172	172	172	5	320	3
4	32	[A] AHMED ABUZRIBA	300	LBA	16.04.2000	88.36	138	145	149	145	4	174	178	178	174	3	319	4
5	102	[A] RAMI BAHLOUL	310	TUN	29.07.1991	85.10	135	142	144	144	5	170	175	182	175	2	319	5
6	36	[A] ANAS DARGAL	250	MAR	23.09.1997	88.33	120	128	130	130	6	140	150	155	155	6	285	6
7	89	[A] SOUFIANE BOUHI	240	MAR	12.04.2001	86.20	115	120	123	120	7	130	140	145	145	7	265	7
8	60	[A] MAURICE AROMO	240	KEN	22.10.1988	84.75	105	105	111	105	8	132	137	141	137	8	242	8
9	28	[A] DIKABELO SOLOMON	220	BOT	27.07.1995	84.52	100	112	112	100	9	125	130	136	130	9	230	9

BREAK RECORDS

AFRICAN RECORDS JUNIOR MEN 89 kg SNATCH : AHMED SAYED ASHOUR ALI [EGY] 161 ---> AHMED ALI [EGY] 163
 AFRICAN RECORDS JUNIOR MEN 89 kg CLEAN&JERK : AHMED SAYED ASHOUR ALI [EGY] 195 ---> AHMED ALI [EGY] 200
 AFRICAN RECORDS JUNIOR MEN 89 kg TOTAL : AHMED SAYED ASHOUR ALI [EGY] 356 ---> AHMED ALI [EGY] 363
 AFRICAN RECORDS SENIOR MEN 89 kg SNATCH : AFRICAN STANDARD [] 162 ---> AHMED ALI [EGY] 163
 AFRICAN RECORDS SENIOR MEN 89 kg CLEAN&JERK : AFRICAN STANDARD [] 199 ---> AHMED ALI [EGY] 200
 AFRICAN RECORDS SENIOR MEN 89 kg TOTAL : AFRICAN STANDARD [] 361 ---> AHMED ALI [EGY] 363

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNYY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Chedly ASCHI [TUN]
 Left - Haula Musoke NAKIGANDA [UGA]
 Right - Saly MAHMOUD EL SAED [EGY]
 Reserve - Nouredine SLAMA [ALG]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 96 kg

Competition : 28.04.2019 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	44	[A] MOHAMED SELIM	360	EGY	29.12.1997	94.15	160	165	170	170	1	200	208	210	200	2	370	1
2	90	[A] RAGAB ABDELRAZEK	360	EGY	04.03.1991	94.75	161	166	169	161	2	201	210	210	201	1	362	2
3	27	[A] SADDAM MESSAOUI	330	ALG	24.02.1991	94.50	150	155	161	161	3	185	193	201	193	3	354	3
4	106	[A] FORRESTER CHRISTOPHER OSEI	320	GHA	12.09.1989	93.60	145	145	151	151	4	180	187	192	180	4	331	4
5	93	[A] MEHDI ARMILAT	270	MAR	13.12.1996	95.90	120	130	135	130	5	155	162	170	170	5	300	5
6	15	[A] ZUBAIR KARIM KUBO	280	UGA	10.01.1995	94.86	120	128	135	128	6	160	165	167	167	6	295	6
7	2	[A] ALPHIUS KAGISO	240	BOT	30.03.1997	94.92	122	125	130	125	7	140	145	145	140	8	265	7
	25	[A] RUBEN BURGER	290	RSA	03.03.1991	95.40	130	130	133	--		158	161	164	161	7	--	

BREAK RECORDS

AFRICAN RECORDS SENIOR MEN 96 kg SNATCH : AFRICAN STANDARD [] 168 ---> MOHAMED SELIM [EGY] 170

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNAY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Nouredine SLAMA [ALG]
 Left - Chedly ASCHI [TUN]
 Right - Haula Musoke NAKIGANDA [UGA]
 Reserve - Saly MAHMOUD EL SAED [EGY]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 102 kg

Competition : 29.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	101	[A] BADREDDINE EZZOUHARI	240	MAR	22.01.2001	98.30	110	120	123	123	1	130	140	145	145	1	268	1

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNKY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Saly MAHMOUD EL SAED [EGY]
 Left - Nouredine SLAMA [ALG]
 Right - Chedly ASCHI [TUN]
 Reserve - Haula Musoke NAKIGANDA [UGA]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN 109 kg

