



**WEIGHTLIFTING FEDERATION OF AFRICA**  
**AFRICAN WEIGHTLIFTING CHAMPIONSHIPS**  
**YOUTH (8th MEN & 7th WOMEN) & JUNIOR (22nd MEN & 17th WOMEN)**  
**Cairo, Egypt - From 08th to 15th December, 2016**  
**JUNIOR WOMEN C&JERK RANK**



**48 Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	4	A	Rahma Manna	EGY	47.65	22/06/1905	77	82	85x	82
2	3	A	Amal Mohamed Tawfik	EGY	48.00	23/06/1905	70	75	78	78
3	6	A	Sabrina Hezzi	TUN	47.35	21/06/1905	70	75x	75x	70
4	5	A	Yosra Ben Aissa	TUN	47.35	23/06/1905	62	66	70x	66

**53 Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	12	A	Nouha Landoulsi	TUN	52.85	20/06/1905	100	103	106x	103
2	8	A	Asmaa Abbary	EGY	52.60	22/06/1905	80	87	90	90

**58 Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	10	A	Warda Tarek	EGY	57.60	23/06/1905	81	88	92x	88
2	13	A	Chaima Rahmouni	TUN	56.20	23/06/1905	80	85	88x	85



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**63 Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	19	A	Yousra Abidi	TUN	62.40	20/06/1905	100	104x	107	107
2	18	A	Ghofrane Belkhir	TUN	61.35	23/06/1905	97	103x	104	104
3	15	A	Badr Ahmed	EGY	62.65	19/06/1905	92	101x	101x	92
4	8	A	Savanah Dawn Hoedemaker	RSA	62.90	20/06/1905	65	69	72x	69

**69 Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	16	A	Hannen Adel Bayomy	EGY	67.80	22/06/1905	95	103	108	108

**75 Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	17	A	Alla Yasser Zaki	EGY	72.75	18/06/1905	105	115	120x	115

**75+ Kg.**

RANK	LOT	GR.	NAME	NATION	B.WEIGHT	BORN	1	2	3	RESULT
1	20	A	Ameni Ben Moussa	TUN	91.70	21/06/1905	100	105	109x	105