Competition : 29.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	78	[A] GABER MOHAMED	360	EGY	01.09.1985	107.10	165	169	169	165	2	195	202	208	202	2	367	1
2	8	[A] MOHAMED MOHAMED	340	EGY	07.04.1998	108.70	160	167	167	160	3	195	207	209	207	1	367	2
3	17	[A] AYMEN BACHA	350	TUN	26.10.1999	106.50	167	173	178	173	1	193	193	200	193	4	366	3
4	38	[A] JUNIOR PERICLEX NGADJA NYABEYEU	340	CMR	16.06.1993	103.50	147	152	156	156	4	192	197	200	200	3	356	4
5	31	[A] RABAH CHOUYA	330	ALG	10.09.1988	108.50	150	155	157	155	5	180	190	196	190	5	345	5
6	70	[A] BADR-EDDINE LAGSIR	270	MAR	27.04.1995	106.60	125	132	136	125	6	150	160	170	160	6	285	6

BREAK RECORDS

AFRICAN RECORDS JUNIOR MEN 109 kg SNATCH : AYMEN BACHA [TUN] 166 ----> AYMEN BACHA [TUN] 173

AFRICAN RECORDS JUNIOR MEN 109 kg TOTAL : RICHMOND OSARFO [GHA] 365 ----> AYMEN BACHA [TUN] 366

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Saly MAHMOUD EL SAED [EGY]
 Left - Nouredine SLAMA [ALG]
 Right - Chedly ASCHI [TUN]
 Reserve - Haula Musoke NAKIGANDA [UGA]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR MEN +109 kg

Competition : 29.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	114	[A] WALID BIDANI	400	ALG	11.06.1994	147.20	187	195	198	187	1	215	226	232	226	2	413	1
2	30	[A] AHMED GABER	400	EGY	18.01.1996	136.80	175	181	182	175	2	220	230	239	230	1	405	2
3	98	[A] ZAKARIA BERTALI	265	MAR	07.10.1985	109.20	115	125	130	130	3	150	160	170	160	3	290	3

BREAK RECORDS

AFRICAN RECORDS SENIOR MEN +109 kg CLEAN&JERK : AFRICAN STANDARD [] 228 ----> AHMED GABER [EGY] 230

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Saly MAHMOUD EL SAED [EGY]
 Left - Nouredine SLAMA [ALG]
 Right - Chedly ASCHI [TUN]
 Reserve - Haula Musoke NAKIGANDA [UGA]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 45 kg

Competition : 25.04.2019 19:00

Weigh in : 17:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	4	[A] ROSINA RANDAFIARISON	140	MAD	29.12.1999	44.00	60	68	70	70	1	80	85	85	80	1	150	1
2	73	[A] MAHA FAJRESLAM	100	MAR	04.07.2003	44.47	43	50	52	50	2	55	62	65	62	2	112	2

BREAK RECORDS

AFRICAN RECORDS JUNIOR WOMEN 45 kg SNATCH : AFRICAN STANDARD [] 60 ---> ROSINA RANDAFIARISON [MAD] 70

AFRICAN RECORDS JUNIOR WOMEN 45 kg TOTAL : AFRICAN STANDARD [] 146 ---> ROSINA RANDAFIARISON [MAD] 150

AFRICAN RECORDS SENIOR WOMEN 45 kg SNATCH : AFRICAN STANDARD [] 67 ---> ROSINA RANDAFIARISON [MAD] 70

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - Zahiya ANAHNIA [ALG]
 Left - Hamadi ZORGHANI [LBA]
 Right - MOHAMED FARIH [MAR]
 Reserve - Nouredine BEN ALI [TUN]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 49 kg

Competition : 25.04.2019 19:00

Weigh in : 17:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	22	[A] HEBA AHMED	160	EGY	03.07.1996	48.96	67	71	73	73	1	92	95	100	95	1	168	1
2	112	[A] ROILYA HANITRA RANAIVOSOA	170	MRI	14.11.1990	48.66	71	74	74	71	2	93	96	98	93	2	164	2
3	58	[A] WINNFRED NTUMI	121	GHA	28.09.2002	47.76	53	55	57	57	4	63	65	67	67	4	124	3
	56	[A] YOSRA BENISSA	140	TUN	16.09.2001	48.64	56	56	57	--		67	73	73	73	3	--	
	51	[A] ZAHRA CHIH	140	TUN	27.08.1994	49.00	65	71	75	71	3	80	80	80	--		--	

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - Zahiya ANAHNIA [ALG]
 Left - Hamadi ZORGHANI [LBA]
 Right - MOHAMED FARIH [MAR]
 Reserve - Noureddine BEN ALI [TUN]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 55 kg

Competition : 26.04.2019 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	39	[A] CHIKA JOY AMALAHA	195	NGR	28.10.1997	54.63	90	95	95	95	1	110	115	115	110	1	205	1
2	95	[A] NOUHA LANDOULSI	180	TUN	05.05.1998	54.69	87	92	96	92	2	107	107	114	107	2	199	2
3	3	[A] BASMA IBRAHIM	180	EGY	27.06.1995	54.89	78	82	85	85	3	100	108	108	100	3	185	3
4	23	[A] LAGHOUATI FATIMA ZOHRA	140	ALG	27.02.1999	54.86	65	70	70	70	4	80	84	87	87	4	157	4
5	110	[A] SOUMIA DIK	130	MAR	19.10.1988	54.70	58	61	65	61	6	78	82	82	82	5	143	5
6	94	[A] CHAIMA DEROUICH	140	TUN	16.10.2001	53.65	60	64	66	66	5	76	80	80	76	6	142	6
7	41	[A] MARYEM SABIHI	125	MAR	15.05.2002	53.80	50	55	60	60	7	75	80	82	75	7	135	7

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWNY [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Nouredine SLAMA [ALG]
 Left - Chedly ASCHI [TUN]
 Right - Haula Musoke NAKIGANDA [UGA]
 Reserve - Saly MAHMOUD EL SAED [EGY]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 59 kg

Competition : 26.04.2019 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	96	[A] CHINENYE SILVER FIDELIS	195	NGR	28.10.1993	58.66	80	85	88	88	1	110	115	120	115	1	203	1
2	105	[A] JOHANNI TALJAARD	190	RSA	19.08.1984	58.78	83	83	83	83	2	102	102	110	102	2	185	2
3	6	[A] MARYEM NADA BENMILOUD	150	ALG	26.09.1997	58.27	70	74	75	70	3	85	90	93	90	3	160	3
4	33	[A] EYA RIZGUI	140	TUN	17.05.2003	57.87	65	68	71	68	4	78	83	84	84	4	152	4
5	107	[A] SANDRA MENSIMAH OWSU	141	GHA	08.07.2002	58.08	63	66	69	66	5	77	80	83	80	5	146	5
6	37	[A] MAGDELINE MOYENGWA	115	BOT	31.03.2001	58.40	60	63	65	65	6	71	71	76	76	8	141	6
7	49	[A] SOUAD ELBADAOUY	130	MAR	21.01.2000	58.77	55	62	63	63	7	77	82	83	77	7	140	7
8	75	[A] KHADIJA MESSOUK	120	MAR	11.09.2002	57.15	55	55	62	55	8	70	75	80	80	6	135	8
	48	[A] WINNY LANGAT	135	KEN	03.07.1988	57.13	60	60	60	--		70	75	80	75	9	--	
	71	[A] GHOFRANE BELKHIR	180	TUN	11.08.2001	57.81	82	83	83	--		--	--	--	--		--	

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - MOHAMED FARIH [MAR]
 Left - Nouredine BEN ALI [TUN]
 Right - Zahiya ANAHNIA [ALG]
 Reserve - Hamadi ZORGHANI [LBA]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 64 kg

Competition : 27.04.2019 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	100	[A] ESRAA RASHED	190	EGY	21.11.1998	63.20	92	95	98	98	1	110	115	115	110	2	208	1
2	67	[A] NEAMA FAHMI	190	EGY	15.11.2002	61.70	83	88	91	91	2	104	109	111	111	1	202	2
3	84	[A] CHAIMA RAHMOUNI	200	TUN	25.03.2001	60.93	80	86	89	89	3	104	108	110	110	3	199	3
4	85	[A] ELISA VANIA RAVOLOLONIAINA	160	MAD	24.02.1992	63.19	85	90	90	85	4	100	100	105	100	5	185	4
5	91	[A] MONA PRETORIUS	185	RSA	12.08.1988	62.28	75	78	81	78	5	97	101	102	102	4	180	5
6	65	[A] PASCALINE MARINA KAMNANG TOUKAM	160	CMR	29.03.1997	61.60	69	73	74	74	6	94	98	102	98	6	172	6
7	63	[A] WINNIE OKOTH	135	KEN	18.07.1991	60.91	65	71	74	71	7	84	89	93	89	7	160	7
8	24	[A] HASNAE LARTI	130	MAR	15.08.1999	63.18	58	58	62	62	8	75	80	85	85	8	147	8
9	87	[A] RKIA SABIHI	120	MAR	22.08.2004	62.96	55	60	63	60	9	65	70	75	75	9	135	9

BREAK RECORDS

AFRICAN RECORDS SENIOR WOMEN 64 kg SNATCH : AFRICAN STANDARD [] 97 ---> ESRAA RASHED [EGY] 98

AFRICAN RECORDS YOUTH WOMEN 64 kg SNATCH : AFRICAN STANDARD [] 88 ---> NEAMA FAHMI [EGY] 91

AFRICAN RECORDS YOUTH WOMEN 64 kg CLEAN&JERK : AFRICAN STANDARD [] 105 ---> NEAMA FAHMI [EGY] 111

AFRICAN RECORDS YOUTH WOMEN 64 kg TOTAL : AFRICAN STANDARD [] 192 ---> NEAMA FAHMI [EGY] 202

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - Hamadi ZORGHANI [LBA]
 Left - MOHAMED FARIH [MAR]
 Right - Nouredine BEN ALI [TUN]
 Reserve - Zahiya ANAHNIA [ALG]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 71 kg

Competition : 28.04.2019 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	61	[A] RANIA MAHMOUD	205	EGY	10.09.2001	69.44	88	93	97	97	1	113	118	122	122	1	219	1
2	79	[A] YOSRA LAABIDI	190	TUN	02.08.1998	64.17	77	81	84	81	3	101	105	--	105	2	186	2
3	59	[A] CHERARA IKRAM	170	ALG	06.06.1998	67.88	76	77	82	82	2	97	101	106	101	3	183	3
4	54	[A] KETTY LENT LENT	180	MRI	25.01.2001	65.57	75	80	83	80	4	96	100	103	100	4	180	4
5	86	[A] HAMMOU KHEIRA	140	ALG	08.03.1997	64.28	65	70	73	73	5	83	87	90	87	5	160	5
6	7	[A] ZAHIRA HALBANE	130	MAR	09.10.2001	66.12	55	60	63	63	6	75	80	83	75	6	138	6

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - Zahiya ANAHNIA [ALG]
 Left - Hamadi ZORGHANI [LBA]
 Right - MOHAMED FARIH [MAR]
 Reserve - Noureddine BEN ALI [TUN]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 76 kg

Competition : 28.04.2019 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	19	[A] SARA MOHAMED	230	EGY	01.01.1998	74.38	105	109	112	112	1	135	141	145	145	1	257	1
2	76	[A] ALISON SUNEE	180	MRI	20.07.1999	73.35	75	82	86	86	2	95	105	110	105	2	191	2
3	47	[A] FATMA AHMED	185	EGY	07.07.2003	73.25	85	88	88	85	3	100	105	110	105	3	190	3
4	5	[A] CHAIMAA CHARKANI	135	MAR	25.03.1997	75.04	60	65	70	65	4	77	82	87	82	4	147	4

BREAK RECORDS

AFRICAN RECORDS SENIOR WOMEN 76 kg SNATCH : AFRICAN STANDARD [] 110 ---> SARA MOHAMED [EGY] 112

AFRICAN RECORDS SENIOR WOMEN 76 kg CLEAN&JERK : SARA SAMIR AHMED [EGY] 140 ---> SARA MOHAMED [EGY] 145

AFRICAN RECORDS SENIOR WOMEN 76 kg TOTAL : SARA SAMIR AHMED [EGY] 250 ---> SARA MOHAMED [EGY] 257

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - Nouredine BEN ALI [TUN]
 Left - Zahiya ANAHNIA [ALG]
 Right - Hamadi ZORGHANI [LBA]
 Reserve - MOHAMED FARIH [MAR]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 81 kg

Competition : 27.04.2019 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	20	[A] BILIKIS ABIOCUN OTUNOLA	200	NGR	12.06.1994	76.70	87	91	93	93	1	115	120	125	125	1	218	1
2	12	[A] SALMA FARAG	205	EGY	11.09.2002	77.68	85	85	90	90	2	105	111	116	111	2	201	2
3	53	[A] BOUCHRA F Z HERACH	180	ALG	22.08.2000	79.95	80	83	86	86	3	101	106	110	106	3	192	3
4	9	[A] SAMIRA OUASS	140	MAR	22.04.1992	79.17	65	75	81	75	4	90	101	--	90	4	165	4

Jury

1. Horst SAYLER [SWZ]
2. Hisham ELTWN Y [EGY]
3. AHMED CHAHNAOUI [MAR]
4. Osama GHANNAW [LBA]

Referee

- Center - Haula Musoke NAKIGANDA [UGA]
 Left - Saly MAHMOUD EL SAED [EGY]
 Right - Nouredine SLAMA [ALG]
 Reserve - Chedly ASCHI [TUN]

Chief Marshal

1. Ahmed Awad [EGY]
2. Mahmoud Abdelrahman [EGY]

Time Keeper

1. Gouda Abdelsadek [EGY]
2. Metwaly Hamouda [EGY]

Technical Controller

1. Ead Tantawe [EGY]
2. Ahmed Fahmy [EGY]

Secretary

1. Saeid Saed [EGY]
2. Enga Saed [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN 87 kg

Competition : 29.04.2019 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	11	[A] SAMAR HUSSIN	215	EGY	20.09.1995	83.09	96	100	103	103	1	115	120	125	125	1	228	1
2	64	[A] CLEMENTINE MEUKEUGNI NOUMBISSI	210	CMR	01.10.1990	86.46	85	90	92	85	3	110	115	--	115	2	200	2
3	43	[A] AMENI BENMOUSSA	200	TUN	24.03.1999	84.87	80	86	91	86	2	100	111	114	100	3	186	3

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - MOHAMED FARIH [MAR]
 Left - Nouredine BEN ALI [TUN]
 Right - Zahiya ANAHNIA [ALG]
 Reserve - Hamadi ZORGHANI [LBA]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



RESULT SENIOR WOMEN +87 kg

Competition : 29.04.2019 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	18	[A] HALIMA ABBAS	240	EGY	05.05.1995	136.70	110	115	120	120	1	135	145	151	145	1	265	1
2	104	[A] SHALINEE VALAYDON	210	MRI	13.04.1986	114.41	85	95	95	95	2	105	115	120	115	2	210	2

BREAK RECORDS

AFRICAN RECORDS SENIOR WOMEN +87 kg SNATCH : AFRICAN STANDARD [] 119 ---> HALIMA ABBAS [EGY] 120

Jury

1. Kevin James du PLOOY [RSA]
2. Salim Ssenkungu MUSOKE [UGA]
3. Alex RANDRIMANARIVO [MAD]
4. Ramdan MAHMOUD [EGY]

Referee

- Center - MOHAMED FARIH [MAR]
 Left - Nouredine BEN ALI [TUN]
 Right - Zahiya ANAHNIA [ALG]
 Reserve - Hamadi ZORGHANI [LBA]

Chief Marshal

1. Khaled Elhouseny [EGY]
2. Mohamed Hamde [EGY]

Time Keeper

1. Aseem Helme [EGY]

Technical Controller

1. Asharaf Sultan [EGY]
2. Mohamed Elnemr [EGY]

Secretary

1. Mohamed Fayad [EGY]
2. Elsaed Abdelatte [EGY]

Competition Doctor

1. Islam ABDEL KADER [EGY]
2. Shreef EL PRIENCE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

KEVIN JAMES DU PLOOY [RSA] *President of Jury
SALIM SSENKUNGU MUSOKE [UGA]
ALEX RANDRIMANARIVO [MAD]
RAMDAN MAHMOUD [EGY]

JURY Member Group 2 :

HORST SAYLER [SWZ] *President of Jury
HISHAM ELTWNY [EGY]
AHMED CHAHNAOUI [MAR]
OSAMA GHANNAW [LBA]

REFEREE Member Group 1 :

ZAHIYA ANAHNIA [ALG]
HAMADI ZORGHANI [LBA]
MOHAMED FARIH [MAR]
NOUREDDINE BEN ALI [TUN]

REFEREE Member Group 2 :

NOUREDDINE SLAMA [ALG]
CHEDLY ASCHI [TUN]
HAULA MUSOKE NAKIGANDA [UGA]
SALY MAHMOUD EL SAED [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

KHALED ELHOUSENY [EGY]

MOHAMED HAMDE [EGY]

CHIEF MARSHAL Member Group 2 :

AHMED AWAD [EGY]

MAHMOUD ABDELRAHMAN [EGY]

TIMEKEEPER Member Group 1 :

ASEEM HELME [EGY]

TIMEKEEPER Member Group 2 :

GOUDA ABDELSADEK [EGY]

METWALY HAMOUDA [EGY]

TECHNICAL CONTROLLER Member Group 1 :

ASHARAF SULTAN [EGY]

MOHAMED ELNEMR [EGY]

TECHNICAL CONTROLLER Member Group 2 :

EAD TANTAWE [EGY]

AHMED FAHMY [EGY]

SECRETARY Member Group 1 :

MOHAMED FAYAD [EGY]

ELSAED ABDELATTE [EGY]

SECRETARY Member Group 2 :

SAEID SAED [EGY]

ENGA SAED [EGY]

DOCTOR ON DUTY Member Group 1 :

ISLAM ABDEL KADER [EGY]

SHREEF EL PRIENCE [EGY]

ANNOUNCER Member Group 1 :

WAFAA MOUSA [EGY]

SAMER ABDELSAMEE [EGY]



African Senior Weightlifting Qualification Championships 2019

Cairo Stadium

23/04/2019 to 30/04/2019



NEW RECORDS

RECORDS	CATRGORY	NEW RECORDS	NAME	TEAM	BORN	DATE
AFRICAN RECORDS - SENIOR	WOMEN 45 kg	SNATCH 67 ---> 70	ROSINA RANDAFIARISON	MAD	1999	25.04.2019
AFRICAN RECORDS - JUNIOR	WOMEN 45 kg	SNATCH 60 ---> 70	ROSINA RANDAFIARISON	MAD	29.12.1999	25.04.2019
AFRICAN RECORDS - JUNIOR	WOMEN 45 kg	TOTAL 146 ----> 150	ROSINA RANDAFIARISON	MAD	1999	25.04.2019
AFRICAN RECORDS - JUNIOR	MEN 61 kg	CLEAN&JERK 141 ----> 142	AMINE BOUHIJBHA	TUN	28.02.2000	26.04.2019
AFRICAN RECORDS - YOUTH	MEN 61 kg	SNATCH 101 ---> 102	MOHAMED AZIZ BELHAJ	TUN	14.01.2002	26.04.2019
AFRICAN RECORDS - SENIOR	MEN 67 kg	CLEAN&JERK 167 ----> 168	AHMED SAAD	EGY	1986	26.04.2019
AFRICAN RECORDS - SENIOR	MEN 73 kg	SNATCH 151 ---> 152	KAREM BENHNIA	TUN	1994	26.04.2019
AFRICAN RECORDS - SENIOR	MEN 73 kg	TOTAL 337 ----> 338	KAREM BENHNIA	TUN	1994	26.04.2019
AFRICAN RECORDS - YOUTH	MEN 67 kg	SNATCH 111 ---> 125	EDIDIONG UMOAFIA	NGR	24.09.2002	26.04.2019
AFRICAN RECORDS - YOUTH	MEN 67 kg	CLEAN&JERK 140 ----> 147	EDIDIONG UMOAFIA	NGR	24.09.2002	26.04.2019
AFRICAN RECORDS - YOUTH	MEN 67 kg	TOTAL 251 ----> 272	EDIDIONG UMOAFIA	NGR	24.09.2002	26.04.2019
AFRICAN RECORDS - SENIOR	WOMEN 64 kg	SNATCH 97 ---> 98	ESRAA RASHED	EGY	21.11.1998	27.04.2019
AFRICAN RECORDS - YOUTH	WOMEN 64 kg	SNATCH 88 ---> 91	NEAMA FAHMI	EGY	15.11.2002	27.04.2019
AFRICAN RECORDS - YOUTH	WOMEN 64 kg	CLEAN&JERK 105 ----> 111	NEAMA FAHMI	EGY	15.11.2002	27.04.2019
AFRICAN RECORDS - YOUTH	WOMEN 64 kg	TOTAL 192 ----> 202	NEAMA FAHMI	EGY	15.11.2002	27.04.2019
AFRICAN RECORDS - SENIOR	MEN 89 kg	SNATCH 162 ---> 163	AHMED ALI	EGY	10.01.1999	28.04.2019
AFRICAN RECORDS - SENIOR	MEN 89 kg	CLEAN&JERK 199 ----> 200	AHMED ALI	EGY	10.01.1999	28.04.2019
AFRICAN RECORDS - SENIOR	MEN 89 kg	TOTAL 361 ----> 363	AHMED ALI	EGY	10.01.1999	28.04.2019
AFRICAN RECORDS - JUNIOR	MEN 89 kg	SNATCH 161 ---> 163	AHMED ALI	EGY	10.01.1999	28.04.2019
AFRICAN RECORDS - JUNIOR	MEN 89 kg	CLEAN&JERK 195 ----> 200	AHMED ALI	EGY	10.01.1999	28.04.2019
AFRICAN RECORDS - JUNIOR	MEN 89 kg	TOTAL 356 ----> 363	AHMED ALI	EGY	10.01.1999	28.04.2019
AFRICAN RECORDS - SENIOR	WOMEN 76 kg	SNATCH 110 ---> 112	SARA MOHAMED	EGY	1998	28.04.2019
AFRICAN RECORDS - SENIOR	WOMEN 76 kg	CLEAN&JERK 140 ----> 145	SARA MOHAMED	EGY	1998	28.04.2019
AFRICAN RECORDS - SENIOR	WOMEN 76 kg	TOTAL 250 ----> 257	SARA MOHAMED	EGY	1998	28.04.2019
AFRICAN RECORDS - SENIOR	MEN 96 kg	SNATCH 168 ---> 170	MOHAMED SELIM	EGY	29.12.1997	28.04.2019
AFRICAN RECORDS - SENIOR	WOMEN +87 kg	SNATCH 119 ---> 120	HALIMA ABBAS	EGY	05.05.1995	29.04.2019
AFRICAN RECORDS - SENIOR	MEN +109 kg	CLEAN&JERK 228 ----> 230	AHMED GABER	EGY	18.01.1996	29.04.2019
AFRICAN RECORDS - JUNIOR	MEN 109 kg	SNATCH 166 ---> 173	AYMEN BACHA	TUN	26.10.1999	29.04.2019
AFRICAN RECORDS - JUNIOR	MEN 109 kg	TOTAL 365 ----> 366	AYMEN BACHA	TUN	26.10.1999	29.04.2019



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MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	AHMED ALI	10.01.1999	EGY	88.85	363	808.418
2	MOHAMED IHAB MAHMOUD	21.11.1989	EGY	80.70	351	802.750
3	KAREM BENHNA	13.11.1994	TUN	70.20	338	796.221
4	MOSTAFA IBRAHIM	01.12.1996	EGY	72.95	330	735.320
5	AHMED SAAD	01.11.1986	EGY	66.84	302	681.182
6	MOHAMED SELIM	29.12.1997	EGY	94.15	370	677.551
7	TOJONIRINA ALAIN ANDRIATSITOHAINA	26.02.1995	MAD	65.95	300	666.311
8	RAMZI BAHLOUL	18.10.1989	TUN	80.10	331	660.603
9	AHMED ALSAYED	10.07.1997	EGY	79.80	329	647.436
10	RAGAB ABDELRAZEK	04.03.1991	EGY	94.75	362	630.095
11	WALID BIDANI	11.06.1994	ALG	147.20	413	615.363
12	SADDAM MESSAOUI	24.02.1991	ALG	94.50	354	585.013
13	MARAJ TUBAL	10.01.1994	LBA	72.92	307	578.428
14	AHMED GABER	18.01.1996	EGY	136.80	405	576.649
15	GABER MOHAMED	01.09.1985	EGY	107.10	367	568.545
16	MOHAMED MOHAMED	07.04.1998	EGY	108.70	367	568.545
17	AYMEN BACHA	26.10.1999	TUN	106.50	366	563.415
18	NAFAA SERIAK	29.11.1994	ALG	71.50	302	547.720
19	WAJAH TLILI	07.03.1999	TUN	88.10	322	542.909
20	AHSAAN SHABI	22.03.1997	LBA	66.90	281	536.148
21	CHRISTIAN AMOAH	25.07.1999	GHA	86.60	320	531.788
22	RAMI BAHLOUL	29.07.1991	TUN	85.10	319	526.287
23	AHMED ABUZRIBA	16.04.2000	LBA	88.36	319	526.287
24	EHSSSINE BENHMIDA	18.11.1996	TUN	66.64	278	517.368
25	JUNIOR PERICLEX NGADJA NYABEYEU	16.06.1993	CMR	103.50	356	513.880
26	AMINE BOUHIJBHA	28.02.2000	TUN	59.87	258	504.531
27	EDIDIIONG UMOAFIA	24.09.2002	NGR	65.40	272	481.195
28	FORRESTER CHRISTOPHER OSEI	12.09.1989	GHA	93.60	331	468.002
29	RABAH CHOUYA	10.09.1988	ALG	108.50	345	463.000
30	AHMED VALDY NJOYA	13.02.1999	CMR	80.75	294	445.580
31	SLIM BECHINI	20.01.1999	TUN	77.00	289	420.900
32	ABDULLAH BOUSHEEHAH	12.01.1992	LBA	60.85	244	419.178
33	ABDERRAHIM MOUM	18.09.2000	MAR	72.20	275	401.275
34	ERIC HERMAN ANDRIATSITOHAINA	12.07.1991	MAD	54.90	222	397.795
35	ANTHONY MADANAMOOHOO	13.01.1999	MRI	80.50	279	374.433
36	ANAS DARGAL	23.09.1997	MAR	88.33	285	361.933
37	WEBSTER LUKOSE	19.05.1989	KEN	78.20	275	356.895
38	MARC JONATHAN CORET	13.04.1989	MRI	66.55	247	349.322
39	MEHDI ARMILAT	13.12.1996	MAR	95.90	300	337.582
40	MOHAMED AZIZ BELHAJ	14.01.2002	TUN	60.85	227	329.769



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WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	SARA MOHAMED	01.01.1998	EGY	74.38	257	770.342
2	CHIKA JOY AMALAHA	28.10.1997	NGR	54.63	205	662.978
3	NOUHA LANDOULSI	05.05.1998	TUN	54.69	199	600.681
4	CHINENYE SILVER FIDELIS	28.10.1993	NGR	58.66	203	550.204
5	RANIA MAHMOUD	10.09.2001	EGY	69.44	219	517.715
6	ESRAA RASHED	21.11.1998	EGY	63.20	208	495.239
7	HALIMA ABBAS	05.05.1995	EGY	136.70	265	477.706
8	HEBA AHMED	03.07.1996	EGY	48.96	168	476.510
9	BASMA IBRAHIM	27.06.1995	EGY	54.89	185	471.412
10	NEAMA FAHMI	15.11.2002	EGY	61.70	202	449.352
11	ROSINA RANDAFIARISON	29.12.1999	MAD	44.00	150	448.115
12	ROILYA HANITRA RANAIVOSOA	14.11.1990	MRI	48.66	164	439.852
13	SAMAR HUSSIN	20.09.1995	EGY	83.09	228	429.752
14	CHAIMA RAHMOUNI	25.03.2001	TUN	60.93	199	427.563
15	BILIKIS ABIOCUN OTUNOLA	12.06.1994	NGR	76.70	218	420.268
16	JOHANNI TALJAARD	19.08.1984	RSA	58.78	185	404.175
17	ELISA VANIA RAVOLOLONIAINA	24.02.1992	MAD	63.19	185	335.550
18	SALMA FARAG	11.09.2002	EGY	77.68	201	320.918
19	MONA PRETORIUS	12.08.1988	RSA	62.28	180	306.358
20	YOSRA LAABIDI	02.08.1998	TUN	64.17	186	300.928
21	ALISON SUNEE	20.07.1999	MRI	73.35	191	287.401
22	CHERARA IKRAM	06.06.1998	ALG	67.88	183	285.104
23	FATMA AHMED	07.07.2003	EGY	73.25	190	282.432
24	CLEMENTINE MEUKEUGNI NOUMBISSI	01.10.1990	CMR	86.46	200	278.089
25	BOUCHRA F Z HERACH	22.08.2000	ALG	79.95	192	275.616
26	LAGHOUATI FATIMA ZOHRA	27.02.1999	ALG	54.86	157	273.300
27	KETTY LENT LENT	25.01.2001	MRI	65.57	180	269.872
28	PASCALINE MARINA KAMNANG TOUKAM	29.03.1997	CMR	61.60	172	263.415
29	MARYEM NADA BENMILOUD	26.09.1997	ALG	58.27	160	249.526
30	SHALINEE VALAYDON	13.04.1986	MRI	114.41	210	220.576
31	AMENI BENMOUSSA	24.03.1999	TUN	84.87	186	218.518
32	EYA RIZGUI	17.05.2003	TUN	57.87	152	210.434
33	WINNIE OKOTH	18.07.1991	KEN	60.91	160	207.159
34	SOUMIA DIK	19.10.1988	MAR	54.70	143	200.397
35	CHAIMA DEROUICH	16.10.2001	TUN	53.65	142	195.779
36	SANDRA MENSIMAH OWSU	08.07.2002	GHA	58.08	146	184.082
37	HAMMOU KHEIRA	08.03.1997	ALG	64.28	160	182.487
38	WINNFRED NTUMI	28.09.2002	GHA	47.76	124	173.760
39	MAHA FAJRESLAM	04.07.2003	MAR	44.47	112	169.795
40	SAMIRA OUASS	22.04.1992	MAR	79.17	165	166.596